

[STARTERS]

I AM KARMIC

HUMMUS PLATTER 17.5

chickpea hummus, walnut muhammara, cilantro coriander zhoug, kalamata olives, hazelnut dukkah, dill, grilled focaccia

SUB GLUTEN-FREE TOAST +4.25

SUB VEGETABLE CRUDITÉ +3.5

I AM DELECTABLE ^{GF}

SPICED CORN RIBS 16

salsa macha, ancho chile, peanuts, pecans, almonds, sesame, cilantro, crema ajo blanco, lime

I AM ECLECTIC ^{GF}

BUFFALO CAULIFLOWER 17.75

crispy cauliflower, buffalo sauce, ranch dressing, celery, scallions

I AM EXQUISITE ^{GF}

COCONUT CALAMARI 16.25

spicy cocktail sauce, gremolata

I AM SHARING ^{GF}

NACHOS 16.75

black beans, cashew nacho cheese, pico de gallo, avocado, spicy pepitas

ADD CHI FOODS CHORIZO 6.75

I AM THRIVING ^{GF}

SOUP OF THE DAY 10 / 14.5

ADD FOCACCIA CROSTINI +4.25

ADD GLUTEN-FREE TOAST +4.25

[PIZZAS]

I AM GIVING housemade marinara, almond burrata, and brazil nut parmesan with:

ASPARAGUS & ARTICHOKE basil hempseed pesto.....22

SAUSAGE & PEPPER CHI Foods chorizo, roasted red pepper, arugula.....22

MARGHERITA heirloom cherry tomatoes, basil hempseed pesto.....19.75

HAWAIIAN pineapple, blackened tempeh, coconut bacon.....20.75

[SANDWICHES & WRAPS]

SERVED WITH YOUR CHOICE OF SIDE:
HOUSECUT FRIES | GREEN SALAD
CHIPS & PICO | ROASTED YAMS (+4.25)

SUB GLUTEN-FREE BUN +4.25

YO SOY FUERTE

GRATITUDE CRUNCHWRAP 20.75

mushroom carnitas, guacamole, pico de gallo, romaine, cashew nacho cheese, corn tostada, whole wheat tortilla

I AM ENTHUSIASTIC

CHIK'N-FRIED MUSHROOM SANDWICH 20.75

tomato, pickles, romaine, buffalo sauce, ranch dressing, vegan brioche

[MAINS & BOWLS]

I AM INSPIRED ^{GF}

ASPARAGUS ARTICHOKE RISOTTO 19.75

basil hempseed pesto, parsley, mint, cashew ricotta, brazil nut parmesan, gremolata

EXTRA ARTICHOKE & ASPARAGUS +4.25

I AM WELCOMING

MEDITERRANEAN MEZZE SAMPLER 21

sesame falafels, chickpea hummus, walnut muhammara, cilantro coriander zhoug, kalamata olives, hazelnut dukkah, dill, grilled focaccia

SUB GLUTEN-FREE TOAST +4.25

SUB VEGETABLE CRUDITÉ +3.5

ADD 3 FALAFELS +6.00

I AM PHENOMENAL ^{GF}

SHIITAKE & SMOKED TOFU PHO 19.75

spiced miso broth, rice noodles, spinach, pickled carrots & red onions, cilantro, thai basil, mint, spicy fresno chile

ADD HOUSEMADE SRIRACHA +0.50

ADD EXTRA RICE NOODLES +4.25

[SALADS]

I AM RESOURCEFUL ^{GF}

SHAVED KALE & BUTTERNUT 18.75

radicchio, fennel, maple rosemary pecans, cashew mozzarella, balsamic dijon

I AM CLEANSED ^{GF}

PUMFU GREEK 19.5

pumpkin seed tofu, butter lettuce, hearts of palm, cherry tomatoes, kalamata olives, persian cucumbers, spiced chickpeas, herbed hempseeds, toasted maple seeds

IN PARTNERSHIP WITH @ELISSAGOODMAN

I AM DAZZLING

LITTLE GEM CAESAR 18.75

shiitake bacon, croutons, capers, brazil nut parmesan, dulse

ADD BLACKENED TEMPEH +6.25

ADD AVOCADO +4

I AM CONNECTED ^{GF}

TACO SALAD 17

walnut taco meat, quinoa, romaine, shredded cabbage, cherry tomatoes, radish, cilantro, roasted pepitas,

IN PARTNERSHIP WITH @ELISSAGOODMAN

I AM PURE ^{GF}

ASIAN SHAVED KALE 18.75

avocado, cucumber, carrots, nori, toasted tamari almonds, garlic tahini dressing

ADD KIMCHEE +4.25

CAFÉ GRATITUDE

[ALL DAY BRUNCH]

I AM VALUED

CHORIZO BREAKFAST BURRITO 17.75

CHI foods chorizo, house tofu scramble, potato, black beans, almond burrata, avocado, tomatillo salsa fresca, choice of side salad or smashed potatoes

I AM HOSPITABLE ^{GF}

CHIK'N AND WAFFLES 18.75

belgian oat waffle, 'chik'n-fried' oyster mushroom, cashew whipped cream, maple syrup, orange slices

I AM VIVID ^{GF}

AÇAI SUPERFOOD BOWL 17.75

superfood granola, cashews, coconut, banana, mixed berries, ginger syrup, and your choice of 2 additions:

