MATERIAL SAFETY DATA SHEET

Required under USDL Safety and Health Regulations for Ship Repairing, and Ship Breaking (29 CFR 1915, 1916, 1917)

SECTION I

MANUFACTURER'S NAME: Natural Thoughts Inc.dba Biotone	EMERGENCY TELEPHONE: 1-800-445-6457	
ADDRESS: 4757 Old Cliffs Rd. San Diego CA, 92120 1-800-44	5-6457 (8:00am-4:30pm PT Monday-Friday)	
CHEMICAL NAME & SYNONYMS: N/A	TRADE NAME & SYNONYM:	
FORMULA: BIOTONE Aromatherapy Sleep Well Essential Oil Blend		

SECTION II: HAZARDOUS INGREDIENTS

This product is a "mixture" for which no health hazard data exist. The hazard communication standard requires that such mixtures be assumed to present the same health hazards as do components that constitute at least 1% of the mixture (0.1% for carcinogens) although OSHA has noted that the hazards of individual components may be altered by including them in a mixture.

SECTION III: PHYSICAL DATA

BOILING POINT (F): N/A	SPECIFIC GRAVITY: .8688
VAPOR DENSITY (AIR-1): N/A	EVAPORATION RATE (BUTYL ACETATE=1): N/A
SOLUBILITY IN WATER: Insoluble	

SECTION IV: FIRE AND EXPLOSION HAZARD DATA

FLASH POINT: 138F	DOT CLASSIFICATION: Combustible. Eliminate all ignition sources.		
EXTINGUISHING MEDIA: Use foam, dry chemical, carbon dioxide			

SECTION V: HEALTH HAZARD DATA

EFFECTS OF OVEREXPOSURE: Prolonged contact with skin may cause mild irritation; may also be an eye irritant. Prolonged inhalation of vapors may be irritating to throat and lungs. Do not ingest.

EMERGENCY AND FIRST AID PROCEDURE: Eye contact: irrigate with water for at least 15 minutes; obtain medical advice if irritation persists. Skin contact: Remove contaminated clothes. Wash affected area with soap and water; seek medical advice is irritation persists. Inhalation: Remove to fresh air. If breathing is difficult, give oxygen And get medical attention. Ingestion: Rinse mouth with water. Give water or milk and contact a physician.

SECTION VI: HAZARDOUS COMBUSTIBLE OR DECOMPOSITION PRODUCT

Decomposition of this compound under fire conditions may produce carbon monoxide or other toxic gases.

SECTION VII: SPILL OR LEAK PROCEDURES

STEPS TO BE TAKEN IN MATERIAL IS RELEASED OR SPILLED CASE: Eliminate all ignition sources. Ventilate area. Contain spill. Absorb remainder on vermiculite or other suitable absorbent material.

WASTE DISPOSAL METHOD: Place material and absorbent into sealed containers and dispose of in accordance with current applicable laws and regulations.

SECTION VIII: SPECIAL PROTECTION INFORMATION

Respiratory: Odor mask or organic vapor respirator should be worn if vapors are found too annoying/irritating. Eyes: Use chemical splash goggles or face shield. Skin: Use oil/solvent resistant gloves.

SECTION IX: SPECIAL PRECAUTIONS

PRECAUTIONS TO BE TAKEN IN HANDLING AND STORING: Store in sealed containers in cool dry place away from sources of ignition, heat, or direct sunlight. Follow good industrial and hygienic practices.

The information contained in this material safety data sheet was obtained from current and reliable sources. This data is supplied without warranty, expressed or implied, regarding its correctness or accuracy. It is the user's responsibility to determine safe conditions for use of this product and to assume liability for loss, injury, damage, or expense resulting from improper use of this product.

* Safety Note: All vegetable and cooking oils are combustible; use caution when laundering fabric that has been soiled with these oils.

Date Printed: 8/4/2005