



PRODUCT LIST - FOR CBE CUSTOMERS

<i>AVALS*500g</i>		<i>RICE BOILED WHITE*500gm</i>	
Aval/Poha - Barnyard Millet	171	Thanga Samba Parboiled	67
Aval/Poha - Kodo Millet	171	Kichadi Samba Rice (Semi-polished, Parboiled)	67
Aval/Poha - Finger Millet/Ragi	171	Thuya Malli Rice (Semi-polished, Parboiled)	67
Aval/Poha - Foxtail Millet	171	Ambasamudram Idli Rice	62
Aval/Poha - Little Millet	171	Ponni Rice (Semi-polished, Parboiled)	67
Aval/Poha - White Thin Rice	81		
Aval/Poha - Red Thick Rice	86	<i>RICE BOILED RED*500gm</i>	
Aval/Poha - Red Thin Rice	87	Thondi Rice (Parboiled)	74
Aval/Poha - White Thick Rice	81	Uma (Kerala Red Rice) (Parboiled)	74
Aval/Poha - Mappilai Samba Rice	90	Kerala Matta Rice (Semi-polished, Parboiled)	78
Aval/Poha - Jyoti Red Rice	96	Jyothi (Kerala Red Rice) (Parboiled)	74
Puffed Rice/Pops - White rice	145	Kuruva Rice Parboiled	74
		Mappilai Samba Rice (Semi-polished, Parboiled)	74
		Thuyamalli Unpolished Parboiled	74
<i>DRY FRUITS*100gm</i>		Kichadi Samba Rice (Unpolished, Parboiled)	74
Dry Grapes	80	Mappilai Samba Red Rice (Unpolished, Parboiled)	74
Apricot	172	Black Rice/ Karuppu Kavuni (Parboiled)	123
Dried Fig	223	Karunguruvai Rice (Unpolished, Parboiled)	74
<i>FLOURS*500gm</i>		<i>RICE RAW Red/Black/brown*500gm</i>	
Fragrant Brown Rice Puttu Flour	133	Uma (Kerala Red Rice) Raw	74
Fragrant Brown Rice Appam Flour	133	Valiya Chennelu Rice (Raw)	98
Gram Flour	116	Mappilai Samba Red Rice (Unpolished, Raw)	79
Whole Wheat Flour	57	Siddhasanna Rice (One Touch Polish, Raw)	65
Black Rice flour	130	Thuyamalli Rice (Unpolished, Raw)	74
Mappilai Samba Rice Flour	95	Kichadi Samba Rice (Unpolished, Raw)	74
Chandausi Wheat flour	79		
Paigambari Whole Wheat Flour	96	Sonamasuri Rice (Polished, Raw)	71
Emmer Wheat Flour	95	Sona Masuri Brown Rice (Unpolished, Raw)	71
Pisi Wheat Flour	79	Black Rice/Karuppukavuni (Raw)	123
Bansi Wheat Flour	79	Kerala Chamba Rice Raw	78
Barley Flour	95	Navara Medicinal Rice (Raw)	112

