

MOXYPATCH[™]

Laugh without fear. Play without pressure.



Bladder Leak PREVENTION

USER GUIDE



ECO
FRIENDLY

Thank you for purchasing MoxyPatch™!

Soon you will join the many others who are now enjoying the renewed freedom and confidence that MoxyPatch™ has brought to their lives. Those who felt that they could not previously exercise, run, jump, or even play with their children without fear of bladder leaks - are now enjoying living worry-free from leaks and can go about their daily lives! Daily leakage does not have to be 'normal' and we are here to help!

Our Vision

We realized that there are many products on store shelves today that help to absorb leaks once they have already happened, but there are very few products aimed in the prevention of these embarrassing leaks in the first place! Our vision in the creation of the MoxyPatch™ was to develop a more preventative, environmentally friendly solution for women that truly prevents leaks due to mild to moderate stress urinary incontinence, and we feel as though we have done just that!



Using MoxyPatch™ can reduce plastic waste from ending up in landfills by 98% when compared to other disposable products like bladder leak pads and liners. Now that's a win-win for women and for the world! (according to a 3rd party environmental impact study by ImpactableX, January 2023)

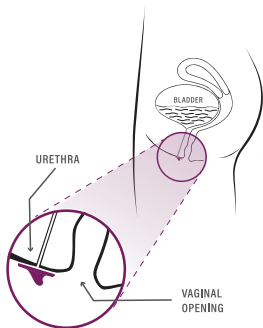
Your MoxyPatch™ kit includes:

1X MoxyPatch™ reusable silicone device, 25 MoxyPatch™ replaceable gentle hydrogel adhesive patches, a full color user guide, plus a reusable cotton storage and travel pouch

Now, Lets get started!

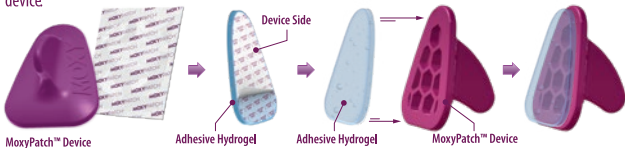
It may or may not surprise you to know that the vast majority of females are not as familiar with their anatomy as they could be. You are not alone! But don't be intimidated or embarrassed - we are here to help demystify this for you right now!

The area where urine exits the body is called the urethra. The urethra sits above the vaginal opening and below the clitoris, between the inner labia. We highly recommend using a mirror to familiarize yourself with these parts and using this mirror the first few times for placement of the **MoxyPatch™** device. This will help you to feel confident that it has been placed properly and securely to prevent leaks. The **MoxyPatch™** device is NOT placed internally inside of the vagina. It is placed between the inner labia overtop of the urethra to prevent unintentional mild to moderate urine leakage. The **MoxyPatch™** device should not be used on any broken or irritated skin or if you have recurrent urinary tract or yeast infections. The silicone **MoxyPatch™** device may be washed and reused for a recommended one year of use.



1 Preparing your MoxyPatch™ Device

Boil the magenta silicone **MoxyPatch™** device for 5-10 minutes prior to first use. After opening one of the individually wrapped gentle adhesive hydrogel patches, remove the protective film from the side marked 'Device Side' and place this exposed adhesive directly to the triangular base of the device, ensuring that it is properly aligned with the base. Press down firmly to ensure that it is secured to the base of the **MoxyPatch™** device.

