

NOTES

The pieces in *Land of the Middle Seas 3: The Great Battle* are all at an Elementary standard. This is Preliminary level for Australia and the UK.

Storyline

Flower Fairies: Life is pretty idyllic here with the flower fairies.

The High Council: The High Council needs your help. Sea serpents are attacking the mermaids of the Middle Seas. Will you answer the call?

Secret Passage: Journey through the secret passage.

Mermaids of the Middle Seas: Journey beneath the waves to the watery world of the mermaids of the Middle Seas.

Lady of the Lake: You meet the Lady of the Lake, the queen of the mermaids.

Sea Serpents: Sea serpents have attacked. Help save the mermaids!

The Great Battle: Battle the sea serpents to protect the mermaids!

Dragonlord: You won the battle and have been promoted to Dragonlord!

Rhythm Builders

These are a great way to introduce students to the rhythm of each piece. Try clapping along with the backing tracks.

Maestro Worksheets

These sheets encourage students to explore the pieces more fully and also feature a composition task.

Backing Tracks

You can play along with the backing tracks online for free here:

<https://supersonicsplus.com/tab/collection/book/supersonic-adventures>

Flower Fairies

Fast and flowing

Musical notation for measures 1-4. The piece is in 3/4 time, marked *mp* (mezzo-piano). The right hand plays a melody of eighth notes with slurs, while the left hand plays a simple bass line of quarter notes. A finger number '2' is written below the first note in the left hand.

Musical notation for measures 5-8, continuing the melody and bass line from the previous system.

Musical notation for measures 9-12, continuing the melody and bass line.

Musical notation for measures 13-16, continuing the melody and bass line.



PIANO

SUPERSONICS

Musical notation for measures 17-20. The melody continues with slurs, and the bass line remains simple. A fermata is placed over the final note of the melody in measure 20.

Musical notation for measures 21-24, continuing the melody and bass line.

Musical notation for measures 25-28, continuing the melody and bass line.

Musical notation for measures 29-32, continuing the melody and bass line.

Musical notation for measures 33-36, continuing the melody and bass line.



PIANO

SUPERSONICS

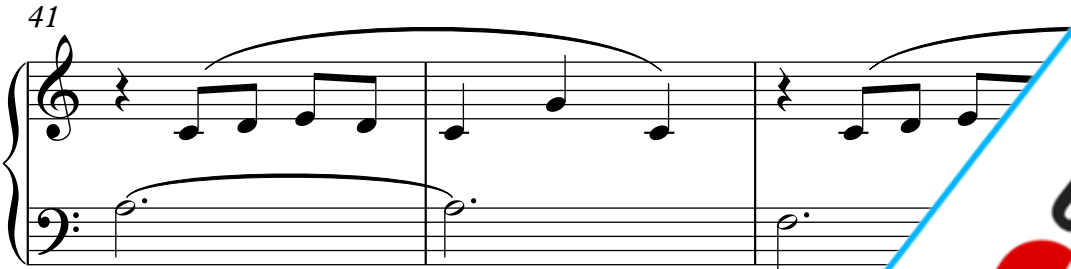
The High Council

37



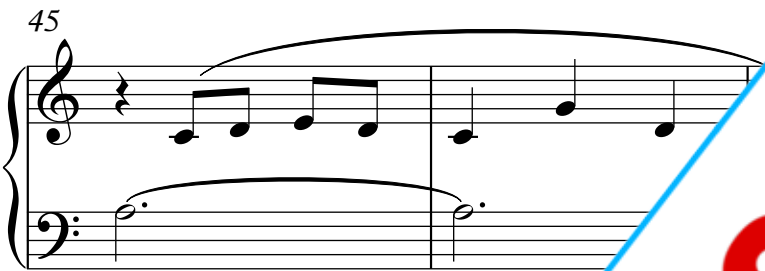
Musical notation for measures 37-40. The right hand plays a melodic line with eighth notes and quarter notes, while the left hand provides a simple accompaniment of quarter notes.

