

SIZE CHART

APPAREL

CHOOSING THE RIGHT SIZE

Measurements refer to body size, not garment dimensions, and are in inches unless otherwise noted. When choosing sizes, height and weight are most important. We provide age as a rough guideline.

HOW TO MEASURE HEIGHT

Stand with feet slightly apart, without shoes, and back to the wall. Measure from the top of the head to the floor.

BETWEEN SIZES

In cases where your body measurements are in between two sizes, we recommend you choose the smaller size for a tighter fit and the larger size if you prefer a looser fit.

PANT FIT

If your body measurements for hip and waist result in two different suggested sizes, we recommend choosing the size that matches to your hip measurement.

TOP FIT

If your body measurements for chest and waist result in two different suggested sizes, we recommend to order the size that matches to your chest measurement.

MEN'S TOPS

CHEST

Measure around the fullest part of your chest, keeping the measuring tape horizontal.

WAIST

Measure around the natural waist (the narrowest part), holding the tape measure horizontally.

HIPS

Stand with your feet together and measure around the fullest part of the hips, holding the tape measure horizontally.



MEN'S BOTTOMS

WAIST

Measure around the natural waist (this is the narrowest part), holding the tape measure horizontally.

HIPS

Stand with your feet together and measure around the fullest part of the hip, holding the tape measure horizontally.

INSEAM

Measure from the top inside leg to the bottom of your leg, be aware measurements are based on regular inseam.



MEN'S SPORTSWEAR & TRAINING							
SIZE	S [30 - 32]	M [34 - 36]	L [38 - 40]	XL [42 - 44]	XXL [46 - 48]	XXXL [50 - 52]	XXXXL [54 - 56]
INSEAM	32"	32"	32.5"	32.5"	32.5"	32.5"	32.5"
CHEST	34.5 - 36"	36.5 - 39"	39.5 - 42.5"	43 - 46.5"	47 - 51"	51.5 - 56"	56.5 - 62"
WAIST	29.5 - 31.5"	32 - 34.5"	35 - 38"	38.5 - 42"	42.5 - 47"	47.5 - 52"	52.5 - 58"
HIP	34 - 36"	36.5 - 39"	39.5 - 42"	42.5 - 45.5"	46 - 49"	49.5 - 53"	53.5 - 61"

WOMEN'S TOPS

BUST

Measure around the fullest part of chest, holding the tape measure horizontally.

WAIST

Measure around the natural waist (the narrowest part), holding the tape measure horizontally.

HIPS

Stand with your feet together and measure around the fullest part of the hips, holding the tape measure horizontally.



WOMEN'S PANTS

WAIST

Measure around the natural waist (this is the narrowest part), holding the tape measure horizontally.

HIPS

Stand with your feet together and measure around the fullest part of the hip, holding the tape measure horizontally.

INSEAM

Measure from the top inside leg to the bottom of your leg, be aware measurements are based on regular inseam.



WOMEN'S SPORTSWEAR & TRAINING						
SIZE	XS [0 - 2]	S [4 - 6]	M [8 - 10]	L [12 - 14]	XL [16 - 18]	XXL [20 - 22]
INSEAM	31"	31"	31.5"	31.5"	31.5"	32"
BUST	30 - 32"	32.5 - 34.5"	35 - 37"	37.5 - 40"	40.5 - 43"	43.5 - 46.5"
WAIST	24 - 26"	26.5 - 28.5"	29 - 31"	31.5 - 33.5"	34 - 37"	37.5 - 41"
HIP	33.5 - 35.5"	36 - 38"	38.5 - 40.5"	41 - 43"	43.5 - 46"	46.5 - 49"

GIRL'S SPORTSWEAR & TRAINING						
SIZE	XXS [4-5]	XS [6-7]	S [8]	M [10-12]	L [14]	XL [16]
INSEAM	20.5 - 22"	23.5 - 24.5"	25.5 - 27"	28 - 29"	30 - 31"	32"
CHEST	24 - 24.5"	25 - 26.5"	28 - 29.5"	30.5 - 32.5"	33 - 34"	34.5 - 36"
WAIST	22 - 22.5"	23 - 24"	25 - 26"	27 - 28"	28.5 - 29"	29.5 - 31.5"
HIP	25 - 26"	27 - 28"	29.5 - 30.5"	31 - 32.5"	33 - 34"	34 - 36"
HEIGHT	44 - 48"	48.5 - 53"	53.5 - 57.5"	58 - 62"	62.5 - 67"	67.5 - 69.5"

MEN'S TOPS

CHEST

Measure around the fullest part of your chest, keeping the measuring tape horizontal.

WAIST

Measure around the natural waist (the narrowest part), holding the tape measure horizontally.

HIPS

Stand with your feet together and measure around the fullest part of the hips, holding the tape measure horizontally.



YOUTH BOTTOMS

WAIST

Measure around the natural waist (this is the narrowest part), holding the tape measure horizontally.

HIPS

Stand with your feet together and measure around the fullest part of the hip, holding the tape measure horizontally.

INSEAM

Measure from the top inside leg to the bottom of your leg, be aware measurements are based on regular inseam.