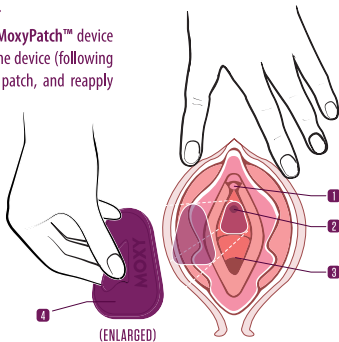


② Applying your MoxyPatch™

When ready, remove the 2nd adhesive protective film from the device. Use the fin guide at the top of the device (opposite the triangular base) to help guide the device into proper placement as shown in the diagram. To gain a proper adhesive seal, it is best to ensure that the urethra and surrounding area is as dry as possible before placement. With clean hands, spread the inner and outer labia and place the exposed adhesive side directly overtop of the urethral opening, ensuring that all outer edges of the triangular base are not overlapping with the inner labial folds. Press down gently, but firmly, to ensure that the hydrogel adhesive is secure. Once applied, the fin guide of the device should be positioned between the labia. As the **MoxyPatch™** is made out of a reusable, medical grade silicone, your **MoxyPatch™** will warm and become more pliable with your body temperature during use, making it even more comfortable. As the **MoxyPatch™** device covers your urethral opening where urine must exit, it must be removed prior to an intended urination, washed and then a new adhesive strip should be applied. If you do forget to remove your device prior to urinating, the device will likely become displaced. Not to worry, we have you covered! Realizing that the **MoxyPatch™** is so comfortable, many women often forget that they are even wearing it and do not remember to remove it prior to urinating. Because of this, we have developed an internal buoyancy feature which helps the **MoxyPatch™** to float when it is submersed in water so that it does not sink! Isn't that great!? If this does happen, ensure to properly clean and sanitize your **MoxyPatch™** device prior to reusing.

If placement is uncomfortable in any way, your **MoxyPatch™** device may not be positioned correctly. Gently remove the device (following step 3 below), apply a new adhesive hydrogel patch, and reapply following the placement instructions above.

- 1 CLITORIS _____
- 2 URETHRA _____
- 3 VAGINAL OPENING _____
- 4 MOXYPATCH DEVICE _____



3 Removal

With clean hands, simply pinch the fin guide of the device and slowly peel the device and adhesive hydrogel layer away from the urethral area. The **MoxyPatch™** device and adhesive layer should easily be peeled off using this method. If for any reason there is any pulling or discomfort, or if the adhesive seems to be excessively sticky, wetting this area with a small amount of water will soften the adhesive further and the adhesive will loosen. Once removed, peel the remaining adhesive off of the device and discard it appropriately. Wash the device thoroughly using soap and warm water and ensure that your **MoxyPatch™** is dry prior to storing. We recommend using an oil-free, fragrance free soap to care for your **MoxyPatch™** device.

Storing your MoxyPatch™ Device

MoxyPatch™ should be stored in a cool or room temperature, dry environment.

Always be sure to wash your device properly prior to storing.



The accompanying cotton storage & travel pouch is the perfect and ideal storage place for your device!



Go out and enjoy the new freedom and confidence you will feel with **MoxyPatch™** ! Go ahead and laugh with your friends, run around the block, dance at weddings, jump on trampolines and chase around your children. We've got you covered!

The **MoxyPatch™** device should not be used if you have recurrent urinary tract, urogenital or yeast infections. If you are pregnant, speak to your Physician or Health Care Provider prior to use.

Frequently Asked Questions

Q: Can I use my **MoxyPatch™** when I have my period?

A: YES! The **MoxyPatch™** device can be worn during menstruation. As the **MoxyPatch™** is placed above the vagina (and not inside the vaginal opening) menstrual products such as tampons, pads and menstrual cups can be worn at the same time as the **MoxyPatch™** device.

Q: How long can I wear my **MoxyPatch™** ?

A: The **MoxyPatch™** must be removed prior to urination. Healthy adults generally urinate between 6-7 times per day on average and the adhesive must be removed, discarded, and replaced prior to each use. Therefore, it is recommended that the **MoxyPatch™** device be worn for a duration of approximately 4 hours maximum each use.

The **MoxyPatch™** device should not be worn while bathing, swimming, intentionally urinating or during sexual intercourse. Always speak to your Physician or Health Care Provider if you have any concerns about if the **MoxyPatch™** may be suitable for you.

We take consumer feedback seriously and always strive to enhance our products so that they provide the best value and experience for our consumers. We would love to hear from you!

If you have any questions, concerns or would like to submit feedback on the **MoxyPatch™**, Please e-mail us directly at info@MoxyPatch.com

For additional tips on the **MoxyPatch™**, special savings, pelvic health education and much more, Please join our growing community on



@MoxyPatch or visit us at www.MoxyPatch.com



Made in the USA