PRODUCT SIZING				Ref No. 7257-XXX			
Measure circumference of chest including affected arm							
Size		Ref No.	Max	Max			
Hybrid Shoulder Compression	n System	7257-XXX	56"	142cm			
Bundle Options	Pack Size	Packs		XXX			
Wrap Only	-	0		000			
First Ice® System (Wrap, Packs, & Tote-Bag)	6" x 12"	4		102			
First Gel® System (Wrap, Packs, & Tote-Bag)	6" x 12"	4		202			

Note: All options are available in single and 6-pack case quantites, wraps only in 24 packs

FIRST ICE® & FIRST GEL® (PACK ONLY)							
Integrated Hot or Cold Therapy							
Product Name	Pack Size	Storage	Packs	Ref No.			
First Ice® Direct Stick™ Cold Therapy Packs	6" x 12" –	Zip-Lock	2	130-0612			
		Direct Freeze Package (DFP)	4	144-0612			
First Gel [®] Direct Stick [™] Hot / Cold Therapy Packs	6" x 12"	Zip-Lock	4	230-0612			

Note: DFP decreases pack freeze time and facilitates freezer storage

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R&ID# *286694*

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HYBRID SHOULDER THERAPY SYSTEM

INDICATIONS:

Patient Population: Adults and Children with identified indications

- · Post-Operative pain and inflammation
- Post-Injury pain and inflammation
- · Rehabiliation pain and inflammation
- Acute shoulder injuries (rotator cuff injuries, muscle strains, spasms)
- Chronic shoulder conditions (arthritis, adhesive capsulitis, bursitis and tendonitis, shoulder impingement syndrome)

WARNING: This product is intended for single-patient use at the direction of a medical professional and does not prevent or reduce the risk of injury. Do Not Over Tighten. If you experience a sudden increase in pain, numbness, or unusual activity with this device, discontinue use immediately and consult your healthcare provider.

CAUTION: Review all instructions included with Hot or Cold Therapy, First Ice® or First Gel® before use. Hot or Cold Therapy is intended for external use only.

CARE: Hand-wash using a mild detergent. Rinse thoroughly. Air Dry only. Do not tumble dry.



1.



2.









7.



Wrap is setup for the right shoulder by manufacturer

- 1. Place Direct Stick™ pack(s) on desired wrap area with the black barrier facing the skin
- 2. Apply wrap on affected shoulder with contoured end towards neck
- 3. Wrap the humerus strap to desired compression and secure to wrap
- 4. Apply quick-release strap and tighten using sewn hook
- 5. Readjust humerus strap for desired compression

Optional Adjustments

- 6. Remove butterfly hook and trim strap(s) for a tailored fit
- 7. To alternate between left and right shoulder flip wrap inside-out and reverse hook and quick-release buckle so the button is facing out

Note: This shoulder system is intended to be applied over any post-operative dressing when present.