

## B.T.U. DIM

300 mg, 120 Capsules

Diindolymethane (DIM) is a phytochemical that is found in plants in a form known as Indole-3-Carbinol or I-3-C. I-3-C occurs naturally in cruciferous vegetables such as kale, broccoli, Brussel sprouts, cabbage, cauliflower, and collard greens. DIM is a supplement that may help support normal metabolic pathways of hormones in both men and women. DIM helps support healthy estrogen metabolism and has been found to help the body regulate defective cells by supporting normal apoptosis. It has been shown to support a shift in estrogen metabolism towards decreased estrogenic metabolites, thus it may assist in reducing the risk of estrogen sensitivities.

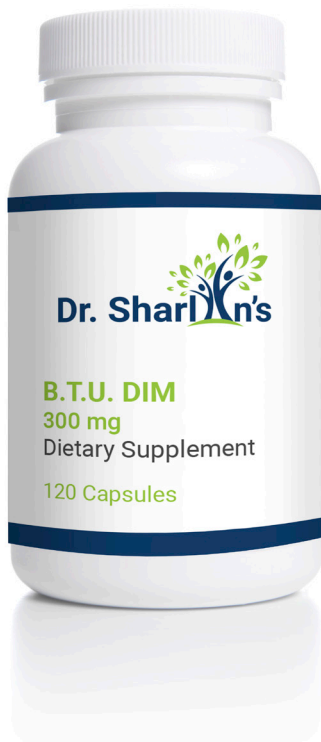
### Supplement Facts

Serving Size: 1 Vegetarian Capsule  
Servings Per Container: 120

Amount Per Serving	%Daily Value
DIM (diindolymethane)	300 mg *

\*Daily Value not established

Other Ingredients: Vegetarian Capsule (hypromellose).



These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.