

Budgerito (Gluten Free)

Nutrition Facts

1 serving per container
Serving size (266g)
Calories per serving 410

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 13g	17%	Total Carbohydrate 53g	19%
Saturated Fat 6g	30%	Dietary Fiber 11g	39%
<i>Trans</i> Fat 0g		Total Sugars 4g	
Cholesterol 30mg	10%	Includes 0g Added Sugars	0%
Sodium 740mg	32%	Protein 16g	
Vitamin D 0mcg 0% • Calcium 350mg 25% • Iron 3.7mg 20% • Potassium 320mg 6%			

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: RICE, CHEDDAR JACK CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, AND ENZYMES), GLUTEN FREE TORTILLA (WATER, SWEET POTATO FLOUR, MIXED WHOLEGRAIN FLOURS (SORGHUM FLOUR, BROWN RICE FLOUR, MILLET FLOUR, BROWN TEFF FLOUR, QUINOA FLOUR, AMARANTH FLOUR, BUCKWHEAT FLOUR), POTATO FLOUR, CORN STARCH, TAPIOCA STARCH, CELLULOSE, INULIN, XANTHAN GUM, PEA PROTEIN, CULTURED DEXTROSE, GUAR GUM, MONO & DIGLYCERIDES, SALT, PSYLLIUM HUSK, SUNFLOWER OIL, CANOLA OIL, SOURDOUGH (FERMENTED FROM QUINOA, CORN AND RICE FLOUR), CELLULOSE GUM, CARROT POWDER, CITRIC ACID, YEAST, MALIC ACID, TOMATO POWDER, TARTARIC ACID, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE, ASCORBIC ACID, GLUCONO DELTA LACTONE, SORBIC ACID), BLACK BEANS, SPINACH, LIME JUICE, CHILI POWDER, ADOBO SEASONING (SALT, GARLIC, TRICALCIUM PHOSPHATE, BLACK PEPPER, OREGANO, TURMERIC)

CONTAINS: MILK

MADE IN A FACILITY THAT MAY PROCESS COMMON ALLERGENS

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