

THE Bathhouse

STAY.SIP.SOAK.



SOAK SESSIONS

2-HOUR SOAK \$89 | ALL-DAY SOAK \$150

What's Included?

A locker will be provided for you with a towel and pool slides. Robes are included when booking in a treatment. Please read the back page of the brochure to learn more about your stay!

- SAUNA
- STEAM ROOM
- HEATED MAGNESIUM PLUNGE POOL
- 3 HYDROTHERAPY SPAS



What to expect

During your Soak Session, a locker will be provided for you with a towel and pool slides. Robes are included when booking in a treatment. If you're just soaking, robe hire is available upon request.



STAY HYDRATED



Did someone say cocktails?

Order food and beverages during your soak session. That's right, you'll have your cheeky cocktail delivered straight to you.



Soak up the health benefits

Detoxify both your mind and body in the Sauna and Steam room, ease muscle tension in the Hydrotherapy Spas and soothe your skin in the Magnesium Plunge Pool. All soak facilities aid in boosting the immune system, reducing stress levels and fulfilling all your self care needs!

TREATMENTS

UPGRADE YOUR SOAK WITH TREATMENTS

Freshly Squeezed Spa Facial

Drift away to a realm of ultimate holiday bliss as we pamper your skin, complete with a professional-grade exfoliation, to unveil its natural radiance. Complete with a hand, arm, neck, shoulder, and décolletage massage this facial will leave you feeling fresh and replenished.

	ON ITS OWN	+ WITH A 2 HOUR SOAK	+ ALL DAY SOAK
45 MIN	\$165	\$241	\$299
75 MIN	\$210	\$284	\$342

Exfoliate the Bad Vibes Away Microdermabrasion

Elevate your complexion with a gentle exfoliating treatment, created to sweep away dead skin cells and reveal a fresh, healthy glow. This treatment works on brightening, refining skin texture and smoothing uneven skin tones. Enjoy our signature hand, arm, neck and décolletage massage.

	ON ITS OWN	+ WITH A 2 HOUR SOAK	+ ALL DAY SOAK
45 MIN	\$170	\$246	\$304
75 MIN	\$225	\$298	\$356

Repairing Led Facial

Using Dr Spiller products and innovative LED Light Therapy, address a range of skin concerns, from acne to fine lines, rosacea, pigmentation, and scarring. Throughout your facial, enjoy a gentle hand, arm, neck, shoulder, and décolletage massage to help you completely relax into a state of rest and repair.

	ON ITS OWN	+ WITH A 2 HOUR SOAK	+ ALL DAY SOAK
45 MIN	\$225	\$298	\$356

Dr Spiller Facial

A nourishing facial for clients concerned with ageing, fine lines and wrinkles, using all Dr Spiller products. Includes a hand, arm and Décolletage massage, professional strength Enzyme exfoliation and collagen Fleece Mask!

	ON ITS OWN	+ WITH A 2 HOUR SOAK	+ ALL DAY SOAK
60 MIN	\$199	\$274	\$332

The Palms Aromatherapy Massage

Combining aromatic oils with a full body massage, you'll feel the weight of the world melt away as this experience unfolds. Your revitalising journey is complete with a refreshing facial cleanse, ensuring you feel complete relaxation from head to toe.

** Please note that we do not specialise in or offer remedial.*

	ON ITS OWN	+ WITH A 2 HOUR SOAK	+ ALL DAY SOAK
50 MIN	\$165	\$241	\$299

SELF CARE



Heat Wave Hot Stone Massage

Imagine a feeling of complete relaxation as warm stones glide across your body, soothing your muscles and mind. Ease aches and pains, release tension, and improve circulation during this immersive massage experience.

* Please note that we do not specialise in or offer remedial.

	ON ITS OWN	+ WITH A 2 HOUR SOAK	+ ALL DAY SOAK
50 MIN	\$170	\$246	\$304

POPULAR

Vichy Shower Exfoliation

Your journey begins with a full-body exfoliation using our house-crafted pineapple scrub, to reveal radiant, glowing skin. Then, enjoy the luxurious feel of our coconut-infused Australian Clay body mask that pampers and revitalises.

Complete with four rainwater shower heads cascading onto you during a soothing 15-minute body massage.

	ON ITS OWN	+ WITH A 2 HOUR SOAK	+ ALL DAY SOAK
60 MIN	\$210	\$284	\$342

Float Therapy

Let all your tension, stress and discomfort wash away as you immerse yourself in our serene float room. Picture yourself weightlessly floating in a knee-deep pool infused with 450kgs of pure Magnesium Salt. This is your gateway to profound relaxation, all that's left for you to do is let go, float and relax.

