# Adjustable Form Designed for Tailoring \& Alterations 

## Box Contains:

1 Adjustable Body
1 Pole/Floor Base
3 Legs
3 Plastic Caps
Instructions



## Stand

Insert rounded end of leg into base until flared end is flush with base.
Rotate leg into base slot to lock. Repeat for remaining legs.

Place protective caps on ends of legs.


For Pants:
Turn top section of pole height adjuster counter clockwise to loosen.

Extend inner pole 12"; turn adjuster clockwise to tighten.

Loosen thumb screw on pole bracket and slide bracket to 3 " from top of pole; tighten screw.

Reach into form and pull side extender pole down 6 "; tighten knob at top of extender pole.

Place form on inner pole.

## Extending Pole \&

 Attaching Form to StandFor Shirts \& Jackets:
Turn top section of pole height adjuster counter clockwise to loosen.
Extend inner pole 12"; turn adjuster clockwise to tighten.
Loosen thumb screw on pole bracket and slide bracket to 3 " from top of pole; tighten screw.
Place form on inner pole.


## Adjusting Form to Body Measurements

## Important Notes:

- Do not adjust wheels to final measurement all at once.
- All wheels at chest, waist and hips should be adjusted gradually around form to avoid tension that may make a wheel difficult to adjust.
- If you are unable to adjust a wheel, increase adjustments immediately above and/or below wheel releasing tension. Continue making small adjustments to all wheels until all are set to desired measurements.
- Always check the measurements with a tape measure.


Adjusting Form Height \& Securing to Stand

## For Shirts \& Jackets:

Using pole height adjuster, adjust the inner pole to height that matches full body length measurement; tighten adjuster.
Turn body bracket thumb screw to secure to stand and prevent rotation.

## For Pants:

Using pole height adjuster and/or side extender pole, adjust form to height that matches full body length measurement.

Tighten pole height adjuster and pole bracket thumb screw.

Turn body bracket thumb screw to secure to stand and prevent rotation.


Adjusting Chest, Waist \& Hips

There are 4 adjustment wheels at chest, waist and hips.

Roll wheel down to increase size, and up to decrease. Numbers on right side are inches and left are centimeters.

Using body measurements, adjust all 4 wheels to match chest, waist and hip measurements. Adjust all wheels gradually around and between main areas of form.
Note: Measurements on wheels should only be used as a guide. Check size with tape measure after adjusting to make fine adjustments as necessary.


## Adjusting the Neck

To enlarge, turn pin cushion knob counter clockwise half a turn.

Gently pull four neck sections away from neck cap until it matches desired shape and neck measurement; tighten knob.

Use knob as pin cushion.


To lengthen, reach into base of form and loosen back waist knob.

On outside, carefully slide apart chest and hip sections of form until base of neck, and natural waistline match back waist length measurement.
Tighten back waist knob. Place form back on pole; tighten center/off-set body bracket thumb screw.

## Taking Body Measurements

For greater accuracy, the male should wear type of shoes and undergarments they would normally wear. Using a tape measure that does not stretch, pull tape snugly, but not too tight, around fullest part of each body area. Record measurements below.

Neck:
Measure around base of neck.

## Chest:

Measure straight across widest part of back, under armpits and across fullest part of chest.
Note: Select shirt, jacket or coat pattern size according to chest measurement.

## Waist:

Measure around fullest part of waistline.

## Hips:

Measure around fullest part of hips/buttocks.

Note: Select pants pattern size according to hip measurement.

## Jacket Length:

Measure from prominent bone at base of neck down back to point of desired jacket length.

## Back Waist Length:

Measure from prominent bone at base of neck down to natural waistline tied with a cord.

Establish base of man's neck on form by wrapping a cord around it; mark at center back with chalk or pin. This mark corresponds with prominent bone at back of neck and should be about 2" below underside of neck cap.

## Full Body Length:

At center back, measure from natural waistline to floor, then add Back Waist Length measurement.

## Using Form

The form has been designed to accommodate as many varied adjustments needs as possible. There will be occasions where the form has been adjusted as closely as possible to match body measurements but will require additional reshaping.

## Padding Form

Determine where padding is needed.
Use foam, fiberfill, batting, or shoulder pads to fill in areas on shoulder, chest, waist, hips and back that may need adjustments.

Cover padded areas with fabric.

## Filling in Section Openings

Making measurement adjustments to the form will create openings. Fill in gaps to allow for easier pinning and fitting of pattern and garment.

Apply double-faced tape along lengthwise edges of ribbon or tape; attach strip to fill in area.

## Covering Form

Use a t-shirt or make a cover with stretchy tricot fabric to hide any padding and alterations and create a smooth surface.

Mr:Tailor

As an ongoing policy of development, we reserve the right to make product changes and improvements without notice.

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950 BRISACK RD., SPARTANBURG, SC29303 USA DRITZ.COM

