Regional Barbecue Preferences of U.S.A.

**Northwest/Pacific**
- **Sauces:** KC copycat, tomato-based.
- **Meats:** Seafood and salmon

**Midwest**
- **Sauces:** Dry rub: barbecue, dry rub, beef brisket.
- **Meats:** Steaks, pork, ribs, poultry, ribs

**Southwest**
- **Sauces:** Sweet, spicy tomato-based with molasses and chili powder. Also tomato-vinegar and tomato-pepper sauces.
- **Meats:** Ribs, chicken, brisket, pulled pork and sausage

**Northeast**
- **Meats:** Chicken

**Southeast**
- **Meats:** Whole variety, many tomato-based and a number based are containing mustard.

**Sauces:**
- **Tomato, chili sauce and corn syrup**
- **Two causes:** Ketchup, apple cider, tabasco, and worcestershire; the other is made with vinegar, oil, seasonings and egg.
- **Meats:** Chicken

**Sauces:**
- **Tomato, chili sauce and corn syrup**
- **Meats:** Pork

**Sauces:**
- **Ketchup:** Red-colored and tomato-based.
- **Meats:** Pork

**Sauces:**
- **Midwestern:** Sweet and sour with spices and pepper.
- **Meats:** Lamb, game

**Sauces:**
- **Can contain onion, garlic, hot and mild chili, mustard, horseradish, vinegar and red wine vinegar.
- **Rubs:** Can contain caribe (chile powder)

**Meats:** Beef, pork, link sausage

**Sauces:**
- **Midwestern:** Spicy, sweet barbecue sauce with dijon mustard.
- **Meats:** Pork in East, beef brisket in West

**Sauces:**
- **Tartar sauce:** Ketchup, butter, lime (lemon) juice, vinegar, horseradish, dill, and dill pickles.
- **Meats:** Seafood

**Sauces:**
- **Western Kentucky:** Sauces are tomato-based and sweet or hot.
- **Meats:** Western Kentucky serves mutton, pork, beef. Eastern Kentucky serves rib, shredded pork and whole pig as pulled chicken.

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