



PICOT SOCKS

by Lydia Gluck

These socks are excellent all rounders; quick to make, comfortable to wear, and pretty to boot! I originally designed them as a present for my mum on Mother's Day, but I loved them so much I had to make them again. They are a good way to show off a beautiful hand-dyed yarn, as the subtlety of the colour really shines in the stockinette. King of the Jungle Sock is great for this, pretty colours, lovely to work with and nice and tough too! If you have never knitted socks (or toe-up socks) before, these are an excellent first project. This pattern includes three sizes, and adjustable foot length.

Size: S (M,L)

Finished measurements:

Heel to toe: adjustable, for example for a UK 6, knit until piece measures 14.5cm / 5.75" before starting heel increases

Foot Circumference: 15 (18, 21) cm / 6 (7, 8)"

Ankle to top: 5 cm / 2"

Yarn: Lioness Arts King of the Jungle Sock, 80% merino, 20% nylon, 395 yards (361 meters) in 100g – 1 skein.

Colour shown: 'Lydia'

Gauge: 32sts and 44 rows = 10cm / 4"

Needles: 2.75mm long (at least 32"/80cm) circular needle (for magic loop), or size needed to obtain gauge.

Notions: Stitch marker to mark beginning of round (if required), scrap yarn.

Note: Where 3 numbers are mentioned, they correspond to sizes S (M, L) respectively. Where 2 numbers are mentioned, they correspond to sizes M (L) respectively.

Abbreviations:

k: knit

k2tog: knit two together

kfb: knit front and back

p: purl

p2tog: purl two together

rep: repeat

rnd: round

sl: slip (purlwise)

ssk: slip, slip, knit

st(s): stitch(es)

St st: Stocking Stitch (knit all rounds when working in the round)

w&t: wrap and turn (On the RS, move yarn to front, sl st from left to right needle, move yarn to back, sl st back to left needle, turn. On the WS, move yarn to back, sl st from left to right needle, move yarn to front, sl st back to left needle, turn.)

t/l: through the back loop

yo: yarn over

Pattern

Toe:

Using 'Magic Cast On' and Magic Loop technique, CO 18 (20, 20) sts and distribute 9 (10, 10) per needle.

Set-Up Rnd: Knit the sts on the first needle, and work all sts on second needle tbl (as they will be twisted from the cast on). Place a marker to indicate beg of rnd if desired.

Rnd 1: Kfb, k to last st on first needle, kfb; on second needle, kfb, k to last st, kfb.

Rnd 2: Knit.

Rep Rnds 1 & 2 7 (8, 10) more times, until you have a total of 50 (56, 64) sts - 25 (28, 32) sts on each needle.

Foot:

Work in St st until foot measures 7.5 cm / 3" less than desired.

Gusset:

Rnd 1: K all sts on first needle, on second needle, k1, kfb, k to last 2 sts, kfb, k1

Rnd 2: K all sts.

Rep Rnds 1 & 2 9 (10, 12) more times, until you have a total of 45 (50, 58) sts on needle 2.

Heel Turn:

K all sts on first needle, then working only on second needle, work short row heel as follows:

Row 1: K34 (38, 44), w&t.

Row 2: Sl1, P23 (26, 30), w&t.

Row 3: Sl1, K22 (25, 29), w&t.

Row 4: Sl1, P21 (24, 28), w&t.

Row 5: Sl1, K20 (23, 27), w&t.

Row 6: Sl1, P19 (22, 26), w&t.

Row 7: Sl1, K18 (21, 25), w&t.

Row 8: Sl1, P17 (20, 24), w&t.

Row 9: Sl1, K16 (19, 23), w&t.

Row 10: Sl1, P15 (18, 22), w&t.

Row 11: Sl1, K14 (17, 21), w&t.

Row 12: Sl1, P13 (16, 20), w&t.

Row 13: Sl1, K12 (15, 19), w&t.

Row 14: Sl1, P11 (14, 18), w&t.

Size M&L ONLY:

Row 15: Sl1, k13 (17), w&t.

Row 16: Sl1, p12 (16), w&t.

Size L ONLY:

Row 17: Sl1, k15, w&t.

Row 18: Sl1, p14, w&t.

You will now have 11 (12, 14) centre sts with 7 (8, 9) wrapped sts either side, plus 10 (11, 13) gusset stitches on either side. 45 (50, 58) sts

ALL SIZES: K to to end of rnd, picking up wraps and knitting them together with their sts as you go.



Decrease Gusset:

Keeping pattern correct, knit across first needle. On second needle, k33 (38, 44) by picking up the remaining wraps and knitting them together with their sts through the back loop, ssk, turn.

Row 1: Sl1, p21 (26, 30), p2tog, turn.

Row 2: Sl1, k21 (26, 30), ssk, turn.

Rep Rows 1 & 2 a total of 8 (9, 10) times.

SIZES M & L only:

Next Row: Sl1, k26 (30), ssk. 29 (33) sts on needle 2.

Resume working in the rnd.

ALL SIZES:

Next Rnd: K across first needle, on second needle k2tog, knit to end. 48 (56, 64) sts

Continue to work in St st in the rnd until leg measures 5 cm / 2" from top of heel.

Begin picot hem:

Next Rnd: *Yo, k2tog; rep from * to end of rnd.

Continue to work in St st in the rnd until hem measures 2.5 cm / 1".

Work sewn hem as follows:

1. Transfer sts to scrap yarn (you don't have to do this but I find it easier).
2. Cut working yarn about 20 cm / 7" longer than length of hem to be sewn (in this case the circumference of the sock), and thread onto darning needle.
3. Fold hem into position, if you want to you can use pins (preferably blunt) to secure hem whilst it is being worked.
4. Attach your hem to the line of purl bumps above where the sts sit when the hem is folded as follows:

Thread yarn through purl bump corresponding to stitch to be sewn,

Next thread yarn through corresponding stitch on needle, drop this stitch off scrap yarn and slide next stitch along ready to be sewn.

Rep Step 4 until all stitches have been sewn.

Weave in ends. Hand wash and dry flat. Wear!