
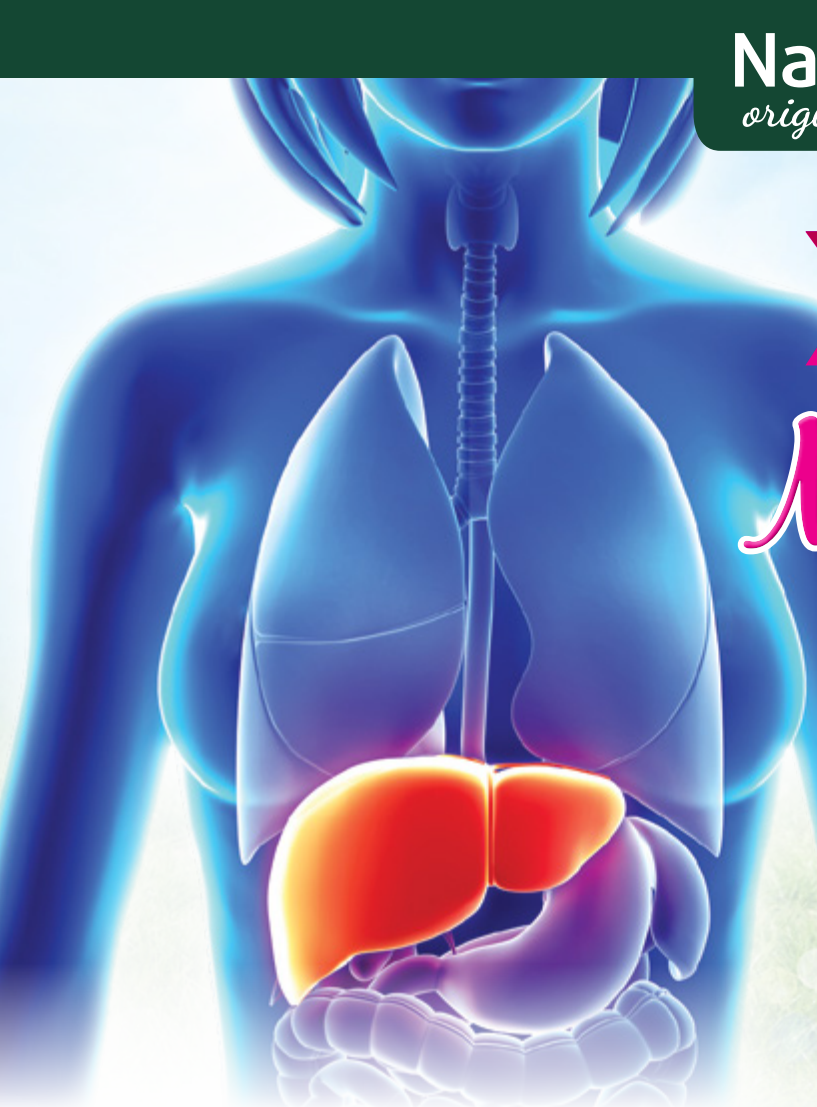


Detoxify and Revitalize
your liver with liquid

Milk Thistle



Your liver is the largest solid organ in your body and it's got some big jobs to do. It is responsible for manufacturing protein and cholesterol, nutrient and fat absorption, hormone regulation, blood clotting, bile production, and cleansing your blood of toxins. Without your liver, digestion and the conversion of food to living cells and energy would be impossible. In short, you can't live without your liver.

Unfortunately, a convenient, modern lifestyle has given your liver more work to do than ever before. Each day, you are bombarded with toxins from your food, air, water, and medications. As a result, your liver has become overworked leaving you struggling with avoidable health problems. If you're experiencing trouble with your digestion, mood, metabolism, or mental faculties, a sluggish liver could be to blame.

Hubner's Milk Thistle liquid is easy to absorb and offers the support and detoxification you need to return to that feeling of health and vitality you remember!

Do these symptoms of a sluggish liver sound familiar to you?

- ✓ Chronic Fatigue
- ✓ Increased Irritability
- ✓ High Cholesterol
- ✓ Troubled Digestion
- ✓ Extra Weight
- ✓ Memory Loss
- ✓ Chemical Sensitivity
- ✓ Pain in the Right Rib Cage
- ✓ Light-Coloured Stools
- ✓ Allergies

In our modern-day civilized society, we are bombarded by toxins in our food, air, water, and medications. It's no small wonder we experience so many health problems ranging from chronic fatigue syndrome to anxiety. If you're currently taking prescription medication for any type of health problem, your liver could be part of the cause. Oftentimes, chronic health problems are a sign that your liver needs a good cleanse. Millions of Canadians are on one or more prescription medications. These drugs often contain toxic synthetic chemicals that overtax your liver.

Milk Thistle to the rescue. You can't escape all the toxins you're exposed to every day, even if you eat a healthy diet and live a clean lifestyle. You still have to breathe the air, and certain over-the-counter and prescription drugs aren't easy to cut out of your life.

Hubner's Milk Thistle contains a powerful antioxidant called silymarin, which helps support and detoxify your liver naturally. When you use it daily, you'll experience clearer mental focus, improved mood, decreased allergies, and more stable weight.

You are Bombarded by Toxins Every Day

Chemical Food Additives

If you eat a diet filled with convenience foods like fast food, microwaveable dinners, instant soup mixes, diet soda, donuts, and candy, you're putting your health at risk. These foods do not offer the nutrition your body needs to stay healthy and they contain chemicals your liver has to work overtime to get rid of. MSG, nitrates, nitrites, synthetic sweeteners and trans fats, are all toxic to your liver.



