

# Casual Kitchen

Gourmet meals, frozen and delivered to your door

	Servings	
MAIN MEALS	1 to 2	2 to 4
<b>Take My Time Pulled Lamb Filo</b> - An agonising wait for this lamb shoulder that just falls apart once it's done. Slowly cooked in its own flavoursome, rich juices with pomegranate molasses, roasted veges and mint lemon quinoa.	\$ 13.90	\$ 22.50
<b>My Secret Saffron, Braised Chicken And Vege Pie With Truffle Oil Green Peas</b> - Cooked in it's own juices with a secret saffron veloute and a flaky pastry top.	N/A	\$ 22.50
<b>Hand-Me-Down Beef Lasagne</b> - This one is a classic. A secret recipe handed down to me by one of the esteemed Italian chefs who was prepared to take me on back in the 80's. And there is no need to change this one. Caramelised beef mince slowly cooked into a rich sauce with fresh egg lasagne sheets. Topped with a three cheese white sauce and basil oil.	N/A	\$ 22.50
<b>Sticky Japanese Chicken With Egg Fried Rice</b> - Who doesn't like an Asian inspired sticky chicken dish? This one is perfect for the whole whanau. With just the right amount of sauce to soak in to the fried rice, you may need to order more!!	\$ 12.90	\$ 19.50
<b>Punch Me Kung Pao Chicken</b> - Marinated free range chicken thigh in a spicy Kung Pao sauce with roasted sesame kumara and ginger steamed Jasmine rice.	\$ 12.90	\$ 19.50
<b>Casual Kitchen's Seafood Chowder Pie</b> - We're pretty casual here at Casual Kitchen but this Seafood Chowder Pie with potato rosti top is very serious!	\$ 13.90	\$ 23.50
<b>Ever So Slow Mexican Beef Rump</b> - Marinated beef rump in Mexican spices, cooked very very slowly in a rich Mexican beef stock with "keto-friendly" veges (mixed peppers, tomato, mushroom leek and spinach). Served on a bed of cauli-rice. Although totally keto, this one should be on everyone's menu.	\$ 13.90	\$ 22.50
<b>Espanola Shepherd's Pie</b> - Ragu of pickled red peppers, chorizo, mince beef, paprika, cheese, cauliflower. All topped with a crispy garlic and potato smash.	N/A	\$ 19.50



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**Tasty As Salmon And Potato Cake** - Marinated in a salsa verde, creamy parmesan orzo pasta, \$ 13.90 \$ 24.50  
confit of tomato and caper lemon butter sauce.

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**Keto Fettucine With Roasted Salmon And Garlic Prawns** - Super delicious and keto!! Everyone needs to try this!! Courgette fettucine \$ 13.90 \$ 23.50  
with roasted salmon, capers and a tomato eggplant ragu. Topped with panfried garlic prawns and a green garlic butter.

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**Moroccan Vegetarian Tagine** - This is a rich, saucy dish bursting with beautiful Moroccan herbs and spices. Everything just works together here \$ 12.90 \$ 19.50  
including the loads of rich tomato juices that soak into the nutty lemon couscous with dried apricots.

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## DESSERTS

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**Rolls Royce Rocky Road** - This is not your average Rocky Road. Chocka full of quality ingredients - 70% dark chocolate, milk chocolate, 200G \$ 12.00  
almonds, macadamias, turkish delight, biscotti, marshmallows! Minimum order of 200g.

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### Ways to order:

1. Online at [www.casualkitchen.co.nz](http://www.casualkitchen.co.nz)
2. Email [admin@casualkitchen.co.nz](mailto:admin@casualkitchen.co.nz)
3. Phone Jo on 021 299 0665

### Delivery:

We use the awesome people at Courier Post for our deliveries. They pick up from us every Wednesday (correct at the time of printing but we're expecting to be doing more deliveries in the near future!) and will deliver to your door on either Wednesday or Thursday. You can put any delivery instructions in with your order.

### Delivery charges:

Tauranga and surrounding areas: \$15.50  
North Island (not inc rural) \$15.50  
North Island rural delivery \$20.50



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