

How to Sew a Face Mask

What you will need:

- (2) 8" x 6" piece of tightly woven cotton fabric (or 6.5" x 5" for a child) Pre-wash and shrink if possible.
- (4) 1.5" x 14" long strips of fabric

Prepare ties

- 1) Fold each fabric strip in half along the length, so that you have a piece .75" x 14". Press.
- 2) Open the strip and fold each raw edge in so that they meet along the center fold. Press.
- 3) Fold in half along center line again so that you have a strip about 3/8" wide with no raw edges exposed.
- 4) Tuck in ends so no raw edges are exposed.
- 5) Topstitch along open edge and ends.
- 6) Repeat for remaining strips.

Sew Mask

- 1) Lay fabric rectangles on top of each other with right sides together.
- 2) Insert fabric ties along short sides of the rectangles, with the loose ends INSIDE the rectangles.
- 3) Sew around rectangle, leaving an opening in the bottom for turning right side out. (Fig. 1)
Use 1/4" seam allowance.
- 4) Turn right side out. Make sure you caught the ties in the side seams.
- 5) Make 3 pleats on each side, all going in the same direction. Finished height should be approx. 4.5"
- 6) Press. Topstitch around entire rectangle, closing the opening in the bottom as you sew. Backstitch over ties on the sides. (Fig. 2)

Wear. Donate. Give.

Figure 1

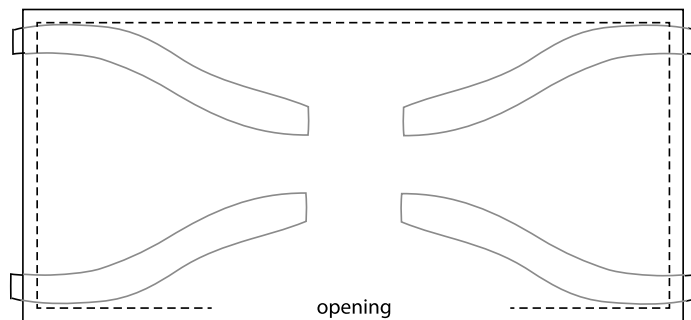


Figure 2

