

# **BALD BAKER – ALLERGEN CHART – MAY 23 UPDATE**

Our kitchen handles the followings MILK, TREE NUTS, PEANUTS, GLUTEN (WHEAT/BARLEY), EGG, SULPHITES AND SOYA

While we do have processes in place to minimise the risk of cross-contamination, we have a small kitchen & do not have segregated production lines, so cross-contamination of ingredients is possible.

If you have a serious allergy to any of these allergens above, or one which could cause you to have a major allergic reaction, The only way for you to be 100% safe is not to consume any of the Bald Bakers products.

DISHES						Flour			MUSTARD			HIME NOT	- <u>-</u>	
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Suphur & Sulphites
Rocky Road		WHEAT					$\checkmark$						$\checkmark$	
White Choc Rocky Road		WHEAT					$\checkmark$						$\checkmark$	
Rolo Rocky road		WHEAT					$\checkmark$						$\checkmark$	
Mars Cake		WHEAT BARLEY		$\checkmark$			$\checkmark$						$\checkmark$	
Brownies		WHEAT		$\checkmark$			$\checkmark$						$\checkmark$	
Caramel Shortbread		WHEAT					$\checkmark$						$\checkmark$	✓
White choc caramel shortcake		WHEAT					$\checkmark$						$\checkmark$	✓
Terry choc orange caramel shortcake		WHEAT					$\checkmark$						$\checkmark$	<b>√</b>
Old School Cake		WHEAT		$\checkmark$			$\checkmark$							

DISHES						Lupin Flour			MUSTARD				6	Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Suphur & Sulphites
Peppermint Slice		WHEAT					$\checkmark$						1	
Chocolate Fruit & Nut		WHEAT					$\checkmark$			ALMONDS WALNUTS	~		✓	✓
Shortbread		WHEAT					$\checkmark$							
Malteser		WHEAT					$\checkmark$						$\checkmark$	$\checkmark$
Topped brownie- Oreo		WHEAT		$\checkmark$			$\checkmark$						$\checkmark$	
Jam & Coconut		WHEAT		$\checkmark$			$\checkmark$							
Topped brownie - Kinder		WHEAT		$\checkmark$			$\checkmark$			HAZLENUT			$\checkmark$	
Topped brownie- S'more		WHEAT		$\checkmark$			$\checkmark$						✓	
Topped brownie- Lotus biscoff		WHEAT		$\checkmark$			$\checkmark$						$\checkmark$	

DISHES						Flour			MUSTARD				6	Gor
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Suphur & Sulphites
Topped brownie- Rocky road		WHEAT		$\checkmark$			$\checkmark$			$\checkmark$			$\checkmark$	
Topped brownie- Salted caramel		WHEAT		$\checkmark$			$\checkmark$						$\checkmark$	✓
Topped brownie- Fudge		WHEAT		$\checkmark$			$\checkmark$						$\checkmark$	
Lemon Drizzle Cake		WHEAT		$\checkmark$			$\checkmark$							
Salted Caramel Cupcakes		WHEAT		$\checkmark$			$\checkmark$						$\checkmark$	$\checkmark$
Chocolate Cake		WHEAT		$\checkmark$			$\checkmark$						$\checkmark$	
Coffee Cake		WHEAT		$\checkmark$										
Rolo Brownie		WHEAT		$\checkmark$			$\checkmark$						$\checkmark$	✓
Cinnamon Buns		WHEAT		$\checkmark$			$\checkmark$							
Chocolate Cupcake		WHEAT		$\checkmark$			$\checkmark$						$\checkmark$	

DISHES						Lupin Flour			MUSTARD				- <u>-</u>	Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Suphur & Sulphites
Vanilla Cupcake		WHEAT		$\checkmark$			$\checkmark$							
Vanilla Frosting							$\checkmark$							
Chocolate Frosting							1							
Raspberry Frosting							$\checkmark$							
Nutella Frosting							$\checkmark$			HAZLENUTS				
Ultimate teaser Tray		WHEAT BARLEY		$\checkmark$			$\checkmark$							$\checkmark$
Wheres the tea hun		WHEAT		$\checkmark$			1						1	
Gluten Free Cupcakes				$\checkmark$			1							
Gluten Free Brownies				$\checkmark$			$\checkmark$						~	
Gluten Free Chocolate traybake				$\checkmark$			✓						~	