41



Musical notation for measures 41-44. The right hand continues the melodic line, and the left hand accompaniment remains consistent.

45



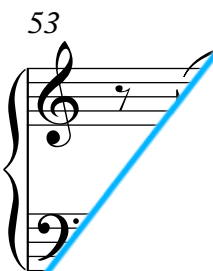
Musical notation for measures 45-48. The right hand melodic line continues, with the left hand accompaniment.

49



Musical notation for measures 49-52. The right hand melodic line continues, with the left hand accompaniment.

53



Musical notation for measures 53-56. The right hand melodic line continues, with the left hand accompaniment.



PIANO

SUPERSONICS

Stately



Musical notation for measures 1-4. The right hand has whole rests, and the left hand plays a simple accompaniment. The dynamic marking is *mf*.

5



Musical notation for measures 5-8. The right hand has a triplet of eighth notes, and the left hand accompaniment.

9



Musical notation for measures 9-12. The right hand has whole rests, and the left hand accompaniment.



PIANO

SUPERSONICS

13

8^{vb}

Musical notation for measures 13-16. The right hand has a melodic line with slurs, and the left hand has a bass line with slurs. A dynamic marking of 8^{vb} is shown below the staff.

17

(8)

Musical notation for measures 17-20. The right hand has a melodic line with slurs, and the left hand has a bass line with slurs. A dynamic marking of (8) is shown below the staff.

21

mp

Musical notation for measures 21-24. The right hand has a melodic line with slurs, and the left hand has a bass line with slurs. A dynamic marking of *mp* is shown below the staff.

25

Musical notation for measures 25-28. The right hand has a melodic line with slurs, and the left hand has a bass line with slurs.

29

Musical notation for measures 29-32. The right hand has a melodic line with slurs, and the left hand has a bass line with slurs.


PIANO
SUPERSONICS

33

Musical notation for measures 33-36. The right hand has a melodic line with slurs, and the left hand has a bass line with slurs.

37

mf

Musical notation for measures 37-40. The right hand has a melodic line with slurs, and the left hand has a bass line with slurs. A dynamic marking of *mf* is shown below the staff.

41

Musical notation for measures 41-44. The right hand has a melodic line with slurs, and the left hand has a bass line with slurs.

45 Play both hands one octave higher

p

Musical notation for measures 45-48. The right hand has a melodic line with slurs, and the left hand has a bass line with slurs. A dynamic marking of *p* is shown below the staff.

49

Musical notation for measures 49-52. The right hand has a melodic line with slurs, and the left hand has a bass line with slurs.


PIANO
SUPERSONICS

Secret Passage

Fast and sneakily

4

Musical notation for measures 4 and 5. The right hand plays a melody starting with a quarter note G4, followed by quarter notes A4 and B4, then a half note C5. The left hand plays a steady eighth-note accompaniment.

5

Musical notation for measures 6 and 7. The right hand continues the melody with quarter notes D5 and E5, then a half note F5. The left hand continues the eighth-note accompaniment.

9

Musical notation for measures 8 and 9. The right hand plays quarter notes G4 and A4, then a half note B4. The left hand continues the eighth-note accompaniment.

13

Musical notation for measures 10 and 11. The right hand plays quarter notes C5 and D5, then a half note E5. The left hand continues the eighth-note accompaniment.

17

Musical notation for measures 12 and 13. The right hand plays quarter notes F5 and G5, then a half note A5. The left hand continues the eighth-note accompaniment.



PIANO

SUPERSONICS

21

Musical notation for measures 14 and 15. The right hand plays quarter notes B4 and C5, then a half note D5. The left hand continues the eighth-note accompaniment.

25

Musical notation for measures 16 and 17. The right hand plays quarter notes E5 and F5, then a half note G5. The left hand continues the eighth-note accompaniment.

29

Musical notation for measures 18 and 19. The right hand plays quarter notes A5 and B5, then a half note C6. The left hand continues the eighth-note accompaniment.

