Vegan Za'arctic (Gluten Free)

Nutrition Facts	
1 serving per conserving size (354g)	ontainer
Calories per serving	400

Amount/serving %	6 Daily Value*	Amount/serving %	Daily Value*
Total Fat 14g	18%	Total Carbohydrate 56g	20%
Saturated Fat 1.5g	8%	Dietary Fiber 22g	79%
Trans Fat 0g		Total Sugars 10g	
Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
Sodium 680mg	30 %	Protein 15g	
Vitamin D 0mcg 0% • Calcium	n 230mg 20%	• Iron 7.6mg 40% • Potassium	1060mg 25%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: BLACK BEANS, CAULIFLOWER, CARROTS, GLUTEN FREE TORTILLA (WATER, SWEET POTATO FLOUR, MIXED WHOLEGRAIN FLOURS (SORGHUM FLOUR, BROWN RICE FLOUR, MILLET FLOUR, BROWN TEFF FLOUR, QUINOA FLOUR, AMARANTH FLOUR, BUCKWHEAT FLOUR), POTATO FLOUR, CORN STARCH, TAPIOCA STARCH, CELLULOSE, INULIN, XANTHAN GUM, PEA PROTEIN, CULTURED DEXTROSE, GUAR GUM, MONO & DIGLYCERIDES, SALT, PSYLLIUM HUSK, SUNFLOWER OIL, CANOLA OIL, SOURDOUGH (FERMENTED FROM QUINOA, CORN AND RICE FLOUR), CELLULOSE GUM, CARROT POWDER, CITRIC ACID, YEAST, MALIC ACID, TOMATO POWDER, TARTARIC ACID, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE, ASCORBIC ACID, GLUCONO DELTA LACTONE, SORBIC ACID), ONION, OIL BLEND (CANOLA OIL, OLIVE OIL), GARLIC, THYME, SESAME SEEDS, SUMAC, KOSHER SALT, CUMIN, CORIANDER, OREGANO, CLOVES, CINNAMON

CONTAINS: SESAME SEEDS

MADE IN A FACILITY THAT MAY PROCESS COMMON ALLERGENS

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