SIZING GUIDE - RINGS

OPTION 1
MEASURE WITH THE VL. CEPHER RULER

OPTION 2
MEASURE BY MATCHING YOUR RING

6.5



7.5



8


8.5



9


9.5


## VL.CEPHER

SIZING GUIDE - RINGS

| USA | EUROPE | UK | JAPAN |
| :---: | :---: | :---: | :---: |
| 3 | 44 | F | 04 |
| 3.5 | 45.2 | G | 05.5 |
| 4 | 47 | H | 07 |
| 4.5 | 48 | 1 | 08 |
| 5 | 49.5 | J 1/2 | 09 |
| 5.5 | 50.5 | K 1/2 | 10 |
| 6 | 52 | L 1/2 | 12 |
| 6.5 | 53 | M 1/2 | 13 |
| 7 | 54.5 | N 1/2 | 14 |
| 7.5 | 56 | O $1 / 2$ | 15 |
| 8 | 57 | P 1/2 | 16 |
| 8.5 | 58 | Q $1 / 2$ | 17 |
| 9 | 59.5 | R 11/2 | 18 |
| 9.5 | 61 | S 112 | 19 |
| 10 | 62.5 | T 1 12 | 20 |
| 10.5 | 63.5 | U $1 / 2$ | 22 |
| 11 | 65 | V 1/2 | 23 |
| 11.5 | 66 | W 1/2 | 24 |
| 12 | 67.5 | X 1 1/2 | 25 |
| 12.5 | 69 | Z | 26 |
| 13 | 70 | Z1 | 27 |

NOTES:
Finger size can change depending on the time of day and weather; for the most accurate measurement, measure your finger at different times of the day and on different days to compare. Avoid measuring your fingers when they are cold or wet, as they will be at their smallest. If your measurement falls between two sizes we recommend choosing the larger size.

## VL.CEPHER

SIZING GUIDE - BRACELETS

MEASURE WITH THE VL. CEPHER RULER

The usual bracelet sizing rules differ slightly for the VL. Cepher bracelet due to its design. Once you have defined the circumference of your wrist with the VL. Cepher ruler, we recommend adding one centimeter for a true/tight fit and two centimeters for a loose fit. If your ideal fit falls between two sizes, we recommend choosing the larger size. Please note that the wrist sizer is an indicative guide only and therefore may not be an exact measure.

Before using the ruler to find your fit, make sure this guide is printed on A4 size paper and scaled to $100 \%$. To check the accuracy of your printout, position a credit card under the line below. The scale is correct if the credit card and line length match.

Place credit card below:
Pr|

## Cut out the ruler.

Cut a horizontal line below the VL. Cepher ruler. Wrap the ruler around the circumference of your wrist, below your wrist bone closer to your hand, with the numbered side visible. Slip the numbered end through the horizontal opening and pull until the ruler is flush against your skin. The number that lines up with the edge of the opening is your wrist size in centimeters.


## VL.CEPHER

SIZING GUIDE - BRACELETS

| WRIST <br> MEASUREMENTS (cm) | SIZE | TIGHT FIT <br> $(+1)$ | LOOSE FIT <br> $(+2)$ |
| :--- | :--- | :--- | :--- |
| 14 | XXS | 15 | 16 |
| 15 | XS | 16 | 17 |
| 16 | S | 17 | 18 |
| 17 | M | 18 | 19 |
| 18 | L | 19 | 20 |
| 19 | XL | 20 | 21 |
| 20 | XXL | 21 | 22 |

NOTES:
The usual bracelet sizing rules differ slightly for VL. Cepher bracelets due to their design. Once you have found your size in the size column of the Bracelet Sizing Chart, VL. Cepher recommends adding one centimeter for a tight fit and two centimeters for a loose fit. Please note that the VL. Cepher Wrist Sizer is an indicative guide only and therefore may not be an exact measure.

