

NAPPY INSERT ABSORBENCY GUIDE

INSERT TYPE	SPEED OF ABSORBENCY	CAPACITY RATING
Microfibre		
Bamboo Charcoal		
Bamboo Cotton		
Bamboo		
Hemp		

QUICK TIPS

- Inserts can take anywhere between 6-10 washes to reach their full absorbency
- When combining insert types to meet your bubba bear's individual absorbency needs - layer inserts from fastest absorbing on top to slowest on the bottom layer
- When using microfibre inserts - always place them inside the nappy pocket to avoid skin irritation



Mumma Bear



www.mummabear.com.au



@mummabear_au



MummabearAus