Thuyamalli White Rice Flour	89	Lajini Super Rice (Raw)	80
Kalibal Wheat Flour	79	Rakthashali Red Rice (Raw)	149
Purple Wheat Flour	89	Rajamudi Rice (Unpolished, Raw)	65
Honey*250ml		FRAGRANT RICE RAW*500gm	
Honey (Ginger)	310	Tulaipanji Fragrant Rice (Parboiled)	125
Honey (Saffron)	310	Basa Bhog - Fragrant rice	134
Honey (Rock Bee)	200	Thulaipanji Fragrant Rice Raw	145
Honey (Pepper)	310	Thuya Malli Rice (Raw)	67
Honey (Sweet)	275	Indrayini	74
SWEET, SALT & SOUR*500gm		Mullankazhama	120
Khandsari Sugar	95	Gandhasaale Fragrant Rice (Raw)	80
Himalayan Rock salt	60	Ambe Mohar	85
Palm Sugar	359	Jasmine rice (Semi polished, Raw)	95
Raw Cane Sugar	85	Basmati Rice (Semipolished, Raw)	133
Kala Namak	123	Basmati Rice (Unpolished, Raw)	80
Kulfi Jaggery	102	Vasanai Jeeraga Samba Fragrant Rice (Raw)	103
Tamarind	201	Gobinda Bhog Fragrant Rice (Raw)	92
Jaggery (Round blocks)	106	Radha Tilak Fragrant Rice	95
Himalayan Rocksalt (Crystal)	60	Javaphul Fragrant Rice	85
WHEAT*500gm		Nimphul Fragrant raw rice	87
Whole Wheat	54	Lal Basmathi Raw rice	107
Paigambari Wheat	75	SPICES*250gm	
Sharbati Wheat	67	Red Chillies	194
Emmer Wheat	85	Red Chilli Powder	168
Pisi Wheat	67	Kashmiri Red Chillies	228
Bansi Wheat	67	Cumin	297
Kalibal Wheat	67	Mustard	297
Chandausi Wheat	67	Fenugreek	83
Black Wheat	73	Turmeric Powder	109
NUTS & SEEDS*100g		SPICES*100gm	
Organic Raw Halim Seeds	56	Pepper Powder	170
Amaranth Seeds	36	Black Pepper	156
White Sesame	54	Dry Ginger powder	62
Black Sesame	49	Kadukkai powder	78
Almond	172	Coriander Whole	48
Kashmir Mamra Badam	197	Moringa Powder	128
Flax Seeds	36	Rasam Powder	109
Chia Seeds(black)	84	Dhaal Powder	62
Chia seeds (white)	98	Sambar Powder	117
Cashewnut	161	Fennel Seeds	55
MILLET RAW*500gm		Clove	215
Little Millet (Raw)	107	Ajwain	55
Kodo Millet (Raw)	86	SNACKS	
		Murukku (Karuppu Kavuni),250g	212

Pearl Millet/Bajra	68	Mixture (Karuppu Kavuni), 200g	212
Proso Millet (Raw)	95	Kodo Millet Mixture 200g	180
Sorgum/Jowar	64		
Red Sorghum	72	ORGANIC PEANUT BUTTER*200g	
Browntop Millet	180	OrganicPeanut Butter Unsweeted	250
Finger Millet/Ragi Whole	60	Organic Peanut Butter Smooth	250
Quinoa	210	Organic Peanut Butter Chocolate	280
		Organic Peanut Butter Chilli Garlic	275
RAVA*500gm			
Barley Rava	125	NEW ARRIVALS	
Emmer Wheat Rava	111	Lemon Grass Dried, 100g	65
Broken Wheat/Dalia	72	Garam Masala, 100g	190
Bansi Wheat Dalia	74	Organic Lemon Pickle, 150g	120
		Organic Dried Roselle Calyx, 100g	52
		Organic Roselle Powder, 100g	60
		Organic Cocoa Powder, 100g	81
		Liquid Jaggery, 250g	72
		Organic Wheat Pasta - 500g	134
		Dried Kokum Rhinds, 100g	52
		Yellai vadam (Barnyard) 200g	125
		Yellai vadam (Ragi) 200g	125
		Yellai vadam (White) 200g	125
		Yellai Vadam Red Rice, 200g	125
		Yellai Vadam (Foxtail) 200g	125
		Kashmiri Saffron - 1g	495
		Kokum Nectar 200ml	180
VERMICELLI*500gm			
Emmer Wheat Vermicelli	127		
Wheat Vermicelli	188		
Ragi Vermicelli	188		
COLD PRESSED OILS*500ml			
Coconut Cold-pressed Oil	247		
Groundnut Cold-pressed Oil	213		
Mustard Cold-pressed Oil	232		
Safflower Cold-pressed Oil	257		
Sesame Cold-pressed Oil	310		
Sunflower Cold-pressed Oil	253		
PULSES*500gm			
Moath Beans	128		
Cow Pea (Red)	127		
Black Chana/Black Bengal Gram	108		
Masoor Whole with skin	112		
Horse Gram	93		
Roasted Bengal Gram	129		
Groundnuts	151		
Urad Whole With Skin	127		
Moong Dal with Skin	115		
Black Moong	108		
Cow Pea	121		
Dry Green Peas	144		
Urad dal with skin	127		
Moong Whole	123		
Bengal Gram	105		
Soyabean	124		
Urad Dal Without Skin	134		
Jammu Rajma	154		
Masoor Dal	121		
Rajma Chitra	174		
Rajma Red	168		

Masoor Malkha	116
Moong Dal Without Skin	120
Kabuli Chana	168
Toor Dal	142

*The prices are @ 15% discount on MRP and available exclusive for coimbatoreans only.
Availability & prices of fresh produces (fruits, vegetables, herbs etc..) are subject to variations.
For order enquires and assistance please reach out @ 9790516500*