Environmental Toxins

Even if you eat a relatively clean diet, your liver is still at risk from environmental toxins. Everything from the cleaning products you use at home to the air you breathe at work can contribute to the development of a sluggish liver. Pesticides, mold, phthalates, volatile organic compounds, heavy metals, dioxins, and chlorine can all increase your body's toxic load.

Prescription and OTC Drugs

One of the most common side effects of prescription drugs is liver toxicity. Benzodiazepines, Valium, Restoril, codeine, corticosteroids, and antibiotic tetracycline have all been linked to liver malfunction. The same goes for over-the-counter drugs such as Paracetamol, acetaminophen, and ibuprofen.

Vaccinations and Dental Fillings

Mercury toxicity can occur as a result of vaccinations or dental amalgams. Mercury concentrates in your liver, which can impact the way your liver detoxifies the chemicals you come into contact with each day.

Cigarette and Alcohol Use

Cigarette smoking and excessive alcohol consumption add an unnecessary toxic burden to your body that can lead to liver malfunction.



Symptoms of a Sluggish Liver

Two of the most common symptoms of a sluggish liver are chronic fatigue and unexplainable irritability. Chronic digestive upset, especially indigestion, and upper belly bloating after a meal may also indicate a malfunctioning liver.

Constipation, light-colored stools, high cholesterol that doesn't change with diet, waking between 2 and 4 in the morning on a regular basis (especially with anxiety), and

brain fog are other typical indicators.

If you are experiencing these symptoms, your body is sending you a clear message that you need to detoxify your liver right away. Further delay could mean the development of more serious conditions including fatty liver disease, autoimmune hepatitis, alcohol-induced cirrhosis, and even liver cancer.

Top 10 Foods to Enhance Your Liver



Garlic

Garlic activates your liver enzymes and encourages it to flush out toxins. It also contains active ingredients called allicin and selenium that aid in the cleansing of your liver. Eat raw, organic garlic chopped up for best results.



Leafy Greens

Spinach and lettuce neutralize the metals, pesticides, and other chemicals in your environment, which takes some of the burden off your overworked liver.



Avocado

Avocado encourages your body to produce an antioxidant called glutathione that helps flush out harmful toxins. Research has shown regular avocado consumption can slow the liver damage associated with viral hepatitis.



Cruciferous Vegetables

Cruciferous vegetables such as broccoli and Brussels sprouts contain an active sulfur compound that improves your liver's ability to metabolize food. These vegetables also help your liver better break down and eliminate fat through bile ducts.



Beets

Beets work to fight liver toxins because they are high in antioxidants and pectin, which help support and detoxify your liver naturally. To ensure fiber content is intact, it is best for your liver if you eat them whole. If that doesn't appeal to you, try juicing them instead.



Lemon

Organic lemons aid your digestive process and clean out toxic materials that may be backed up in your liver.



Green Tea

Green tea contains plant-based antioxidants called catechins, which promote healthy liver function and eliminate fat accumulation. These antioxidants have even been shown to aid in the prevention of liver cancer.



Turmeric

Turmeric is a powerful anti-inflammatory that helps your body digest fat by stimulating the production of bile.



Walnuts

Walnuts are rich in proteins, which help rebuild damaged liver cells. It is also a rich source of antioxidants, which help fight the free radicals that can lead to chronic disease.



Grapefruit

Grapefruit is loaded with vitamin C and antioxidants to help detoxify your liver. Do not use grapefruit if you are taking any medications that contraindicate its consumption.

Liver Healing and Cleansing Benefits of Hubner's Milk Thistle

If you are interested in weight management, craving and eating lots of fatty foods, exposed to environmental and ingested toxins, suffer from allergies, consuming lots of alcohol or smoking, or you require a digestive aid to avoid indigestion and dyspepsia, you may need Milk Thistle liquid from Hubner.

Milk Thistle stimulates the production of new liver cells and replaces old, damaged ones. The active chemical compound of this herb (silymarin) is one of the most powerful protective agents for your liver. It acts as an antioxidant and protects your liver cells from the harmful effects of excessive alcohol consumption.

Hubner's Milk Thistle is the easiest form of milk thistle for your body to absorb. It is ideal for those with malabsorption conditions due to digestive malfunction since it doesn't have to be broken down to be absorbed by your body. Milk Thistle can be used as a simple detoxifying agent for a sluggish liver or to treat more serious conditions such as hepatitis, cirrhosis, and even liver poisoning.

Another proven benefit of milk thistle is its ability to reduce the toxic load of prescription drugs. It has even been shown to benefit cancer patients who have used chemotherapy and radiation as part of their treatment. Milk Thistle increases the level of glutathione in the liver by 35%. Glutathione is the most powerful natural antioxidant produced by the human body and offers incredible protective and restorative benefits.

Hubner Milk Thistle is unlike other liver cleanse products you may have already tried. Not only is it easy to absorb, it contains the synergy of Sea Buckthorn Berry, a medicinal herb filled with protein, fiber, antioxidants, vitamins and minerals (12 times more vitamin C than an orange), and anti-inflammatory omega-3 fatty acids. Sea Buckthorn Berry stimulates your digestive system while preventing post-meal blood sugar spikes.

You won't ever be able to get away from all of the environmental toxins that threaten your health but with Milk Thistle you'll have what you need for optimum liver support.



Hubner's Milk Thistle liquid is imported exclusively from Germany

Keep your body
“in the pink”



Detoxify & Revitalize your liver with Milk Thistle liquid!

Milk Thistle liquid is excellent to help cleanse your body of nasty toxins. Also featuring the benefits of Sea Buckthorn Berry, this superior formula can help keep you “in the pink” of good health.

- Detoxify your liver from environmental and ingested toxins.
- Help reduce the toxic effect of taking a large amount of prescription drugs.
- Promote long-term liver health.
- Excellent digestive and weight management aid.



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