

Brrreakfast - Veggie

Nutrition Facts

1 serving per container

Serving size
(217g)

Calories
per serving **450**

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 19g	24%	Total Carbohydrate 49g	18%
Saturated Fat 7g	35%	Dietary Fiber 10g	36%
<i>Trans</i> Fat 0g		Total Sugars 1g	
Cholesterol 275mg	92%	Includes 0g Added Sugars	0%
Sodium 810mg	35%	Protein 24g	
Vitamin D 1.5mcg 8% • Calcium 220mg 15% • Iron 6.6mg 35% Potassium 1070mg 25%			

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: SCRAMBLED EGG, BLACK BEANS, FLOUR TORTILLA (ENRICHED UNBLEACHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, AND FOLIC ACID], WATER, VEGETABLE SHORTENING (PALM AND/OR CORN OIL), SALT, ALUMINUM-FREE LEAVENING [SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORNSTARCH, MONOCALCIUM PHOSPHATE], WHEAT PROTEIN, PRESERVATIVES [CALCIUM PROPIONATE, SORBIC ACID], DOUGH CONDITIONER [FUMARIC ACID, GUM BLEND, MONO AND DIGLYCERIDES, SODIUM METABISULPHITE]), MONTEREY JACK CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, POTATO STARCH, POWDERED CELLULOSE), AVOCADO (AVOCADO, L-CYSTEINE HYDROCHLORIDE, CALCIUM CHLORIDE), POBLANO PEPPERS, TOMATILLOS, YELLOW ONION, CILANTRO, GARLIC, SALT, POTATO STARCH, OIL BLEND (CANOLA OIL, OLIVE OIL), LIME JUICE

CONTAINS: MILK, EGG, WHEAT

MADE IN A FACILITY THAT MAY PROCESS COMMON ALLERGENS

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