



Neurishment Protein-Creamy Vanilla

Vegan protein blend of Pea, Flax and Hemp with added probiotic support.

Neurishment Protein-Creamy Vanilla is:

- Comprised of three rich protein sources
- Gluten & Soy Free
- A plant based alternative source of protein
- Vegetarian and easily digested by people of all ages*
- Features 1 billion CFU of a stable probiotic
- Easy to mix, which makes it great for smoothies
- Smooth in texture so that it does not leave behind mouth "grit"

Neurishment Protein-Creamy Vanilla is recommended for:

- Vegetarian diets or carb-restrictive meal plans (low fat and cholesterol diets)*
- People with sensitivities to soy, whey and/or animal proteins
- Weight, normal cholesterol and blood sugar support*
- Sports nutrition and body building because it delivers a steady supply of protein to the muscles*
- Additional support for muscle and tissue repair*
- Additional support for patients recovering from surgery*
- Elderly
- Bariatric patients
- Protein deficient patients

Neurishment Protein-Creamy Vanilla is comprised of a natural Pea Protein Isolate lending a high level of nourishment along with clinical functionality for a broad range of applications. The blend of Flax and Hemp lend to the high degree of bioavailability inherent to this formula. This great tasting protein powder is rounded out with a stable probiotic to aid in digestive support.*

Pea Protein on its own has demonstrated many benefits relating to metabolic hormones, glucose support, cardiovascular health and muscle tissue.* A 2015 study demonstrated that pea protein initiated ghrelin and insulin responses comparable to whey protein when studied for its effect on metabolism. Its ability to support glucose uptake was also demonstrated when pea protein was introduced during a study looking at food intake and appetite. While it had no significant impact on appetite or intake, the pea protein group exhibited lower blood glucose levels than the control (Food Nutr Res. 2015 Apr 13;59:25622-).*

Flax Seed harnesses the power to support antioxidant activity as well as healthy lipid balance, specifically LDL and triglycerides (Atherosclerosis. 2005 Apr;179(2):269-75).* Lignan, the primary polyphenol found in flax, has a direct impact on platelet activating factor, which results in healthy levels of free radical production. (Circulation. 1999 Mar 16;99(10):1355-62).*

Hemp is considered by many to be a 'perfect' protein source. It is similar to flax seed in that it contains fiber, minerals and free-radical fighting properties. In addition to having the potential to support cardiovascular health and glucose utilization, it also supports immune function.* Hemp contains the globular protein edestin, which helps drive antibody production, vital for an optimized immune system.*

The combination of these proteins, with their inherent capability to support numerous key systems in the body, along with a stable probiotic, which also can support various systems, makes this formula a stand out foundational product for the majority of any clinician's patient base.*

Supplement Facts
Serving Size: 27 g (Approx. 1 Scoop)
Amount Per Serving

Calories	110
Total Fat	3 g
Saturated Fat	0.5 g
Sodium	170 mg
Total Carbohydrates	1 g
Dietary Fiber	1 g
Protein	19 g
Calcium	18 mg
Iron	5.1 mg
Potassium	20 mg
Pea Protein Isolate	22.25 g
Hemp Protein Powder	500 mg
Flax Seed Powder	1500 mg
Bacillus coagulans	1 Billion CFU
Stevia Leaf Extract	175 mg

Other Ingredients: natural creamy vanilla flavor, guar gum, silica.

Typical amino acid profile per serving.***

Isoleucine	0.9 g
Leucine	1.6 g
Lysine	1.4 g
Phenylalanine	1.0 g
Threonine	0.7 g
Valine	1.0 g
Histidine	0.5 g
Alanine	0.8 g
Arginine	1.6 g
Aspartic Acid	2.2 g
Glutamic Acid	3.2 g
Glycine	0.8 g
Proline	0.8 g
Serine	1.0 g
Tyrosine	0.7 g

***Typical amino acid and protein values are an average representation of samples taken across the manufacturing process.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

Suggested Use: As a dietary supplement, mix one scoop (27 g) daily in 6-8 ounces of water, milk substitute or your favorite beverage, or use as directed by your healthcare practitioner. For best results, serve cold and use a shaker or blender.

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.