

# MILO'S KITCHEN

MON - FRI 8-3 – sample menu

## Porridge slow cooked with oat milk 7

Choose 3 toppings below

chai poached pear (14) - honey - banana - cinnamon  
oatmeal crumble (7)(15) - blackberry compote (14)  
- hazelnut butter (10) - Greek yogurt (7) - dark chocolate  
hazelnut and almond nut crumb (10)(13)(16)

*\* Porridge available until 11am or until sold out*

## Granola blackberry compote, cinnamon oatmeal crumble, Greek yogurt 8.50

(7)(10)(12)(13)(14)(15) *vegan option available*

## Overnight Oats chai poached pear, roasted hazelnut butter & dark chocolate hazelnut and almond nut crumb 9

(2)(10)(13)(14)(15)(16)(17) *vegan*

## Milo's Toasted Banana Bread (2)(4)(7)(14) 6.5

served with our hazelnut butter (10) & honey

## Toasted Firehouse Sourdough (2) 5

served with TBB Jam (14) & butter (7)

or

peanut butter (11) & honey +1

## Eggs & Toast (2)(4) 8

choose from fried or scrambled +.50

add

bacon +4 / avocado mash +4 /  
black pud (15) +4 / TBB hot sauce (14) +2

## French Toast apple & cinnamon compote, fresh blackberries, cinnamon oat crumble, crushed pecans, brown butter crumb, lemon mousse & salted caramel on Milo's homemade brioche French toast 15

(2)(4)(7)(13)(14)(15)(18)

add bacon +4

## Avo Toast avocado mash, confit cherry tomato, soft free range fried egg, feta, toasted sesame seed & hazelnut crumb with TBB hot sauce & lime on toasted Firehouse sourdough 14.5

(2)(4)(7)(10)(12)(14) *vegan option available*

add an extra fried egg (4) +1.50 / check out our sides

## Brekkie Bap soft free range scrambled egg, cheddar cheese, caramelised onion, streaky bacon, Milo's spicy tomato chutney & rocket on a soft brioche bap 11

(2)(4)(7)(14) *veggie option available*

## Toasties available from 11am only

### Roast Chicken Toastie thyme roasted chicken, herb stuffing, roasted tomato, rocket & basil aioli on Firehouse granary 10

(2)(4)(7)(9)(12)(14)(15)

### The Full Veg Toastie slow roasted carrots, beetroot & red onion, lemon garlic hummus, rocket, dukkah & feta on Firehouse granary 10

(2)(4)(7)(9)(10)(12)(14)(15)(16) *vegan option available*

*add a pot of Milo's spicy tomato chutney to your  
toastie (14) +2*

## Sides

bacon +4 / avocado mash +4 /  
black pud (15) +4 / TBB hot sauce (14) +2  
/ Milo's spicy tomato chutney (14) +2

*please note sides can only accompany a dish*

Check out the counter for all our homemade  
sweet bakes & treats!

Please be aware an order to sit in or sit outside can only be made once you have a table.

All orders are taken at the till so once you know what you'd like, join the queue & we'll take care of you.

\* Please note gluten-free toast +60c and treats (made with gluten-free oats) are all homemade so have a chance of cross contamination.

Allergen index

(1) celery (2) gluten - wheat (3) crustaceans (4) eggs (5) fish (6) lupin (7) milk (8) molluscs (9) mustard (10) nuts - hazelnuts (11) nuts - peanuts (12) sesame seeds (13) soybeans (14) sulphites (15) gluten -  
oats (16) nuts - almonds (17) nuts - cashews (18) nuts - pecans

# MILO'S DRINKS

## COFFEE

### BLACK

alt milk: oat (15), coconut (13) +20c

**Americano / Espresso** 3.5

**Batch Filter** 3.9

Ask the team for what we have for you today!

### WHITE

alt milk: oat (15) +50c, coconut (13) +60c  
caramel / vanilla syrup +50c

**Flat White / Macchiato / Cortado** (7) 3.7

**Cappuccino / Latte** (7) 3.8

**Mocha** (2) (7) (13) (14) 4.5

**Hot Chocolate** (2) (7) (13) (14) 3.8

**TBB homemade Chai Latte** (7) 4

**Matcha Latte Koyu** (7) 4

**Kids Hot Chocolate** (2) (7) (13) (14) 3.3

**Babyccino** (2) (7) (13) (14) 1.5

**Espresso / Fafà Reis** – Brazil | Natural  
Root & Branch, Belfast

## ICED

**Iced Americano** 3.9

**Iced Latte** (7) 4.3

alt milk: oat (15) +50c, coconut (13) +60c  
caramel / vanilla syrup +50c

**Iced Chai / Matcha** (7) 4.5

## COLD DRINKS

**Fresh Orange Juice** 3.5

**Ginger Beer Bundaberg** 4.5

*non-alcoholic*

**San Pellegrino** 3.2

Blood Orange / Orange /  
Lemon & Mint / Lemon

**CanO Still or Sparkling Water** 330ml 2.8

## TEA

**Irish Breakfast** 3.4

**Herbal** 3.8

Chamomile (*decaf*) / Peppermint (*decaf*) / Earl Grey /  
Rooibos (*decaf*) / Green Tea with Papaya /

Tea is **Wall & Keogh**, Portobello

All our milk is organic and from **The Village Dairy Co.** Carlow

Shout-out to some of our amazing suppliers whose products go into everything we make, bake or brew at TBB, including - Firehouse Bakery, Co. Wicklow / Lilliput Stores, Dublin 7 / Clonakilty for their delicious black pud, Co. Cork / Belview Eggs, Co. Louth / Root & Branch Coffee, Belfast & many, many more. Thank you!

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