33

Musical notation for measures 20 and 21. The right hand plays quarter notes D6 and E6, then a half note F6. The left hand continues the eighth-note accompaniment. A *cresc.* marking is present.

37

Musical notation for measures 22 and 23. The right hand plays quarter notes G6 and A6, then a half note B6. The left hand continues the eighth-note accompaniment. A *cresc.* marking is present.

41

Musical notation for measures 24 and 25. The right hand plays quarter notes C7 and D7, then a half note E7. The left hand continues the eighth-note accompaniment.



PIANO

SUPERSONICS

Mermaids of the Middle Seas

Flowing

mp

2

Detailed description: Musical notation for measures 1 and 2. The key signature has one flat (B-flat). The time signature is 3/4. The melody in the treble clef starts with a quarter rest, followed by quarter notes G4, A4, Bb4, and A4. The bass clef has a half note G3. A fermata is placed over the first measure. The dynamic marking 'mp' is present. A finger number '2' is written below the first note of the bass line.

5

Detailed description: Musical notation for measure 5. The treble clef has a quarter rest. The bass clef has a half note G3. A fermata is placed over the measure.

PIANO 
SUPERSONICS

9

Detailed description: Musical notation for measures 9, 10, 11, and 12. The treble clef melody consists of quarter notes G4, A4, Bb4, A4, G4, followed by a quarter rest, then quarter notes G4, A4, Bb4, A4, G4. The bass clef accompaniment consists of a half note G3 in the first measure, followed by a half note G3 in the second measure, and a half note G3 in the third measure. A fermata is placed over the first measure of each system.

13

Detailed description: Musical notation for measures 13, 14, 15, and 16. The treble clef melody consists of quarter notes G4, A4, Bb4, A4, G4, followed by a quarter rest, then quarter notes G4, A4, Bb4, A4, G4. The bass clef accompaniment consists of a half note G3 in the first measure, followed by a half note G3 in the second measure, and a half note G3 in the third measure. A fermata is placed over the first measure of each system.

17

Detailed description: Musical notation for measures 17 and 18. The treble clef melody consists of quarter notes G4, A4, Bb4, A4, G4. The bass clef accompaniment consists of a half note G3 in the first measure and a half note G3 in the second measure. A fermata is placed over the first measure.

22

Detailed description: Musical notation for measure 22. The treble clef has a quarter rest. The bass clef has a half note G3. A fermata is placed over the measure.

PIANO 
SUPERSONICS

lady of the lake

Serenely

mp

1

3

4/4

Detailed description: Musical notation for measures 1-4. Treble clef, 4/4 time signature. The melody starts with a quarter note G4, followed by eighth notes A4, Bb4, C5, D5, E5, F5, G5. A slur covers measures 2-4. A triplet of eighth notes (G5, A5, Bb5) is marked above measure 3. The bass line consists of a half note G3 in measure 1, and half notes Bb3, C4, D4 in measures 2-4.

5

Detailed description: Musical notation for measures 5-8. Treble clef, 4/4 time signature. The melody continues with quarter notes G5, A5, Bb5, C6, D6, E6, F6, G6. A slur covers measures 6-8. The bass line consists of a half note G3 in measure 5, and half notes Bb3, C4, D4 in measures 6-8.

9

Detailed description: Musical notation for measures 9-12. Treble clef, 4/4 time signature. The melody continues with quarter notes G6, A6, Bb6, C7, D7, E7, F7, G7. A slur covers measures 10-12. The bass line consists of a half note G3 in measure 9, and half notes Bb3, C4, D4 in measures 10-12.

13

Return to normal pitch

Detailed description: Musical notation for measures 13-16. Treble clef, 4/4 time signature. The melody continues with quarter notes G7, A7, Bb7, C8, D8, E8, F8, G8. A slur covers measures 14-16. The bass line consists of a half note G3 in measure 13, and half notes Bb3, C4, D4 in measures 14-16.

