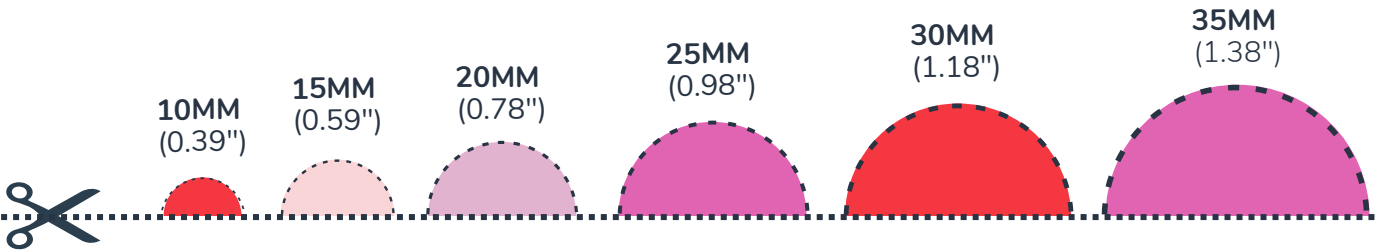
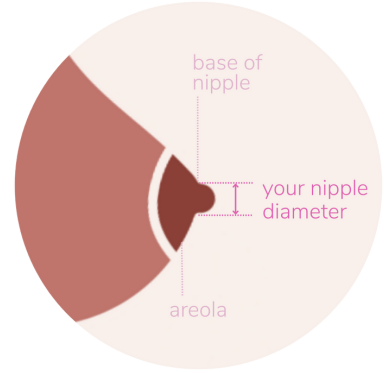


Nipple ruler

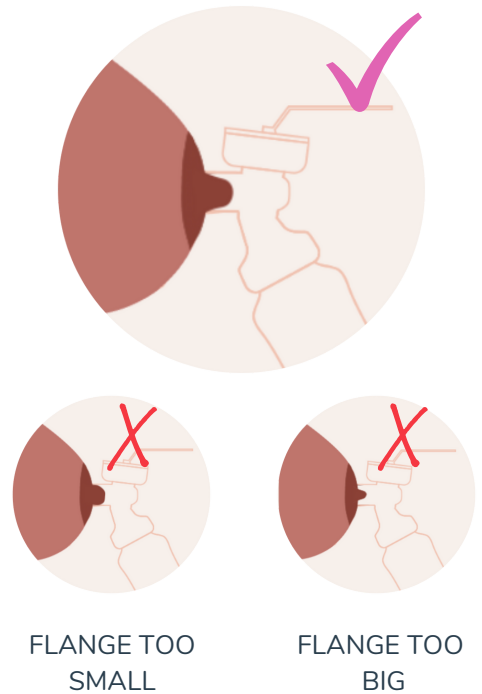
- 1** Cut
Cut along the dotted line and cut out each semi circle
- 2** Choose
Place your nipple against each circle, to find the snugest fit
- 3** Calculate
Add 1-2 mm and find the closest flange size for your pump
- 4** Check
When you receive your flange, run through the checklist below



Flange-fit checklist

Is your flange size right for you?

- My nipple moves freely in the tunnel
- My areola is not being sucked into the tunnel
- I am not in pain or discomfort
- I am getting a good seal and suction
- I am getting good milk flow



Scan for
more detail