DISHES						Lupin Flour			MUSTARD				• <b>6</b>	Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Suphur & Sulphites
Gluten Free Carrot Cake				$\checkmark$			$\checkmark$			ALMONDS WALNUTS	$\checkmark$			
Gluten Free Lemon Drizzle				$\checkmark$			$\checkmark$							
Carrot Cake		WHEAT		$\checkmark$						WALNUTS				
Kinder Cupcake		WHEAT		$\checkmark$			$\checkmark$			HAZLENUTS			~	
Nutella Cupcake		WHEAT		$\checkmark$			$\checkmark$			HAZLENUTS			~	
Lotus Cupcake		WHEAT		$\checkmark$			$\checkmark$						~	
Oreo Cupcake		WHEAT		$\checkmark$			$\checkmark$						1	
Fathers Day		WHEAT		$\checkmark$			$\checkmark$							$\checkmark$
Birthday Cupcakes		WHEAT		$\checkmark$			$\checkmark$							
Sweetie Cupcakes		WHEAT		$\checkmark$			$\checkmark$							

#### MAY 2023 Review date:

DISHES						Lupin Flour			MUSTARD				6000 C	Boor
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Suphur & Sulphites
Areo Choco slab		WHEAT					$\checkmark$						$\checkmark$	
Biscuit choco slab		WHEAT					$\checkmark$						$\checkmark$	
Crunchie choco slab		WHEAT					$\checkmark$						$\checkmark$	
Kinder Slab		WHEAT					✓			HAZELNUT			$\checkmark$	
Oreo Slab		WHEAT					$\checkmark$						$\checkmark$	
Party ring slab		WHEAT					$\checkmark$						$\checkmark$	
Sweetie slab		WHEAT					$\checkmark$						$\checkmark$	
Terry's Slab		WHEAT					$\checkmark$						$\checkmark$	
Thank you cupcakes		WHEAT		$\checkmark$			$\checkmark$							
Milkybar blondie		WHEAT		$\checkmark$			✓							

DISHES						Lupin Flour			MUSTARD			SISME OL	- <b>1</b>	Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Suphur & Sulphites
Nutella Kinder tray		WHEAT					$\checkmark$			HAZELNUT			$\checkmark$	✓
Choccy Choc Tray		WHEAT		$\checkmark$			$\checkmark$			HAZELNUT			$\checkmark$	
Kinder Sponge		WHEAT		$\checkmark$			$\checkmark$			HAZELNUT			$\checkmark$	
Lotus Sponge cake		WHEAT		$\checkmark$			$\checkmark$							
Milkybar Sponge		WHEAT		$\checkmark$			$\checkmark$							
Mind I used to be 10p		WHEAT		$\checkmark$			$\checkmark$						$\checkmark$	✓
Areo traybake		WHEAT					$\checkmark$						$\checkmark$	
Rockys party		WHEAT					$\checkmark$						$\checkmark$	
School Caramel		WHEAT					$\checkmark$						$\checkmark$	
Sweetie Traybake		WHEAT		$\checkmark$			$\checkmark$							

DISHES						Lupin Flour			MUSTARD			SISME OL	~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Suphur & Sulphites
Mars Bar Cupcakes		WHEAT		$\checkmark$			$\checkmark$						$\checkmark$	
Malteser Cupcakes		WHEAT		$\checkmark$			1						1	
Lets party Cupcakes		WHEAT		$\checkmark$			$\checkmark$						1	
Kinder Blondie		WHEAT		$\checkmark$			$\checkmark$			HAZELNUT			✓	
Jammie Dodger Cupcakes		WHEAT		$\checkmark$			$\checkmark$							
Jammie Dodger blondie		WHEAT		$\checkmark$			$\checkmark$						✓	
Cookies		WHEAT		$\checkmark$			$\checkmark$							
CAKE JARS		WHEAT		$\checkmark$			✓			HAZELNUT (KINDER ONLY)			✓	
BDAY BOX		WHEAT		$\checkmark$			1			HAZELNUT			1	
BABY BOX		WHEAT		$\checkmark$			1			HAZELNUT			1	