17 Play both hands one octave higher

Detailed description: Musical notation for measures 17-20. Treble clef, 4/4 time signature. The melody continues with quarter notes G8, A8, Bb8, C9, D9, E9, F9, G9. A slur covers measures 18-20. The bass line consists of a half note G3 in measure 17, and half notes Bb3, C4, D4 in measures 18-20.

21 Play both hands two octaves higher

dim.

Detailed description: Musical notation for measures 21-24. Treble clef, 4/4 time signature. The melody continues with quarter notes G9, A9, Bb9, C10, D10, E10, F10, G10. A slur covers measures 22-24. The bass line consists of a half note G3 in measure 21, and half notes Bb3, C4, D4 in measures 22-24.

25 Play both ha

Detailed description: Musical notation for measures 25-28. Treble clef, 4/4 time signature. The melody continues with quarter notes G10, A10, Bb10, C11, D11, E11, F11, G11. A slur covers measures 26-28. The bass line consists of a half note G3 in measure 25, and half notes Bb3, C4, D4 in measures 26-28.

PIANO 
SUPERSONICS

PIANO 
SUPERSONICS

Sea Serpents

Very fast and snakily

Musical notation for measures 1-4. Treble clef, common time (C). The melody consists of eighth notes. Bass clef has a whole note chord on the second measure.

Musical notation for measures 5-8. Treble clef, common time (C). The melody continues with eighth notes. Bass clef has a whole note chord on the fifth measure.

Musical notation for measures 9-12. Treble clef, common time (C). The melody has a rest in the first measure. Bass clef has a whole note chord on the ninth measure.

Musical notation for measures 13-16. Treble clef, common time (C). The melody has a rest in the first measure. Bass clef has a whole note chord on the thirteenth measure.

Musical notation for measures 17-20. Treble clef, common time (C). The melody has a rest in the first measure. Bass clef has a whole note chord on the seventeenth measure.

Musical notation for measures 21-24. Treble clef, common time (C). The melody has a rest in the first measure. Bass clef has a whole note chord on the twenty-first measure.

Musical notation for measures 25-28. Treble clef, common time (C). The melody consists of eighth notes. Bass clef has a whole note chord on the twenty-fifth measure.

Musical notation for measures 29-32. Treble clef, common time (C). The melody consists of eighth notes. Bass clef has a whole note chord on the twenty-ninth measure.

Musical notation for measures 33-36. Treble clef, common time (C). The melody has a rest in the first measure. Bass clef has a whole note chord on the thirty-third measure.

PIANO 
SUPERSONICS

PIANO 
SUPERSONICS

The Great Battle

With epic intensity

sempre f

Play both hands one octave lower

5

9


PIANO
SUPERSONICS

13

17

21

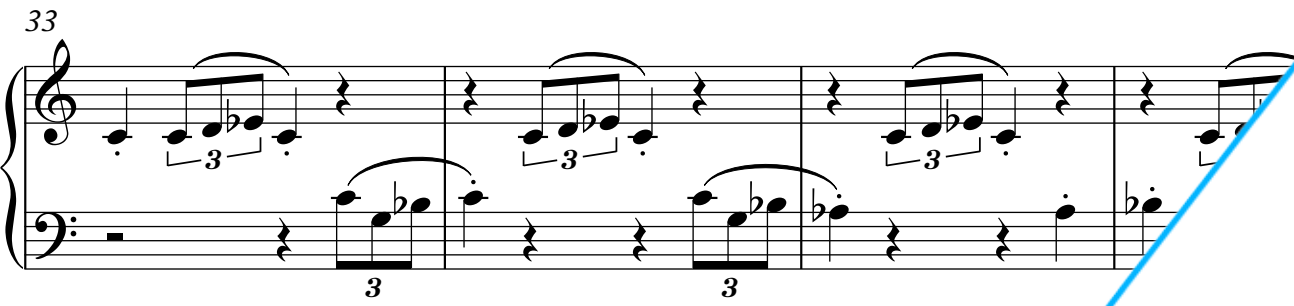
25

29

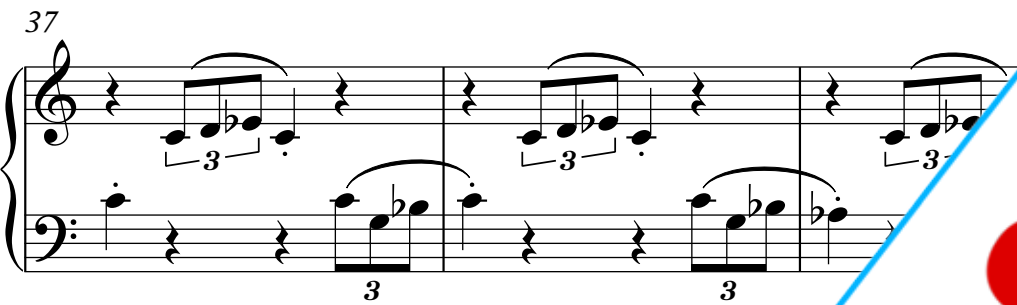

PIANO
SUPERSONICS

DRAGONLORD

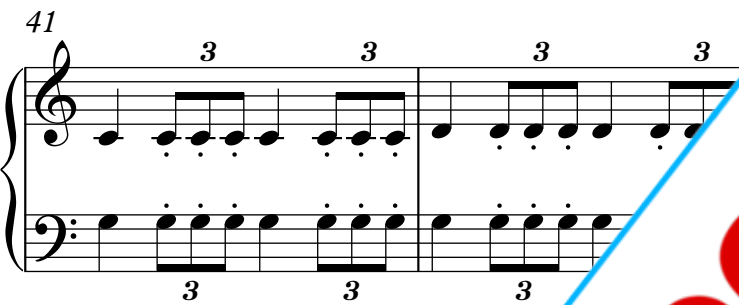
33



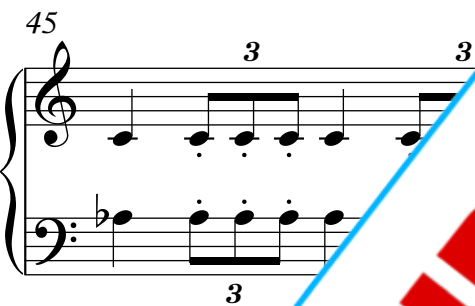
37



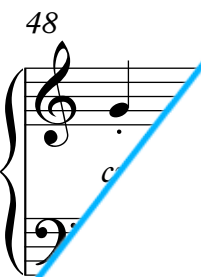
41



45

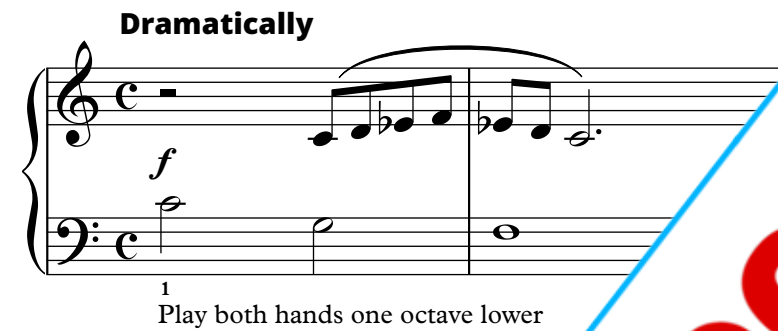


48




PIANO
SUPERSONICS

Dramatically

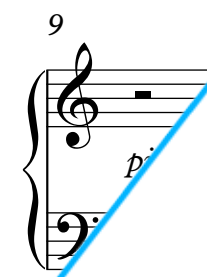


1
Play both hands one octave lower

5



9




PIANO
SUPERSONICS

13



17

mf



21



25



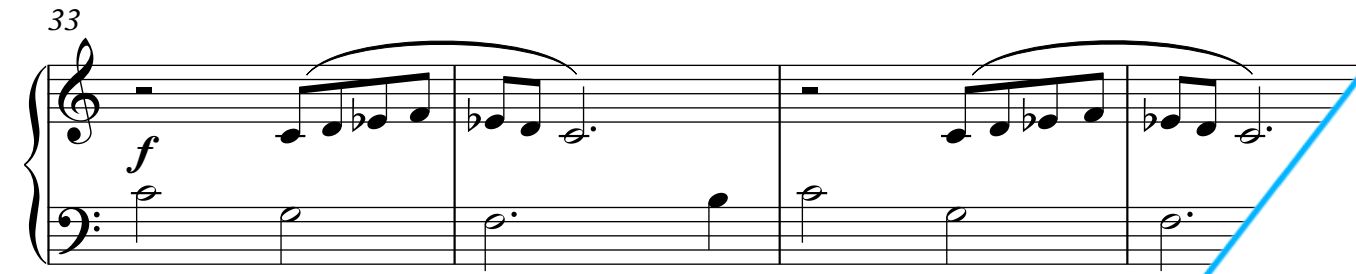
29



SUPERSONICS PIANO 

33

f



Return L.H. to one octave lower

37



41 Both hands return to normal pitch

poco a poco dim.



45



49



SUPERSONICS PIANO 

Composition Task

LAND OF THE MIDDLE SEAS 3

As part of this adventure you will need to compose a piece (to show that you have your way around the Land of the Middle Seas!). Follow these steps:

1. Start by experimenting with various note sets. To create a "middle C" feel, play the white notes from middle C to G with your right hand and from F to C with your left hand (your thumbs will share the C). You can then experiment with a note palette by adding black notes; for example, you might like to add G# to your right hand and A flats and B flats to your left hand to create a more "mysterious" feel. Find as many different combinations as you can. You can refer to the *Middle Seas 3* to help give you ideas for note sets.
