

## LIGHT LUNCHES

## Sandwiches and wraps

(Served with dressed house salad, coleslaw and your choice of white, granary, wrap or no gluten containing bread)

Ham and tomato £5.25 (484 Kcal Sandwich/788 Kcal Wrap)

Tuna mayo and cucumber £5.25 (424 Kcal Sandwich/740 Kcal Wrap)

Mozzarella/cheddar cheese and onion chutney £5.25 (724 Kcal/1380 Kcal Wrap)

HOT BAGUETTES (307 Kcal) /WRAPS (277 Kcal)

Served with melted cheese & mayo

Chicken & Bacon (415 Kcal) £6.15

Southern Fried Chicken goujons (384 Kcal) £5.99

#### SIDES

Chips(v)- £3.75( 490 kcal ) Fries(v) £3.75 (637 Kcal) Cheesy Chips (V) (653kcal) £3.99(All NGC)

Fresh Garden salad (Ve)- £3.15 (37 Kcal)

Garlic Ciabatta (v)£ -3.25 (365 Kcal) Cheesy Garlic Ciabatta (v) £- 3.95 (529 Kcal)

Full allergen information on the ingredients in the food we serve is available on request – please speak to a team member
(V) suitable for vegetarians
(Ve) suitable for Vegans
(N) Dish contains Nuts
(†) Fish poultry and shellfish dishes may contain bones and/or shell
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# **STARTERS/SHARERS**

#### Soup of the day £5.55

Served with your choices of brown(336kcal) or white bread (v,ve,) (364 kcal) (NGC option available)

Halloumi fries (v,) -£6.25 (NGC option available)

Served with spicy herbs garnish and sweet chilli dip (453kcal)

#### Nachos (v)- £6.50

Homemade nachos topped with nacho cheese, sour cream, salsa, guacamole and jalapenos.

(1349 Kcal) (serves 2)

#### Chicken & Cheese sharer £9.15

Melting Camembert, crispy chicken strips, garlic ciabatta and red onion chutney (1193 Kcal) (serves 2)

## MAINS

#### Mac"n"cheese £8.25

Served with fresh garden salad and garlic bread (818 Kcal)

#### Mushroom & Ale Pie, chips & peas & vegetarian gravy (ve)- £9.50 (1270 Kcal)

#### British Beef & Ruddles Ale Pie with peas & rich beef gravy £ 9.50

(1031 Kcal) Served with your choice of chips (490 Kcal) or mash (328 Kcal)

#### **Classic Beef Lasagne £9.25**

Served with fresh garden salad (533 Kcal) and your choice of garlic bread (183 kcal or chips (490 kcal)

#### Roasted Vegetarian Lasagne (Ve) £9.25

Served with fresh garden salad (360 Kcal) and your choice of garlic bread (183 kcal )or chips (490 kcal)

**Chicken Tikka Masala £9.25** (816 Kcal) served with basmati rice, popadom and mango chutney (NGC)

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TOURS | TASTINGS | SHOP

# **Hot Drinks**

Please see our Deserts Menu for full details or the Board

## Soft Drinks

Coca -Cola(139kcal)- £1.80 Diet Coke (1kcal)- £1.80 Lemonade(113 kcal)- £1.50 Water – Still (o kcal) – Sparkling (0 kcal)-£1.00 Fentimans Ginger Beer (107 kcal)- £2.00 Elderflower Bubbly (55 Kcal)2.80 Orange Juice (110 Kcal)£1.80 Fruit Shoots Orange(17kcal), Blackcurrant&Apple(11kcal)-£1.30 Appletiser (129 kcal)- £2.20 J20 – Apple & Mango(50 kcal)– Orange & Passion Fruit (52kcal)£2.20

# **BEERS ON TAP**

(selection may change ask a member of staff for details)

# CASK

Greene King IPA 3.6% abv £3.20 Abbot Ale 5.0% abv £3.80 Seasonal Ales (ask for details)

## KEG

Estrella Galicia 4.7% abv £3.80 Icebreaker 4.5% abv £3.80 Guest Keg Beers (ask for details)

# Bottled Beers Greene King

IPA £3.20 - IPA Reserve £3.50 - IPA Gold £3.50 - IPA Gluten Free £3.20

Abbot Ale £3.50 - Abbot Reserve £3.95

Ruddles County £3.20 - Ruddles Best £3.20

Yardbird £3.00 - East Coast IPA £3.80 - Icebreaker £3.00 XX Mild £3.00 Old Speckled Hen £3.50 - Old Golden Hen £3.50 Old Crafty Hen £3.60 Old Hoppy Hen £3.50 - Old Speckled Hen Low Alcohol £3.00 - Old Specked Hen Gluten Free £3.50