	ON ITS OWN	+ WITH A 2 HOUR SOAK	+ ALL DAY SOAK
Individual 60 MIN	\$89	\$169	\$227
Couple 60 MIN	\$99	\$263	\$389

PACKAGES

Do Not Disturb

\$811 | ALL DAY SOAK SESSION, 60MIN FLOAT THERAPY, 60MIN VICHY SHOWER, 80MIN HOT STONE MASSAGE, 75MIN SPA FACIAL

Reset Button

\$769 | ALL DAY SOAK SESSION, 60MIN VICHY SHOWER, 80MIN HOT STONE MASSAGE, 45MIN SPA FACIAL

Sorry, I'm Busy

\$427 | ALL DAY SOAK SESSION, 60MIN FLOAT THERAPY, 75MIN SPA FACIAL

Holiday Mode On

\$441 | 2 HOUR SOAK SESSION, 60MIN VICHY SHOWER, 45MIN SPA FACIAL

Freshen Up

\$398 | 2 HOUR SOAK SESSION, 50MIN AROMA MASSAGE, 45MIN SPA FACIAL

Mini Vacay

\$370 | 1 HOUR SOAK SESSION, 50MIN AROMA MASSAGE, 45MIN SPA FACIAL

Cali Calm

\$297 | 1 HOUR SOAK SESSION, 60MIN FLOAT SESSION, 50MIN AROMA MASSAGE

Cheeky Break

\$199 | 2 HOUR SOAK SESSION, 30MIN AROMA MASSAGE OR SPA FACIAL

Soak & Float

\$141 | 1 HOUR SOAK SESSION, 60MIN FLOAT THERAPY
Upgrade to an all day soak for ONLY \$80 when you book this package, we know you want to!

COUPLES PACKAGES

Love in Paradise

\$1283 PER COUPLE | ALL DAY SOAK SESSION, 60MIN VICHY SHOWER
80MIN HOT STONE MASSAGE, 30MIN SPA FACIAL

Refresh & Recharge

\$605 PER COUPLE | 1 HOUR SOAK SESSION, 60MIN FLOAT THERAPY,
60MIN VICHY SHOWER

Couples Soak & Float

\$206 PER COUPLE | 1 HOUR SOAK SESSION, 60MIN FLOAT THERAPY

Upgrade to an all day soak for ONLY \$99 when you book this package,
we know you want to.

PREGNANCY

Baby Mumma

\$454

1 HOUR SOAK SESSION, 60MIN
FLOAT THERAPY, 50MIN PREGNANCY
MASSAGE, 45MIN PREGNANCY FACIAL



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GROUP PACKAGES

Let's Splash

\$139 PER PERSON | 3 HOUR SOAK SESSION, GRAZING BOARD (MIN 5 PEOPLE)

Yeah The Girls

\$188 PER PERSON | 2 HOUR SOAK SESSION, 30MIN MASSAGE OR FACIAL (MIN 5 PEOPLE)

Splash All Day

\$180 PER PERSON | ALL DAY SOAK SESSION, GRAZING BOARD (MIN 5 PEOPLE)

Shake it Baby

\$243 PER PERSON | ALL DAY SOAK SESSION, 30MIN MASSAGE OR 30MIN FACIAL OR 60MIN FLOAT THERAPY (MIN 5 PEOPLE)

California Girls

\$324 PER PERSON | ALL DAY SOAK SESSION, (30MIN MASSAGE + 45MIN FACIAL) OR 75MIN FACIAL OR 60MIN VICHY SHOWER (MIN 5 PEOPLE)

Sunday Float Session

\$215 PER PERSON | ALL DAY SOAK SESSION & 60MIN FLOAT THERAPY SESSION (MIN 5 PEOPLE)

PRIVATE SPACE

INCLUDES PRIVATE CALI SUITE

Mini Dip

\$119 PER PERSON | 2 HOUR SOAK SESSION, CALI SUITE ACCESS, PRIVATE MINI FRIDGE WITH BOTTLED WATER AND SNACKS (MIN 5 PEOPLE)

Max Relax

\$210 PER PERSON | ALL DAY SOAK SESSION, CALI SUITE ACCESS, PRIVATE MINI FRIDGE WITH BOTTLED WATER AND SNACKS, GRAZING BOARD (MIN 5 PEOPLE)



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What to expect

A locker will be provided for you on the day to place your personal belongings in. You will also receive a towel and pool slides to wear during your stay. All you will need to bring is your bathers and a spare change of clothes!

* Extra robe or towel hire \$5 each * Missing locker key replacement \$20

Bathhouse Etiquette

CONSULTATION FORM

48 hours prior to your appointment, you will receive a text message with a link to a consultation form. Please fill this in before arriving.

CANCELLATION POLICY

Your appointment is reserved and dedicated just for you. If you do wish to cancel or reschedule, please do so before 48 hours otherwise your 50% booking fee will be non refundable. Group bookings greater than 5 people have a cancellation policy of 7 days. If a group booking is cancelled within 7 days, 100% full payment will be taken and no refund will be provided.

Arriving late to your appointment will also limit your treatment time.

ADDITIONAL INFORMATION

If your package includes an all day soak, your treatments will be booked accordingly throughout your stay. If you did need to leave The Bathhouse at a certain time, please advise us at the time of your booking and not on arrival.

We have a menu of light refreshments and beverages that you can order during your soak session.

If it does rain during your stay, no sweat, all of our facilities apart from our plunge pool are undercover. And besides, you'll be getting wet in the water anyway right?

SPECIAL CONSIDERATIONS

For your safety and comfort, please inform your therapist of any health conditions you may have, so we can customise your treatment accordingly. If you suffer from allergies, physical ailments or are pregnant, some treatments may not be suitable. We suggest consulting your doctor before booking.

* Pricing subject to change without notice.

Please refer to our website www.thebathhouse.com.au for current pricing.

A close-up photograph of a person's legs in a swimming pool. The water is clear blue, and the person's skin is wet. The pool's edge is visible on the right. An orange triangle is in the top-left corner.

YOUR NEXT EVENT
DESTINATION

THE
Bathhouse

THEBATHHOUSE.COM.AU

02 4655 2113

139 Camden Road, Douglas Park NSW 2569

