

All about the bedroom – inspiration, shopping, tech...





## And breathe...

Green creates a calming mood when used as the main colour in a bedroom. To create a cocooning effect, decorate the walls, ceiling and woodwork in the same hue. A shaped headboard in a luscious velvet will further enhance this effect.

GET THE LOOK Cupid bed, from £8,443; interior design, both Casa Botelho. Similar paint colour, Steam Engine flat matt, £21.50 for 2.5L, Crown