

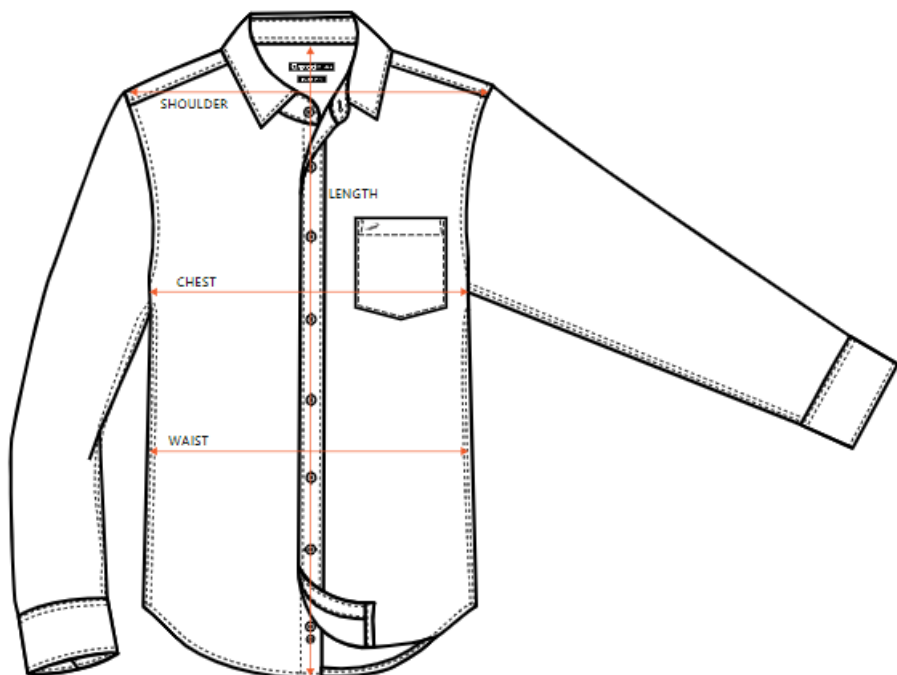
## SHIRT:

### **HOW TO MEASURE:**

**CHEST:** Take the tape measure and wrap it around the widest part of your chest. Keep the tape measure straight and level at back and parallel to ground.

**SHOULDER:** Measure along the shoulder from left to right or vice versa. Keep the tape measure straight and level at back and parallel to ground.

**WAIST:** Measure around your waistline which is the narrowest part of your waist. At the height of your belly button. Stand naturally to get a correct measurement.



**LENGTH:** Measure from the center back to the bottom hem.

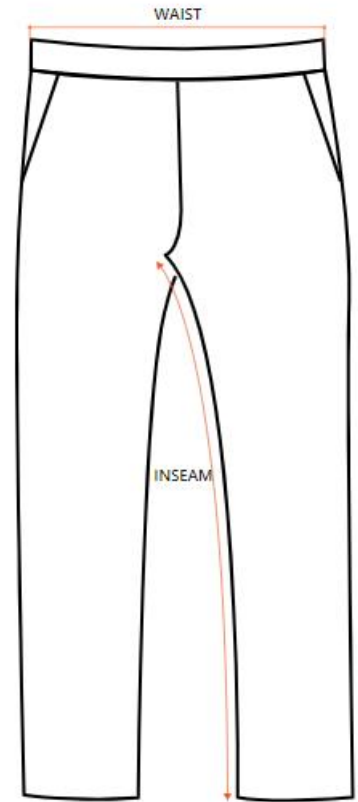
SIZE	BRANDED SIZE	CHEST	SHOULDER	WAIST	LENGTH
S	39	40	17	19	29.5
M	40	42	17.5	20	30
L	42	43	18	20.5	31.5
XL	44	44	18.5	21	32
XXL	46	46	19	22	32.5

## TROUSER:

### **HOW TO MEASURE:**

**WAIST:** Measure around your natural waistline, which is the narrowest part of your waist. Measure approx. 6cm under your belly button.