YOUTH SPORTSWEAR & TRAINING (BOYS AND GIRLS)						
SIZE	XXS [4-5]	XS [6-7]	S [8]	M [10-12]	L [14-16]	XL [18-20]
INSEAM	20.5 - 22"	23.5 - 24.5"	25.5 - 27"	28 - 29"	30 - 31"	32"
CHEST	24 - 24.5"	25 - 26.5"	28 - 29.5"	30.5 - 32.5"	33 - 34"	34.5 - 36"
WAIST	22 - 22.5"	23 - 24"	25 - 26"	27 - 28"	28.5 - 29"	29.5 - 31.5"
HIP	25 - 28"	27 - 28"	29.5 - 30.5"	31 - 32.5"	33 - 34"	34 - 36"
HEIGHT	44 - 48"	48.5 - 53"	53.5 - 57.5"	58 - 62"	62.5 - 67"	67.5 - 69.5"

SIZE CHART

FOOTWEAR

YOUTH SHOE SIZE CHART																		
US	11K	12K	12.5K	13K	13.5K	1	1.5	2	2.5	3	3.5	4	4.5	5	5.5	6	6.5	7
EURO	28	29.5	30	31	31.5	32	33	33.5	34	35	35.5	36	36.5	37.5	38	38.5	39	40
UK	10.5	11.5	12	12.5	13	13.5	1	1.5	2	2.5	3	3.5	4	4.5	5	5.5	6	6
JP	17	18	18.5	19	19.5	20	20.5	21	21.5	22	22.5	23	23.5	23.5	24	24	24.5	25

MEN'S SHOE SIZE CHART																			
US	6	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11	11.5	12	12.5	13	13.5	14	14.5	15
EURO	38.5	39	40	40.5	41	42	42.5	43	44	44.5	45	45.5	46	47	47.5	48	48.5	49	49.5
UK	5.5	6	6	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11	11.5	12	12.5	13	13.5	14
JP	24	24.5	25	25.5	26	26.5	27	27.5	28	28.5	29	29.5	30	30.5	31	31.5	32	32.5	33

WOMEN'S SHOE SIZE CHART																	
US	5	5.5	6	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11	11.5	12		
EURO	35.5	36	36.5	37.5	38	38.5	39	40	40.5	41	42	42.5	43	44	44.5		
UK	2.5	3	3.5	4	4.5	5	5.5	6	6.5	7	7.5	8	8.5	9	9.5		
JP	22	22.5	23	23.5	24	24.5	25	25.5	26	26.5	27	27.5	28	28.5	29		

SOCKS									
SOCK SIZE	XS	S	M	L		XL			
YOUTH SHOE SIZE	1 - 2.5	3 - 4.5	5 - 6.5						
MEN SHOE SIZE				7 - 8.5	9 - 13				
WOMEN SHOE SIZE		4.5 - 6	6.5 - 8	8.5 - 10					
EURO	31 - 33	34 - 36	37 - 39	40 - 42	43 - 47				
UK	13.5K - 2	2.5 - 4	4.5 - 6	6.5 - 8	8.5 - 12				

SLIDES									
US	2 - 3	4 - 5	6 - 7	8 - 9	10 - 11	12 - 13			
EURO	34 - 35	36 - 37	38 - 39	40 - 41	42 - 43	44 - 45			
UK	1 - 2	3 - 4	4 - 5	6 - 7	8 - 9	10 - 11			
INSOLE	232 MM	248 MM	264 MM	280 MM	298 MM	312 MM			

PLEASE NOTE, UNLESS OTHERWISE STATED MOST OF OUR FOOTWEAR IS UNISEX AND LABELED IN MEN'S SIZING. TO DETERMINE THE CORRECT US WOMEN'S SIZE, PLEASE JUST ADD 1.5 TO THE US MEN'S OR YOUTH SIZE OR REFER TO FOLLOWING CHART:

UNISEX SHOE CONVERSION CHART																								
MEN'S / YOUTH SHOE SIZE	US	3.5Y	4Y	4.5	5Y	5.5Y	6Y/6	6.5Y/6.5	7Y/7	7.5	8	8.5	9	9.5	10	10.5	11	11.5	12	12.5	13	13.5	14	14.5
	EURO	35.5	36	36.5	37.5	38	38.5	39	40	40.5	41	42	42.5	43	44	44.5	45	45.5	46	47	47.5	48	48.5	49
	UK	3	3.5	4	4.5	5	5.5	6	6	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11	11.5	12	12.5	13	13.5
	JP	22.5	23	23.5	23.5	24	24	24.5	25	25.5	26	26.5	27	27.5	28	28.5	29	29.5	30	30.5	31	31.5	32	32.5
WOMEN'S SHOE SIZE	US	5	5.5	6	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11	11.5	12								
	EURO	35.5	36	36.5	37.5	38	38.5	39	40	40.5	41	42	42.5	43	44	44.5								
	UK	2.5	3	3.5	4	4.5	5	5.5	6	6.5	7	7.5	8	8.5	9	9.5								
	JP	22	22.5	23	23.5	24	24.5	25	25.5	26	26.5	27	27.5	28	28.5	29								