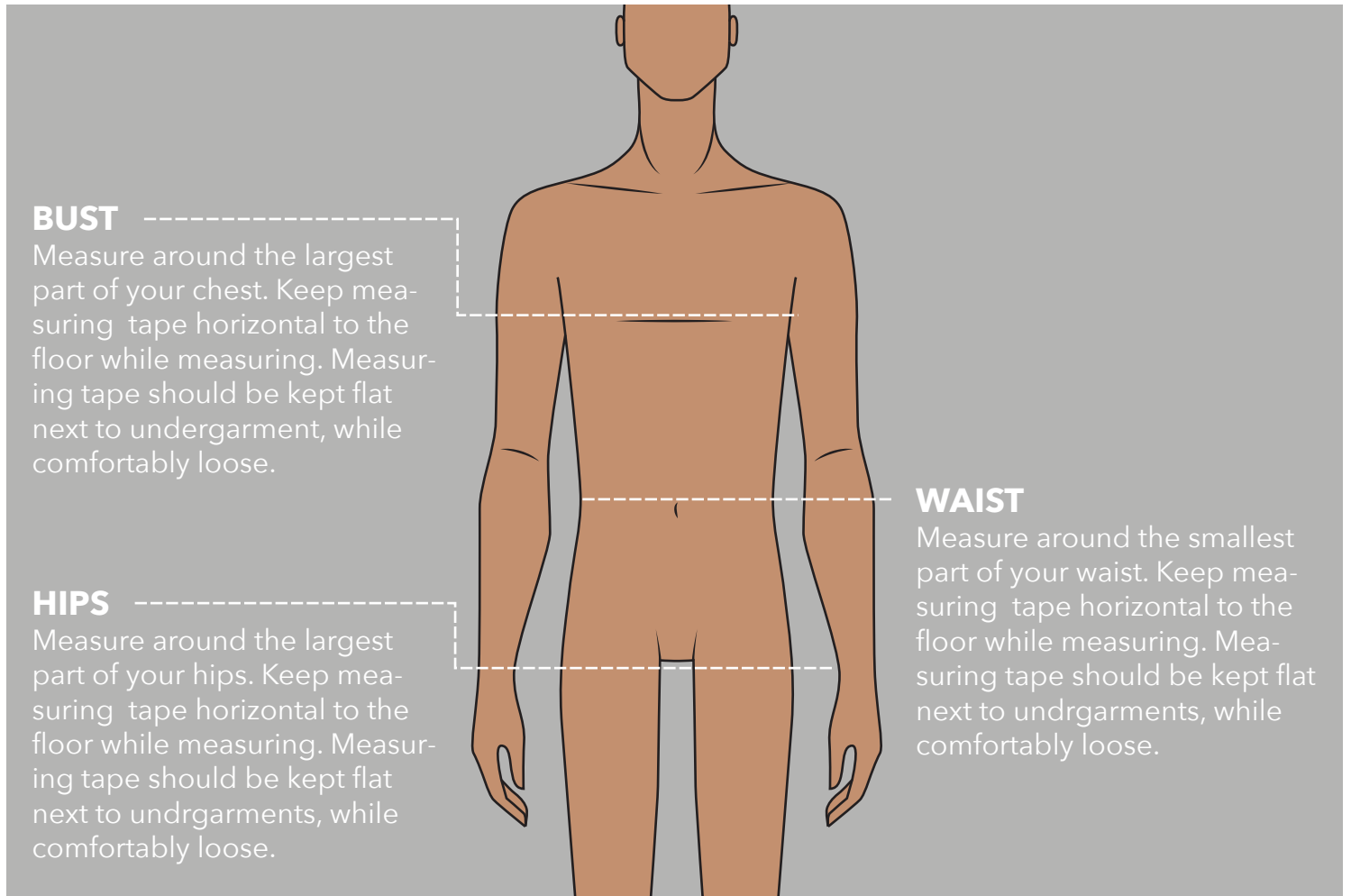


HOW TO MEASURE YOURSELF



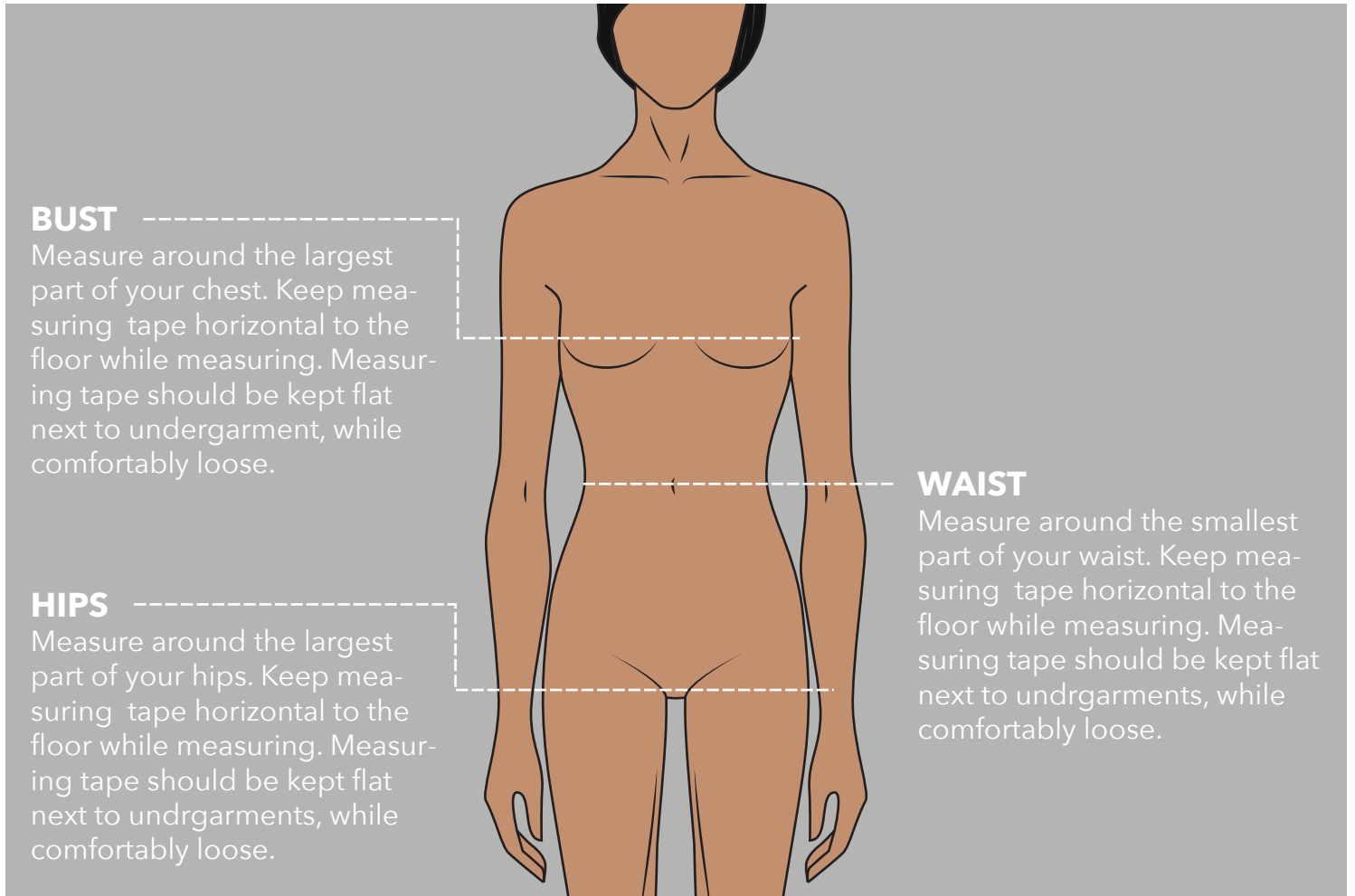
FIND YOUR SIZE

Use the chart below to determine your size. If you're on the borderline between two sizes, go with the smaller size for a tighter fit or the larger size for a looser fit. If your measurements for bust and waist correspond to two different suggested sizes, go with the size indicated by your bust measurement.

SIZE CHART

ALPHA SIZE - MENS	BUST (cm)	WAIST (cm)	HIP (cm)
XS	72- 80	57-65	72-80
S	80-88	65-73	80-88
M	88-96	73-81	88-96
L	96-104	81-89	96-104
XL	104-112	89-97	104-112
2XL	112-124	97-109	112-120
3XL	124-136	109-121	120-128

HOW TO MEASURE YOURSELF



FIND YOUR SIZE

Use the chart below to determine your size. If you're on the borderline between two sizes, go with the smaller size for a tighter fit or the larger size for a looser fit. If your measurements for bust and waist correspond to two different suggested sizes, go with the size indicated by your bust measurement.

SIZE CHART

ALPHA SIZE - WOMENS	WHAT SIZE TO ORDER IN MENS	BUST (cm)	WAIST (cm)	HIP (cm)
XS	XXS	76-83	60-67	84-91
S	XS	83-90	67-74	91-98
M	S	90-97	74-81	98-105
L	M	97-104	81-88	105-112
XL	L	104-114	88-98	112-120
2XL	XL	114-124	98-108	120-128