



# Improve

Your Joint, Bone,  
& Skin Health  
*Naturally* with  
Nutri Collagen  
Liquid

It feels like only yesterday when you felt healthy, young, and full of life. Your body enjoyed a full range of motion and your mind was sharp and clear. As you matured, these good feelings started to deteriorate. It may have started with a bit of morning stiffness or an inability to open up a particularly-stubborn jar.

Now, joint pain and stiffness are a part of your everyday life. Your memory isn't quite what it used to be and your emotions are starting to become more erratic. Even your face and body are showing the tell-tale signs of age.

Nobody wants to admit that the years are finally taking their toll. The good news is the aches and pains you feel right now, while understandable, are not inevitable. There is an all-natural supplement on the market right now that helps reduce the signs of aging not by temporarily covering them up but by **helping your body restore itself on a molecular level.**

Nutri Collagen Liquid is a source of Peptan® Hydrolyzed Collagen, which helps in collagen formation. It also contains a synergistic blend of essential and non-essential amino acids involved in the stimulation of protein synthesis. Just 1 tablespoon (15 ml) per day gives your body everything it needs to rebuild and repair itself so you can feel the effects of the years melting away.

## Nutri Collagen Liquid Doesn't Just Cover Up Symptoms

Nutri Collagen is different from other pain relievers you've tried. It doesn't just cover



## Make your selfie *healthy!*

**Nutri Collagen Liquid is different from the drugs and supplements you've tried so far. It doesn't just cover up the troubling symptoms of old age; it helps your body rebuild collagen and bone.**

**Nutri Collagen Liquid contains Peptan® Hydrolyzed Collagen, which has been scientifically proven to enhance overall joint mobility by stimulating osteoblasts and reforming collagen.**

**Nutri Collagen Liquid not only eases joint pain and increases your mobility, its patented blend of essential and non-essential amino acids work to improve cognitive function and mental health.**

**Furthermore, collagen naturally enhances the elasticity and firmness of your skin, giving you that youthful glow you miss.**

up symptoms or temporarily relieve inflammation; it helps your body repair itself.

NSAID pain relievers, steroids, and narcotics commonly used for chronic joint pain and degenerative diseases only relieve symptoms for a short amount of time. They do not treat the underlying cause and come with many unwanted side effects such as gastrointestinal ulcers, neurological dysfunction, and dependency.

Even some of the natural supplements you may be using right now for your joint pain and inflammation may be falling a bit short. Herbal remedies such as turmeric, cayenne, and boswellia work well to temporarily relieve inflammation but Nutri Collagen Liquid takes this healing to the next level. It gives your body the nutrients it needs **to completely rebuild collagen and bone**, which reverses chronic joint pain and regeneration, thereby treating these common signs of aging.

And the health benefits of Nutri Collagen Liquid don't stop there. Not only has this supplement been scientifically-proven to help your body rebuild lost collagen and bone, its patented combination of essential amino acids boosts your neurological health, reducing the signs of cognitive impairment while improving your emotional health.

Nutri Collagen Liquid also improves the look and feel of your skin by increasing its elasticity. Traditional Asian culture recognizes collagen as a cosmetic product that reverses the signs of aging by keeping skin firm and youthful-looking.

## Are you living with a condition that affects your mobility?

- Arthritis
- Bursitis
- Ehlers Danlos Syndrome
- Myopathy
- Fibromyalgia
- Osteopenia
- Osteoporosis
- Paget's Disease
- Polychondritis
- Degenerative Disc Disease

## Muscle, Bone, and Joint Disorders That Affect Seniors



### Arthritis

Arthritis is a disease of the musculoskeletal system characterized by joint inflammation, localized redness, morning stiffness, and decreased range of motion. There are 100 different types of arthritis, the most common being rheumatoid arthritis, osteoarthritis, psoriatic arthritis, and gout. What happens to your joints depends on the type of arthritis you have. However, most types of arthritis causes a general wearing away of the cartilage that causes your bones to rub painfully against one another.

### Osteopenia

Osteopenia is a precursor to osteoporosis and is characterized by a loss of bone mineral density. This condition is often caused by vitamin D deficiency, gastrointestinal disorders, autoimmune disease, smoking, and excessive alcohol consumption. Osteopenia doesn't cause symptoms and often goes unnoticed until you fracture a bone.

### Bursitis

Bursitis is inflammation of the bursa. These fluid-filled sacs act as a cushion between the bone, tendons, joints, and muscles. Symptoms of bursitis include pain, swelling, site tenderness, and loss of range of motion.

## Natural Healing Ingredients Ease Joint Pain and Inflammation

### Peptan® Hydrolyzed Collagen

Peptan® Hydrolyzed Collagen has been scientifically proven to enhance overall joint mobility by stimulating osteoblasts (bone formation cells), restoring bone mineral density, and increasing both bone size and firmness. It can also be combined with calcium and vitamin D to offer full comprehensive benefits. Furthermore, it contains a synergistic blend of essential and non-essential amino acids to aid in protein synthesis.

Protein synthesis is the process whereby proteins are produced in living things according to a certain set of "instructions" given by DNA (deoxyribonucleic acid) and carried out by RNA (ribonucleic acid) and other proteins. As you age, this process slows, interfering with healthy collagen production and bone formation. The combination of essential amino acids contained in Nutri Collagen Liquid stimulates protein synthesis so you can move free again.



