

Vegan Za'arctic

Nutrition Facts 1 serving per container Serving size (354g) Calories per serving 460	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
	Total Fat 16g	21 %	Total Carbohydrate 64g	23 %
	Saturated Fat 3.5g	18 %	Dietary Fiber 17g	61 %
	<i>Trans</i> Fat 0g		Total Sugars 6g	
	Cholesterol 0mg	0 %	Includes 0g Added Sugars	0 %
Sodium 710mg	31 %	Protein 16g		
Vitamin D 0mcg 0% • Calcium 230mg 20% • Iron 7.8mg 45% • Potassium 1020mg 20%				

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: BLACK BEANS, CAULIFLOWER, CARROTS, FLOUR TORTILLA (ENRICHED UNBLEACHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, AND FOLIC ACID], WATER, VEGETABLE SHORTENING (PALM AND/OR CORN OIL), SALT, ALUMINUM-FREE LEAVENING [SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORNSTARCH, MONOCALCIUM PHOSPHATE], WHEAT PROTEIN, PRESERVATIVES [CALCIUM PROPIONATE, SORBIC ACID], DOUGH CONDITIONER [FUMARIC ACID, GUM BLEND, MONO AND DIGLYCERIDES, SODIUM METABISULPHITE]), ONION, OIL BLEND (CANOLA OIL, OLIVE OIL), GARLIC, THYME, SESAME SEEDS, SUMAC, KOSHER SALT, CUMIN, CORIANDER, OREGANO, CLOVES, CINNAMON

CONTAINS: WHEAT, SESAME SEEDS

MADE IN A FACILITY THAT MAY PROCESS COMMON ALLERGENS

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