## **Belhaven**

80 Shilling - St Andrews - Robert Burns - BH Black £3.50 each Craft Pilsner £3.00 Scottish Ale - Scottish Oat Stout – Wee Heavy -Twisted Thistle £3.20 each

## Lager

Estrella Galicia £2.80 - Estrella 1906 £ 3.20 - Estrella Zero £2.00 Estrella GF £2.80

## Wines & Spirits Wine

## 125ml £3.50 175ml £4.50 250ml £5.60

(wine selection may change please ask a team member) Pinot Grigio -Sauvignon Blanc -Rose – Malbec – Merlot

## **S**pirits

25ml

Smirnoff £4.00 - Hendricks £4.00 - Gordons £3.00 Whisky £4.00 -Morgans Spiced £3.50 - Havanna £4.00 Malibu£3.00 Archers £3.00, Disaronno £4.00 Bicardi £3.50 Pimms & Lemonade £4.95

## 50ml

Smirnoff £7.00 - Hendricks £7.00 - Gordons £5.00 Whisky £7.00 Morgans Spiced £6.00 - Havanna £7.00 Malibu £5.00 Archers £7.00, Disaronno £7.00 Bicardi £6.00



# DESSERTS

## Chocolate Fudge Cake(v)- £ 5.25

Served with chocolate sauce (532 kcal) and vanilla ice cream (158 kcal)

## Apple & Berry Crumble (v,NGC)- £ 5.25

Served hot with custard (545 kcal)

Vegan option available - served with vegan ice cream (ve) (502 kcal)

#### Sticky toffee & bourbon pudding (v)- £5.25

Served with custard (559kcal)

**Cheesecake with Salted Caramel Sauce(v, NGC)**- £ 5.25.Served with vanilla ice cream ( 591 kcal)

## Hot Drinks

Expresso (2 kcal) £2.70 Macchiato (2 Kcal) Flat White (55 Kcal) Americano (2 Kcal) £2.80 Cappuccino (54 Kcal) Mocha (180 Kcal) Latte (66 Kcal) £3.10 Vanilla (24 Kcal), Caramel (24 Kcal), Hazelnut (31 Kcal) shot extra 40p Hot Chocolate (355 Kcal) £3.10 add 40p for Whipped Cream or mini marshmallows (450 Kcal) Tea (0 Kcal) – Breakfast, Earl Grey, Green, Peppermint, decaf £2.00 All served with a shortbread biscuit Hot Drink and Mini Dessert £4.10

All served with Mini Cheesecake & salted caramel sauce (296 kcal) Or Mini chocolate fudge cake with chocolate sauce (427 kcal)

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# CHILDRENS MENU



## **Sandwiches**

## £4.50

### Ham and tomato, Tuna and cucumber, Cheese

(242Kcal) (212Kcal) (312Kcal)

#### Served with house salad and coleslaw

### MAINS

#### £5.99

Two Sausages with rich beef gravy (250 kcal) served with mash (146 kcal) and peas (60 kcal) (Swap mash for chips 273 kcal). NGC option available

**Two Quorn sausages** (Ve) with vegan gravy (247 kcal) served with chips (273 kcal) and peas (60 kcal).

Tomato pasta (Ve)- Rigatoni pasta in a rich Napolitana sauce (223 kcal)- served with your choice of : jacket potato (93 kcal), chips (204 kcal) or garden salad (28 kcal)

### All Served with

Fruit shoot Blackcurrant & Apple (IIKcal) or Fruit Shoot Orange (I7 kcal)

## DESSERTS

Gooey chocolate brownie (v) £2.50- served with chocolate sauce and a scoop of vanilla ice cream (253 kcal)

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Breakfast

Until 12.00

## Full English Breakfast - £7.20

Pork Sausage, bacon, beans, hash browns, free range egg, mushrooms (652 Kcal) and your choice of toasted bread (brown 318 Kcal white 374 Kcal)

## **Breakfast Sandwiches**

(Your choice of bread toasted: white, granary or no gluten containing)

Bacon sandwich (NGC\*) - £ 5.15 (296 Kcal)

Sausage sandwich (NGC\*)- £ 5.15 (297 Kcal)

Fried free range eggs (v, NGC) - £ 4.75 (270 Kcal)

Breakfast sandwich (NGC\*)- £6.50 (Bacon, sausage and free range egg) (463 Kcal)

Breakfast wrap - £6.75 (Bacon, sausage, scrambled egg and hash brown) (776 Kcal)

## Small Appetite

**Scrambled eggs on toast (NGC\*, v) - £4.65-** free range scrambled eggs (437 kcal), on white (316kcal) or brown toast(261kcal)

Beans on toast (NGC ve)- £ 3.75- baked beans (309 kcal)on white (316 kcal) or brown (261kcal)

Bread and butter (v, NGC\*)- £ 2.55- 2 butter cogs ( 60 kcal), white (316kcal) or brown(261kcal)

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