

Problem		Date		Level of Problem				
				None	Slight	Some	Frequent	Constant
Joint Comfort	now	(date:)					
Morning Stiffness								
Mobility Issues								
Joint Comfort	2 weeks later	(date:)					
Morning Stiffness								
Mobility Issues								
Joint Comfort	4 weeks later	(date:)					
Morning Stiffness								
Mobility Issues								
Joint Comfort	6 weeks later	(date:)					
Morning Stiffness								
Mobility Issues								