Jamaican Me Shiver Jerk

Nutrition Facts	Amount/serving	% Daily Value*	Amount/serving % Da	ily Value*
	Total Fat 28g	36%	Total Carbohydrate 60g	22%
	Saturated Fat 5g	25%	Dietary Fiber 16g	57%
1 serving per container	Trans Fat 0g		Total Sugars 6g	
Serving size (380g)	Cholesterol 150mg	50%	Includes 1g Added Sugars	2%
Calories per serving 600	Sodium 2060mg	90%	Protein 42g	
	Vitamin D 0.2mcg 0% • Calcium 180mg 15% • Iron 8.3mg 45% Potassium 470mg 10%			

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet, 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CHICKEN THIGHS, RICE, COLLARDS, BLACK EYED PEAS, JERK SEASONING (SCALLION, HOT PEPPERS, SALT, GROUND PIMENTO, ONION, BLACK PEPPER, NUTMEG, BROWN SUGAR, CITRIC ACID, THYME LEAVES), CHIPOTLES IN ADOBO SAUCE (CHIPOTLE PEPPER, TOMATO, WATER, ONION, SOYBEAN OIL, SUGAR, SALT, VINEGAR, GARLIC, PAPRIKA, AND SPICES). OIL BLEND (CANOLA OIL, OLIVE OIL), ONION, LIME JUICE, COCONUT MILK, TOMATOES (TOMATOES, TOMATO JUICE, <2% OF: SALT, CITRIC ACID, CALCIUM CHLORIDE), GARLIC, CINNAMON, NUTMEG, SALT, GINGER, ALLSPICE

CONTAINS: SOY

MADE IN A FACILITY THAT MAY PROCESS COMMON ALLERGENS

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