

# Sustainable Living for Everyone

Mandala Organics is committed to making sustainable living accessible to all. Everyone has the right to live a healthy, fulfilling life, and we are passionate about providing the products and education needed to make that happen. Our wide range of high-quality, affordable organic products are made with pure, natural ingredients for people who want to:

- · Improve their health,
- · Reduce their environmental impact, or
- · Simply live a more natural lifestyle.

Education is the key to change; we provide custom-made learning resources needed to make informed decisions to lead a sustainable, healthy life.



# Why Choose Mandala Organics?

High-quality organic products.

Affordable prices so everyone can live a healthy, sustainable lifestyle.

Wide product range so, whether you are looking for food, personal care products, or household cleaners, we have something for you.

Educational resources: Come to us if you want to make informed decisions about health and your environment but, don't know where to start.



# **Our Range of Products**

# Life

## Chai and Garam Masala

Our Chai and Garam Masalas are made according to our traditional home recipe.

Chai Masala with your cuppa may help boost immunity (cinnamon and cloves), reduce inflammation (dry ginger powder) and aid digestion (cardamom and clove). Chill with a cup of masala tea!

Our Garam Masala is a blend of spices, slow roasted and finely ground resulting in a unique flavor and fragrance.

Garam Masala has many benefits including aiding digestion (cumin and black pepper), regulating blood pressure (cardamom and coriander seeds), reducing inflammation, and enhancing nutrition absorption (black pepper).





#### **Dips and Sauces**

Our dips and sauces are made with fresh, organic ingredients and are free of artificial flavours, colours, and preservatives. Made organically and locally, our sauces add an authentic flavour to homemade meals; they are vegetarian and contain no added sugar or preservatives.



## **Honey and Honey Spreads**

Our pure, raw, natural honey rich in texture and flavours, is collected directly from the plantations in the mountains of Tehri Garhwal, India; it contains no added sugars or preservatives, keeping vital enzymes, vitamins, and minerals intact.

Our exciting combination of raw honey, from the mountains of Tehri Garhwal, and lightly roasted pumpkin seeds make for a unique spread. Honey and pumpkin seeds are rich in antioxidants, natural minerals and protein. The spread is highly nutritious to power you through the day or great after your workout.





## Millets

Millets are rain fed crops grown in dry lands thus assuming greater importance for regenerative agriculture and food security. They serve as a reliable source for proteins, micronutrients, and phytochemicals.



## **Poushtik Millet Bars**

Our Millet bars are a delicious and nutritious snack that are made from a variety of millets, such as jowar, bajra, and ragi. These bars are a major source of protein, fibre, and vitamins, and they are also a reliable source of iron and calcium.

Millet bars are perfect for people of all ages. They are a terrific way to get your daily dose of nutrients, and they are also a great way to satisfy your sweet tooth. So next time you are looking for a healthy snack, reach for a millet bar!





## Spices

The Indian cuisine is known for its fragrant, versatile, and unique flavours. Shop our essential spices to add depth and boldness to each dish!



## **Dried Chikoo and Mango Slices**

Sourced from a farmer friend in the forests of Gir, India; these solar dehydrated fruits make for a wholesome snack between meals and provide much needed natural sugar to boost your energy.



## Herbal Teas – Chamomile and Lavender

Our Chamomile tea from the foothills of Kedarnath, India is a fantastic way to relax and unwind after a long day. It is also an excellent choice for people who are looking for a natural way to improve their sleep or reduce inflammation.

Our Lavender tea is from a small farmer in Kashmir, India who grows this along with other spices and beans. Lavender tea promotes calm, helps relieve stress and good for gut health.



# **Our Range of Products**

# Lifestyle

### Bamboo Toothbrush – Adult Kid; Tongue Cleaner

Our Oral Care range is made from Indian bamboo, an environmentally sustainable timber. The bamboo is heattreated to carbonize its surface, giving it a quality finish and a good service life. The carbonization finishing process provides water resistance and prevents the growth of microbes (bacteria and mold) during normal use.

## Natural Handmade Soaps and Shampoo Bars

Our handcrafted soaps made by artisans and experts with a vegan formula that hydrates and nourishes the skin without stripping the natural skin barrier; we use coconut oil as a base with fragrance from natural essential oils; no palm oil, no chemicals.





## Natural Skin Care

Our Orange Peel Powder contains anti-oxidants and has anti-bacterial properties; helps remove sun tan and brighten the skin; good exfoliator, helps control excess oil; hydrates and tones skin.

Our cold pressed, Wild Apricot Kernel Oil is naturally rich in Vitamins E and K. Apricot oil helps improve skin tone and maintain its softness as well as improve hair health.



#### Natural Hair Care

#### Neem Wood Combs and Neem Powder

Neem plays an important role in wellness and Ayurveda. It has been used for generations by Indians as a natural agent to control dandruff.

#### Hibiscus Powder

Rich in Amino Acids and Vitamin C, Hibiscus helps boost hair growth and strengthen the scalp.





#### Aritha Powder

Aritha, also commonly referred to as Reetha (Soapnut), works wonders at improving the texture and look of your hair. Packed with vitamins, it helps rid the scalp of dryness while also leaving it soft and shiny.

#### Amla Powder

Amla, also known as Indian Gooseberry, holds immense value in Ayurveda as it is packed with Vitamin B and Vitamin C complex contents. These properties make it so effective at combating dandruff and preventing hair loss.

#### Shikakai Powder

Due to its Kashya (astringent) properties, Shikakai is one of the most valuable Ayurvedic plants. Along with combatting hair fall, it works at removing the excess oil and dirt from the scalp. Shikakai is a chemical free, natural 'hair food' that hydrates and moisturizes.





## **Natural Laundry Care**

Our natural biodegradable laundry powder contains no harsh chemicals or plastic micro beads. It cleans your clothes (bucket or machine wash) effectively. It is gentle on the environment and your clothes, leaving them feeling fresh!

Our natural biodegradable laundry bar soap is made from pure oils of coconut and neem and scented with natural essential oils of lemongrass; no harmful chemicals! It lasts a long time, cleans effectively, is gentle on your clothes and the environment.



We believe that these products can help you move towards a more sustainable lifestyle. We are committed to providing our customers with the best possible products, and we are always looking for new ways to reduce our environmental impact.



# Contact Us Today

Interested in learning more about Mandala Organics or our products? Contact us today. We're happy to help.

We can make a difference. Sustainable living is the future, and we are committed to making it a reality. Together, we can create a healthier, more sustainable future for all.

#### Thank you for choosing Mandala Organics

#### Contact Us:

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