

LIGHT LUNCHES

Sandwiches and wraps

(Served with dressed house salad, coleslaw and your choice of white, granary, wrap or no gluten containing bread)

Ham and tomato £4.95 (484 Kcal Sandwich/788 Kcal Wrap)

Tuna mayo and cucumber £4.95 (424 Kcal Sandwich/740 Kcal Wrap)

Mozzarella/cheddar cheese and onion chutney £4.95 (724 Kcal/1380 Kcal Wrap)

HOT BAGUETTES (307 Kcal) /WRAPS (277 Kcal)

Served with melted cheese & mayo

Chicken & Bacon (415 Kcal) £5.99

Southern Fried Chicken goujons (384 Kcal) £5.69

SIDES

Chips(v)- £3.50 (612 kcal) Fries(v) £3.50 (619 Kcal) Cheesy Chips (V) £3.89 (All NGC)

Fresh Garden salad (Ve)- £3.00 (37 Kcal)

Garlic Ciabatta (v)£ -3.00 (365 Kcal) Cheesy Garlic Ciabatta (v) £- 3.95 (529 Kcal)

Full allergen information on the ingredients in the food we serve is available on request - please speak to a team member

(V) suitable for vegetarians

(Ve) suitable for Vegans

(N) Dish contains Nuts

(†) Fish poultry and shellfish dishes may contain bones and/or shell

Our menu descriptions do not list all ingredients. Some dishes may contain alcohol which may not be listed on the menu

All our dishes are prepared in kitchens where nuts and gluten are present as well as other allergens; therefore we cannot guarantee that nay food item is completely free from traces of allergens, due to the risk of unexpected cross contamination.

All Calorie counts are based on standard portion sizes, and as dishes are made to order this may vary slightly. Reference daily intakes of an average adult are 8,400kj/2,000kcal.

To ensure our customers have choice temporary product substitutions may be required which can affect the calorie content listed for our dishes on the menu.

Adults need around 2000 kcal a day

STARTERS/SHARERS

Soup of the day £4.99

Served with half a baguette and butter (v,ve,) (361 kcal) (NGC option available)

Halloumi fries (v,) -£5.99 (NGC)

Served with dressed house salad (454 kcal) and Mississippi muddy mayo (180 kcal) or BBQ Sauce (54 Kcal)

Nachos (v)- £6.50

Homemade nachos topped with nacho cheese, sour cream, salsa, guacamole and jalapenos.

(1349 Kcal) (serves 2)

Chicken & Cheese sharer (V) £8.99

Melting Camembert, crispy chicken strips, garlic ciabatta and red onion chutney (1193 Kcal) (serves 2)

MAINS

Mac"n"cheese £7.99

Served with fresh garden salad and garlic bread (791 Kcal)

Mushroom & Ale Pie, chips & peas & vegetarian gravy (ve)- £8.99 (1270 Kcal)

British Beef & Ruddles Ale Pie with peas & rich beef gravy £ 8.99

(1031 Kcal) Served with your choice of chips (490 Kcal) or mash (328 Kcal)

Classic Beef Lasagne £8.99 or Roasted Vegetarian Lasagne (Ve) £8.99

Served with fresh garden salad (533 Kcal) and your choice of garlic bread (183 kcal or chips (490 kcal)

Chicken Tikka Masala £8.99 (816 Kcal) served with basmati rice, popadom and mango chutney (NGC)

Mexican pasta salad £6.99 (cold salad) (407 Kcal) Lightly spiced pasta salad mixed with salad leaves and topped with a spicy herb garnish. Add Roast Chicken breast £1.50(168 Kcal)

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CHILDRENS MENU



Sandwiches

£4.50

Ham and tomato, Tuna and cucumber, Cheese

(242Kcal)

(212Kcal)

(312Kcal)

Served with house salad and coleslaw

MAINS

£5.99

Two Sausages with rich beef gravy (250 kcal) served with mash (146 kcal) and peas (60 kcal) (Swap mash for chips 273 kcal). NGC option available

Two Quorn sausages (Ve) with vegan gravy (247 kcal) served with chips (273 kcal) and peas (60 kcal).

Tomato pasta (Ve)- Rigatoni pasta in a rich Neopolitana sauce (223 kcal)- served with your choice of: jacket potato (93 kcal), chips (204 kcal) or garden salad (28 kcal)

All Served with

Fruit Pot Peach Strawberry & Pear dessert (78 kcal) & A Fruit shoot (4Kcal)

DESSERTS

Gooey chocolate brownie (v) £2.50- served with chocolate sauce and a scoop of vanilla ice cream (253 kcal)

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DESSERTS

Chocolate Fudge Cake(v)- £ 4.99

Served with chocolate sauce (532 kcal) and vanilla ice cream (158 kcal)

Apple & Berry Crumble (v,NGC)- £ 4.99

Served hot with custard (545 kcal)

Vegan option available – served with vegan ice cream (ve) (502 kcal)

Sticky toffee &bourbon pudding (v)- £4.99

Served with custard (559kcal)

Cheesecake with Salted Caramel Sauce(v, NGC)- £ 4.99. Served with vanilla ice cream (591 kcal)

Hot Drinks

Expresso (2 kcal) £2.70

Macchiato (2 Kcal) Flat White (55 Kcal) Americano (2 Kcal) £2.80

Cappuccino (54 Kcal) Mocha (180 Kcal) Latte (66 Kcal) £3.10

Vanilla (24 Kcal), Caramel (24 Kcal), Hazelnut (31 Kcal) shot extra 40p

Hot Chocolate (355 Kcal) £3.10

add 40p for Whipped Cream or mini marshmallows (450 Kcal)

Tea (0 Kcal) – Breakfast, Earl Grey, Green, Peppermint, decaf £2.00

All served with a shortbread biscuit

Hot Drink and Mini Dessert £4.10

All served with

Mini Cheesecake & salted caramel sauce (296 kcal)

Or

Mini chocolate fudge cake with chocolate sauce (427 kcal)

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