DISHES						Lupin Flour			MUSTARD	<b>A</b>		Standing of the standing of th	6	Ber
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Suphur & Sulphites
MUNCHY BOX		WHEAT BARLEY		$\checkmark$			$\checkmark$			HAZELNUT			✓	
WEE MUNCHY		WHEAT BARLEY		$\checkmark$			$\checkmark$						1	$\checkmark$
DIPPING BOX		WHEAT		1			$\checkmark$			HAZELNUT (SHARE SIZE)			1	
SPONGE BOX		WHEAT		$\checkmark$			$\checkmark$			HAZELNUT			✓	
BROWNIE LETTER/NUMBER		WHEAT		$\checkmark$			$\checkmark$						<b>√</b>	
SPONGE & LOTUS LETTER/NUMBER		WHEAT		✓			$\checkmark$							
STANDARD CUPCAKES		WHEAT		$\checkmark$			$\checkmark$							
AFTERNOON TEA		WHEAT		1	$\checkmark$		$\checkmark$			HAZELNUT (NUTELLA)			<b>√</b>	✓
POSTAL TREAT BOX		WHEAT BARLEY		✓			$\checkmark$						~	
Highland cow cupcakes		WHEAT		$\checkmark$			$\checkmark$						✓	✓

DISHES						Lupin Flour			MUSTARD		0			Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Suphur & Sulphites
SALTED CARAMEL CUPCAKES		WHEAT		~			$\checkmark$						~	✓
Morning Rolls		WHEAT												
SCONES (ALL)		WHEAT		$\checkmark$			$\checkmark$							✓
Bran Scones		WHEAT					$\checkmark$							
White Bread		WHEAT												
Baguette		WHEAT												
SOURDOUGH		WHEAT GLUTEN												
Chelsea Bun		WHEAT		$\checkmark$			$\checkmark$							$\checkmark$
Empire biscuits		WHEAT		$\checkmark$										✓
Cookies		WHEAT		$\checkmark$			$\checkmark$							
Filled Cookies		WHEAT		~			$\checkmark$			HAZELNUT (KINDER			(chocolate)	

DISHES						Flour			MUSTARD			INNE INNE	• <u>}</u>	Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Suphur & Sulphites
Breakfast rolls		WHEAT												✓
Macaroni Pie		WHEAT					$\checkmark$		✓					
Cheesey Pasta		WHEAT					$\checkmark$							
Cheese onion slice		WHEAT					$\checkmark$		✓				$\checkmark$	
Sausage Roll		WHEAT		$\checkmark$										$\checkmark$
Sausage Bean		WHEAT		$\checkmark$			$\checkmark$							
Scotch		WHEAT					$\checkmark$						$\checkmark$	
Steak		WHEAT		$\checkmark$										
Steak Black pudding		WHEAT		$\checkmark$										
Mince		WHEAT		$\checkmark$										

DISHES						Lupin Flour			MUSTARD		0		-6 <u>8</u>	Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Suphur & Sulphites
Haggis Macaroni		WHEAT					$\checkmark$		$\checkmark$					✓
Beefy Bake		WHEAT BARLEY		$\checkmark$			$\checkmark$						$\checkmark$	
Haggis Peppercorn		WHEAT		$\checkmark$			$\checkmark$							
Black Hag Pepper		WHEAT		$\checkmark$			$\checkmark$							
Kebab Chilli		WHEAT		$\checkmark$									$\checkmark$	
Chicken Hag Pepper		WHEAT		$\checkmark$			$\checkmark$							
Chicken Curry		WHEAT		$\checkmark$					✓					
Haggis Curry		WHEAT		$\checkmark$					✓					
Korma		WHEAT		$\checkmark$					1					
Kung Po		WHEAT BARLEY		$\checkmark$								$\checkmark$	$\checkmark$	

DISHES						Lupin Flour			MUSTARD					Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Suphur & Sulphites
Tikka		WHEAT											$\checkmark$	
Yum Yum		WHEAT		$\checkmark$			$\checkmark$							
Custard Filled Donut		WHEAT		$\checkmark$			$\checkmark$						$\checkmark$	
Chocolate Filled Donut		WHEAT		$\checkmark$			$\checkmark$						$\checkmark$	
Triple choc Muffin		WHEAT		$\checkmark$			$\checkmark$						$\checkmark$	
Vegan Sosij roll		WHEAT OAT												✓
Vegan red thai		WHEAT												$\checkmark$
BRIDIE		WHEAT					$\checkmark$							

#### **MAY 2023** Review date:

