

NOTES

The pieces in *Castle Escape 1: Dungeon of Doom* are all at an Early Elementary standard. This is Pre-Preliminary level for Australia and the UK.

Storyline

Troll Army: You've seriously annoyed some trolls and now their whole army is after you! Maybe it's time to start thinking about escaping from this particular castle.

Goblin Chase: Now the goblins have joined the chase. You had better run!

Graveyard March: You've escaped the trolls and goblins but now you have to journey through a particularly scary graveyard.

Scaling the Walls: You've reached the walls. Time to start climbing!

The Final Battle: It doesn't look like those trolls and goblins are going to let you get away without a fight!

Castle Escape: Phew, you've escaped the castle in one piece. Better run all the way home though!

Rhythm Builders

These are a great way to introduce students to the rhythm of each piece. Try clapping along with the backing tracks.

Maestro Worksheets

These sheets encourage students to explore the pieces more fully and also feature a composition task.

Backing Tracks

You can play along with the backing tracks online for free here:

<https://supersonicsplus.com/tab/collection/book/supersonic-adventures>

TROLL ARMY

A strong rhythmic march tempo

Musical notation for measures 1-4. The piece is in common time (C) and features a strong rhythmic march tempo. The notation is for piano, with a dynamic marking of *sempre f*. The melody is in the right hand, and the bass line is in the left hand. The key signature has one flat (Bb).

Play both hands one octave lower

Musical notation for measures 5-8. The notation continues the march tempo and features a strong rhythmic pattern.

Musical notation for measures 9-12. The notation continues the march tempo and features a strong rhythmic pattern.



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Musical notation for measures 13-16. The notation continues the march tempo and features a strong rhythmic pattern.

Musical notation for measures 17-20. The notation continues the march tempo and features a strong rhythmic pattern.

Musical notation for measures 21-24. The notation continues the march tempo and features a strong rhythmic pattern.

Musical notation for measures 25-28. The notation continues the march tempo and features a strong rhythmic pattern.



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Goblin Chase

Fast and wild

Musical notation for measures 1-4. Treble clef, 3/4 time signature. The melody consists of eighth notes: G4, A4, Bb4, C5, Bb4, A4, G4. The bass line has a dotted half note G3. Dynamics: *mp*. A finger number '5' is written below the bass line.

Musical notation for measures 5-8. Treble clef, 3/4 time signature. The melody continues with eighth notes: G4, A4, Bb4, C5, Bb4, A4, G4. The bass line has a dotted half note G3. Dynamics: *mp*. A finger number '5' is written below the bass line.

Musical notation for measures 9-12. Treble clef, 3/4 time signature. The melody continues with eighth notes: G4, A4, Bb4, C5, Bb4, A4, G4. The bass line has a dotted half note G3. Dynamics: *cresc.*. A finger number '1' is written below the bass line.

Musical notation for measures 13-16. Treble clef, 3/4 time signature. The melody continues with eighth notes: G4, A4, Bb4, C5, Bb4, A4, G4. The bass line has a dotted half note G3.



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Musical notation for measures 17-21. Treble clef, 3/4 time signature. The melody continues with eighth notes: G4, A4, Bb4, C5, Bb4, A4, G4. The bass line has a dotted half note G3. Dynamics: *mp*. An 8va bracket is above the treble staff. A finger number '5' is written below the bass line.

Musical notation for measures 22-25. Treble clef, 3/4 time signature. The melody continues with eighth notes: G4, A4, Bb4, C5, Bb4, A4, G4. The bass line has a dotted half note G3. Dynamics: *mp*. An 8va bracket is above the treble staff.

Musical notation for measures 26-29. Treble clef, 3/4 time signature. The melody continues with eighth notes: G4, A4, Bb4, C5, Bb4, A4, G4. The bass line has a dotted half note G3. Dynamics: *cresc.*. An 8va bracket is above the treble staff.

Musical notation for measures 30-33. Treble clef, 3/4 time signature. The melody continues with eighth notes: G4, A4, Bb4, C5, Bb4, A4, G4. The bass line has a dotted half note G3. Dynamics: *cresc.*. An 8va bracket is above the treble staff.

Musical notation for measures 34-37. Treble clef, 3/4 time signature. The melody continues with eighth notes: G4, A4, Bb4, C5, Bb4, A4, G4. The bass line has a dotted half note G3. Dynamics: *cresc.*. An 8va bracket is above the treble staff.



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38

(8)

Musical notation for measures 38-41, including treble and bass clefs, a key signature of one flat, and a common time signature. The melody consists of eighth notes with slurs, and the bass line has whole notes.

42

(8)

Musical notation for measures 42-45, including treble and bass clefs, a key signature of one flat, and a common time signature. The melody consists of eighth notes with slurs, and the bass line has whole notes.

46

(8)

Musical notation for measures 46-49, including treble and bass clefs, a key signature of one flat, and a common time signature. The melody consists of eighth notes with slurs, and the bass line has whole notes.

50

(8)

Musical notation for measures 50-54, including treble and bass clefs, a key signature of one flat, and a common time signature. The melody consists of eighth notes with slurs, and the bass line has whole notes.

55

Musical notation for measure 55, including treble and bass clefs, a key signature of one flat, and a common time signature. The melody consists of eighth notes with slurs, and the bass line has whole notes.



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GRAVEYARD MARCH

Relentlessly
sempre f

1

4

Play both hands one octave lower

5

9

13

4

17

5

21

4

25

29

32

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SCALING THE WALLS

As fast as you can!

Play both hands one octave higher

Musical notation for measures 1-4. Treble clef, common time. The right hand plays a sixteenth-note scale starting on G4, with fingerings 1, 2, 1. The left hand plays a bass line with chords. Dynamics: *mp*.

Musical notation for measures 5-8. Treble clef, common time. The right hand continues the sixteenth-note scale. The left hand plays a bass line with chords. Dynamics: *mp*.

Musical notation for measures 9-12. Treble clef, common time. The right hand has a long note with a *poco cresc.* marking. The left hand plays a bass line with chords. Dynamics: *poco cresc.*

Musical notation for measures 13-16. Treble clef, common time. The right hand has a long note. The left hand plays a bass line with chords. Dynamics: *m*.

Musical notation for measures 17-20. Treble clef, common time. The right hand has a long note. The left hand plays a bass line with chords. Dynamics: *m*.

Musical notation for measures 21-24. Treble clef, common time. The right hand has a long note. The left hand plays a bass line with chords. Dynamics: *mf*.

Musical notation for measures 25-28. Treble clef, common time. The right hand has a long note. The left hand plays a bass line with chords. Dynamics: *mf*.

Musical notation for measures 29-32. Treble clef, common time. The right hand has a long note. The left hand plays a bass line with chords. Dynamics: *mp*.

Musical notation for measures 33-36. Treble clef, common time. The right hand has a long note. The left hand plays a bass line with chords. Dynamics: *mp*.

Musical notation for measures 37-40. Treble clef, common time. The right hand has a long note. The left hand plays a bass line with chords. Dynamics: *mp*.

Musical notation for measures 41-44. Treble clef, common time. The right hand has a long note. The left hand plays a bass line with chords. Dynamics: *mp*.

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The Final Battle

Hugely epic

3 3 3 3 3 3

f

Play both hands one octave lower

Measures 1-4: Treble clef with six triplet eighth notes. Bass clef with a whole note chord.

5 3 3 3 3

Measures 5-8: Treble clef with six triplet eighth notes. Bass clef with a whole note chord.

9 3 3

Measures 9-12: Treble clef with six triplet eighth notes. Bass clef with a whole note chord.

13 3

Measures 13-16: Treble clef with six triplet eighth notes. Bass clef with a whole note chord.

17

Measures 17-20: Treble clef with six triplet eighth notes. Bass clef with a whole note chord.



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21 3 3 3

Measures 21-24: Treble clef with six triplet eighth notes. Bass clef with a whole note chord.

25 3 3 3 3

Measures 25-28: Treble clef with six triplet eighth notes. Bass clef with a whole note chord.

29 3 3 3

molto dim.

Measures 29-32: Treble clef with six triplet eighth notes. Bass clef with a whole note chord.

33 3 3

p

Measures 33-36: Treble clef with six triplet eighth notes. Bass clef with a whole note chord.

37 3 3

Measures 37-40: Treble clef with six triplet eighth notes. Bass clef with a whole note chord.

42

Measures 42-45: Treble clef with six triplet eighth notes. Bass clef with a whole note chord.



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Castle Escape

Run all the way home!

p sempre poco a poco cresc.

Musical notation for measures 1-4, featuring a treble and bass clef with a common time signature. The melody is in the treble clef, and the bass line is in the bass clef.

5

Musical notation for measures 5-8, continuing the piece with similar rhythmic patterns.

9

Musical notation for measures 9-12, showing a continuation of the melody and bass line.