2. Identify a theme or story for your piece. How will this theme/story fit into the series? Once you have an idea match it with a scene from the series in step 1.
3. Choose an appropriate time signature; for example, 4/4 for a march or 5/4 for an "unbalanced" feel.
4. Work out a melodic and/or rhythmic motif. This motif should be used throughout your piece; for example, in *The Lady of the Lake*, the first four notes of the first measures serves as the motif and the rest of the piece is built around it.
5. Work out the first 8 bars/measure of your piece. This section should be 8 bars/measure (if appropriate).
6. Repeat the first 8 bars/measure of your piece (if appropriate).
7. Now work on a contrasting section. This section should be 8 bars/measure (if appropriate) and fit into the piece.
8. Repeat the first section. This section should be 8 bars/measure (if appropriate) and follows the form AAB.
9. Write out your piece. This section should be 8 bars/measure (if appropriate) (louds and softs).



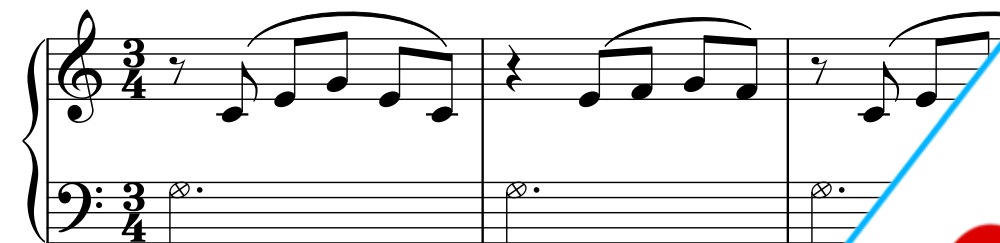
PIANO
SUPERSONICS

Flower Fairies

MAESTRO WORKSHEET

TECHNIQUE CHALLENGE

Perform this exercise as smoothly as possible.



Tap these notes on your lap with your left hand

MUSICAL KNOWLEDGE

1. What is a fairy?
2. How many beats are in each bar/measure?
3. Explain the sign *mp*.
4. Name and explain the curved line above the notes.
5. Name and explain the curved line below the notes.
6. Choose any line from the piece.



PIANO
SUPERSONICS