**INSEAM:** Measure from the crotch seam to the bottom of the leg.



SIZE	BRANDED SIZE	WAIST	INSEAM
XS	28	20	19
S	30	21	20
M	32	21.5	20.5
L	34	22.5	21
XL	36	23	22
XXL	38	23	22
3XL	40	23	22

## **POLO T- SHIRT:**

### **HOW TO MEASURE:**

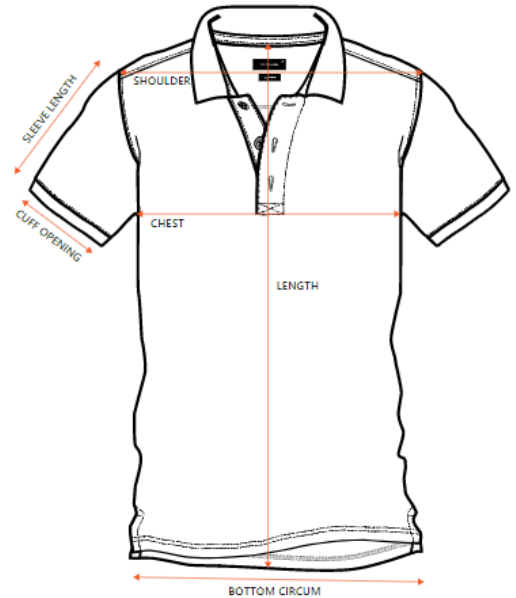
**SHOULDER:** Measure the shoulder at the back, from edge to edge with arms relaxed on both sides.

**CHEST:** Measure around the body under the arms at the fullest part of the chest with your arms relaxed on both sides.

**SLEEVE:** Measure from the shoulder seam through the outer arm to the cuff/hem.

**NECK:** Measured horizontally across the neck length- Measure from the highest point of the shoulder seam to the bottom hem of the garment.

**LENGTH:** Measure from the center back to the bottom hem.



SIZE	BRANDED SIZE	CHEST	SHOULDER	LENGTH
S	S	38	16	26.5
M	M	40	17	27
L	L	42	18	27.5
XL	XL	44	19	28.5
XXL	XXL	46	20	29

## **CREW NECK:**

### **HOW TO MEASURE:**

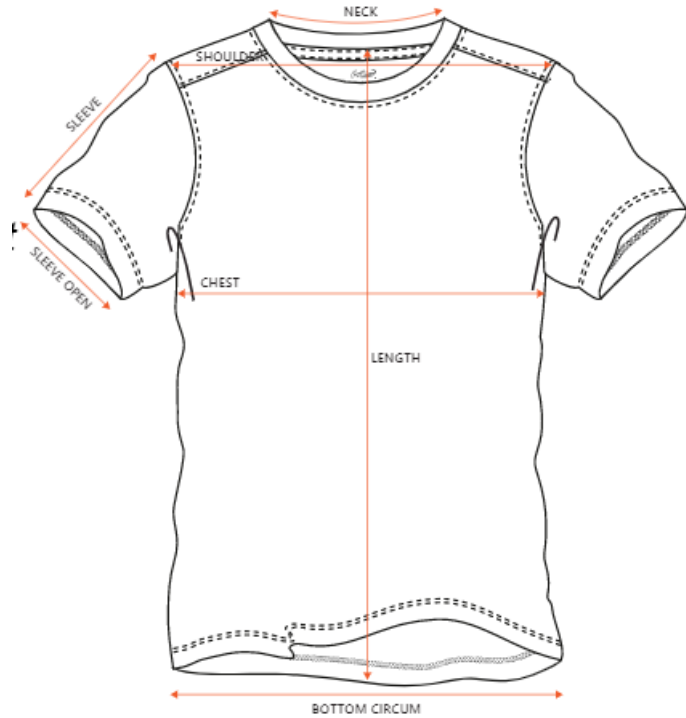
**SHOULDER:** Measure the shoulder at the back, from edge to edge with arms relaxed on both sides.

**CHEST:** Measure around the body under the arms at the fullest part of the chest with your arms relaxed on both sides.

**SLEEVE:** Measure from the shoulder seam through the outer arm to the cuff/hem.

**NECK:** Measured horizontally across the neck length- Measure from the highest point of the shoulder seam to the bottom hem of the garment.

**LENGTH:** Measure from the center back to the bottom hem.



SIZE	BRANDED SIZE	CHEST	SHOULDER	LENGTH
S	S	38	16	26.5
M	M	40	17	27
L	L	42	18	27.5
XL	XL	44	19	28.5
XXL	XXL	46	20	29