13

Musical notation for measures 13-16, featuring a melodic phrase in the treble clef.

17

Musical notation for measures 17-20, concluding the first system.



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21

Musical notation for measures 21-24, continuing the piece.

25

Musical notation for measures 25-28, showing a melodic phrase in the treble clef.

29

Musical notation for measures 29-32, continuing the piece.

33

Musical notation for measures 33-36, showing a melodic phrase in the treble clef.

37

Musical notation for measures 37-40, concluding the second system.



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41

8^{vb}

Musical notation for measures 41-44. The treble clef contains a melody with a slur over measures 41-42 and another slur over measures 43-44. The bass clef contains a steady eighth-note accompaniment. A dashed line with '8^{vb}' is below the bass staff.

45

(8)

Musical notation for measures 45-48. The treble clef contains a melody with a slur over measures 45-46 and another slur over measures 47-48. The bass clef contains a steady eighth-note accompaniment. A dashed line with '(8)' is below the bass staff.

49

(8)

Musical notation for measures 49-52. The treble clef contains a melody with a slur over measures 49-50 and another slur over measures 51-52. The bass clef contains a steady eighth-note accompaniment. A dashed line with '(8)' is below the bass staff.

53

(8)

Musical notation for measures 53-56. The treble clef contains a melody with a slur over measures 53-54 and another slur over measures 55-56. The bass clef contains a steady eighth-note accompaniment. A dashed line with '(8)' is below the bass staff.

58

Musical notation for measures 58-60. The treble clef contains a melody with a slur over measures 58-59 and another slur over measure 60. The bass clef contains a steady eighth-note accompaniment.


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Composition Task

CASTLE ESCAPE 1

As part of this adventure you will need to compose a piece (to show that you're way around the castle!). Follow these steps:

1. Start by experimenting with various note sets. You might like to start with simple note sets. You create these by putting your fingers on groups of 5 (C,D,E,F,G). Try adding different combinations of black notes to the pieces in *Castle Escape 1* to help give you ideas for note sets.
2. Identify a theme or story for your piece. How will this piece fit into this series? Once you have an idea match it with a suitable title in step 1.
3. Choose an appropriate time signature; for example, 3/4 for a march or 5/4 for an "unbalanced" feel.
4. Work out a melodic and/or rhythmic motif. This section of your piece; for example, in *Scaling the Walls* the first bar/measure serves as the motif and the main melody.
5. Work out the first 8 bars/measure of your piece (if appropriate). This section of your piece.
6. Repeat the first 8 bars/measure of your piece (if appropriate).
7. Now work on a contrasting 8 bars/measure of your piece (if appropriate) or it may be quite different from the first section of your piece.
8. Repeat the first section of your piece (if appropriate) follows the form AABA.
9. Write out your piece! Remember to use dynamics (louds and softs). You



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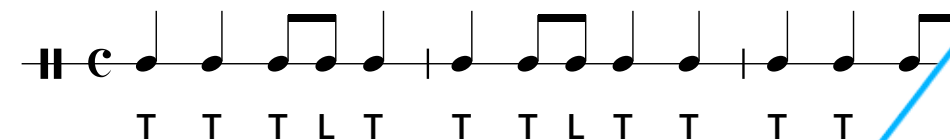
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TROLL ARMY

MAESTRO WORKSHEET

RHYTHM CHALLENGE

Tap this rhythm on your lap.
T = Together, R = Right Hand, L = Left Hand



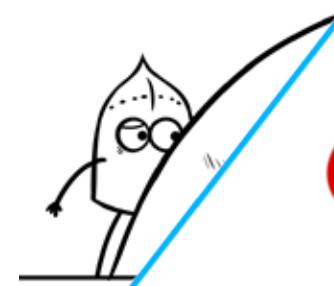
MUSICAL KNOWLEDGE

1. What is a troll?
2. How do you think an army of trolls would march?
3. What is a march?
4. How many beats are in each bar/measure?
5. What is an octave?
6. Explain *sempre f*.
7. Choose any line from the piece.



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TROLL ARMY

Rhythm Builder

A strong rhythmic march tempo

Musical notation for a rhythm builder exercise. It consists of seven staves. The first staff begins with a common time signature (C). The notation features a series of quarter notes on a single pitch, with a repeat sign after the first four notes. The second staff continues with another four notes. The third staff continues with another four notes. The fourth staff continues with another four notes. The fifth staff continues with another four notes. The sixth staff continues with another four notes. The seventh staff continues with another four notes.



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