### Osteoporosis

Osteoporosis is a bone disease that occurs when you lose too much bone. Osteoporosis is most common in women aged 40 and over. According to statistics, 1.5 million Canadians are afflicted with this condition. Osteoporosis often shows no symptoms but may be characterized by a loss of height, stooped posture, and chronic back pain. Left untreated, arthritis can lead to easy bone breakage from minor falls or even a hard sneeze.

### Tendonitis

Tendonitis is inflammation of the tendon, which can contribute to localized stiffness, joint pain, redness, swelling, and loss of range of motion. This condition is often caused by a repetitive motion injury and can take longer to heal as you mature.

### Sarcopenia

Sarcopenia is a degenerative loss of muscle mass commonly associated with aging. Physical inactivity is a common contributor to this wasting condition. Furthermore, sarcopenia can be induced by a decrease in the body's ability to synthesize protein. The right combination of essential and non-essential amino acids can help reverse this condition safely and effectively.

### Herniated Disc

A herniated disc is often a contributing factor in the development of chronic upper or lower back pain. It occurs when a tear in your outer fibrous ring allows a portion of one of your discs to bulge out beyond damaged portions of your spine. Herniation occurs as a result of age-related degeneration as well as trauma and lifting injuries.

## Essential Amino Acids

An essential amino acid is an amino acid your body does not produce. This is why you must get it from food or supplements. As you age, your digestive function decreases, which can lead to a deficiency in these essential building blocks.

### Histidine

A conditionally-essential amino acid, histidine is necessary for histamine production and is consistently found to be at inadequate levels in those suffering from rheumatoid arthritis.

### Isoleucine

This amino acid is necessary for the production of hemoglobin and this helps regulate your blood sugar levels. Body-builders often use this amino acid to increase their endurance and muscle recovery after strenuous physical activity.

### *Leucine*

Leucine stimulates protein synthesis, which helps build and repair muscles. This amino acid has also been shown to reduce likelihood of muscle loss during dieting. In addition, leucine increases metabolism and stabilizes cholesterol levels.

### *Lysine*

Lysine is essential to healthy immune system function. It also plays a role in the prevention of anxiety as those with anxiety-related conditions often have low levels of lysine. In addition, lysine helps build and repair muscle tissue.

### *Methionine*

L-methionine reduces your body's histamine reaction, which can help ease the discomfort of chronic inflammation and allergic conditions. It also helps detoxify your body of heavy metals.

### *Phenylalanine*

Phenylalanine is essential for proper neurological function. It is needed to help your body produce three essential neurotransmitters: dopamine, norepinephrine, and epinephrine.

### *Threonine*

This amino acid is an essential building block for the formation of healthy skin, connective tissues, arteries, and tooth enamel. Threonine also helps ease the mental agitation and confusion of cognitive conditions.

### *Valine*

Valine is an amino acid that prevents the breakdown of muscle by supplying the muscles with an extra boost of glucose during physical activity. It has been known to ease and prevent anxiety-induced insomnia.

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## **Non-Essential Amino Acids**

Non-essential amino acids are called non-essential because your body produces them naturally. However, as you mature, natural production may decline.

### *Alanine*

This amino acid assists your body in converting glucose into energy while detoxifying your liver.

### *Arginine*

A pre-cursor to nitric oxide, arginine keeps your blood vessels dilated and flexible, which helps prevent heart attack and stroke. It has even been shown to treat erectile dysfunction.

### *Aspartic Acid*

Chronic fatigue and reduced stamina is often an early indicator of aspartic acid deficiency. For gout sufferers, aspartic acid is needed for the proper excretion of excess uric acid.

### *Glutamic Acid*

Glutamic acid is essential for normal, healthy brain function. It can help ease the symptoms of cognitive decline.

### *Glycine*

One third of the collagen your body produces is comprised of glycine. Glycine aids in energy production, wound healing, cognitive function, memory retrieval, and emotional stability.

### *Proline*

Proline is the precursor for collagen, which helps reduce the sagging, wrinkling, and aging associated with excessive sun exposure.

### *Serine*

Serine helps form the phospholipids needed to make the cells in your body. Those with chronic fatigue syndrome and fibromyalgia often have low levels of this amino acid.

### *Tyrosine*

Tyrosine helps improve cognitive function and stabilizes emotions by regulating essential neurotransmitters.

## **Nutri Collagen Contraindications**

Consult a health care practitioner prior to use if you are breastfeeding or pregnant. Consult a health care practitioner prior to use if you have liver or kidney disease, or you have been instructed to follow a low-protein diet.

With age comes wisdom and with that wisdom, a few aches and pains. Treat these aches and pains while improving your cognitive function and emotional well-being with Nutri Collagen Liquid. In just a few months, you'll rediscover that youthful vigor and glow you thought was a thing of the past.



# Get a *new* outlook on life!

Introducing New  
*Nutri Collagen Liquid*



◀ Ease joint pain  
and inflammation



Helps support ▶  
bone density



◀ Supports healthy  
skin, hair & nails



*Great Natural  
Apple Flavour*



**Naka**  
*original*

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