INCAN BERRIES, ALMOND BUTTER, RAW HONEY, CACAO NIBS, HEMPSEEDS, GOJI BERRIES, COCONUT YOGURT

I AM HEARTY

HOUSEMADE TOFU SCRAMBLE 16.75

sautéed mushrooms and spinach, cherry tomato confit, smashed breakfast potatoes, toasted country levain, roasted strawberries

I AM RENEWED ^{GF}

ANTIOXIDANT BLUE BOWL 16.5

blue majik chia pudding, blueberries, coconut yogurt, superfood granola, ginger syrup, micro flowers

I AM FORTUNATE

SHIITAKE MUSHROOM TARTINE 17.25

sesame levain toast, tomato confit, almond burrata, brazil nut parmesan, mixed greens, pickled carrots

I AM PEACEFUL

SMASHED AVOCADO TOAST 16.25

radishes, lemon thyme vinaigrette, black sesame gomasio, microgreens, sesame levain toast

SUB GLUTEN-FREE TOAST +4.25

I AM BRIGHT ^{GF}

LEMON BLUEBERRY COFFEE CAKE 6.75

I AM SERENE ^{GF}

CINNAMON ROLL 6.75

I AM GENTLE ^{GF}

BANANA BREAD 6.75

I AM DEVOTED ^{GF}

INDONESIAN ROASTED VEGETABLE BOWL 20.5

butternut squash, beets, red bell pepper, zucchini, kale, edamame, peanut sauce, forbidden black rice, pickled carrots, sesame

I AM BLESSED

BUTTERNUT BOLOGNESE PASTA 19.75

blackened tempeh, broccolini, cashew mozzarella, garlic rosemary breadcrumbs, red chili flakes, gremolata

SUB QUINOA PASTA SHELLS +4.25

I AM WHOLE ^{GF}

MACROBIOTIC BOWL 21

stewed adzuki beans, braised yams, sautéed kale, sea palm, kimchee, garlic tahini, gomasio, tamari almonds, sprouts [w/ brown rice, quinoa, or a mix]

PLEASE NOTIFY US OF ANY FOOD ALLERGIES
FULL INGREDIENT LIST AT [LOVESR.COM/BOK](https://lovesr.com/bok)

[COCKTAILS]

- GRATITUDE FIERO SPRITZ** prosecco, martini & rossi fiero vermouth, soda, orange....**13**
- GINGER SPRITZ** prosecco, house ginger ale, soda, lemon.....**12**
- LIMONATA SPRITZ** white wine, housemade sparkling lemonade, mint.....**12**
- ROSÉ SPRITZ** lorenza rosé, lillet rosé, prosecco, soda, seasonal fruit.....**12**
- MIMOSA FRESCA** prosecco, freshly squeezed orange juice.....**12**
- SANGRIA** red wine, berries, citrus, beets, ginger, pineapple.....**12**

[WINE]

NATURALLY PRODUCED | 6oz POURS | CORKAGE \$25/750ML

SPARKLING WINE

DA MAR PROSECCO Glera | Veneto, Italy.....**13 / 48**

WHITE

- SANTIAGO VINHO VERDE** (effervescent) Loureiro/Trajadura | Portugal 2021....**15 / 56**
- HILD** Elbling | Mosel, Germany 2021.....**15 / 56**
- PRESQU'ILE** Chardonnay | Santa Maria, California 2020.....**16 / 60**

ORANGE

ROGUE VINE JAMÓN JAMÓN Moscatel | Itata, Chile 2021.....**14 / 52**

ROSÉ

LORENZA Mourvedre/Carignan/Grenache | Lodi, California 2021.....**15 / 56**

RED

- VIÑA MAITI A AUPA** (chilled) Pais/Carignan | Maule, Chile 2021.....**14 / 52**
- MONTE RIO CELLARS CO-FERMENT** Petit Verdot/Sauv Blanc | Lodi, CA 2021....**18 / 68**
- SOULEI L VIN DE BONTÉ** Syrah/Grenache/Mourvedre | France 2021.....**15 / 56**
- LUIS SEABRA XISTO ILIMITADO** Touriga Franca/Tinta Roriz | Portugal 2019.....**21 / 80**

[JUICES]

HOUSEMADE & COLD PRESSED | 16oz

- PLENTIFUL** 220 CAL cranberry, pomegranate, beet, red grape, carrot, ginger, apple **13.5**
- ENLIGHTENED** 161 CAL sugar snap pea, pineapple, green apple, pear, celery.....**13.5**
- VITAL** 187 CAL strawberry, apple, lemon, ginger, basil.....**13.5**
- REVIVED** 160 CAL watercress, romaine, pineapple, celery, ginger, lime.....**13.5**
- GENUINE** 25 CAL spinach, romaine, cucumber, lemon, mint.....**13.5**
- GIFTED** 138 CAL beet, pineapple, grapefruit, ginger, lemon.....**13.5**
- REFRESHED** 110 CAL housemade sparkling lemonade.....**8.5**
- EFFERVESCENT** 115 CAL housemade sparkling ginger ale.....**8.5**

[SMOOTHIES]

16oz

MATCHA +3.25 | ESPRESSO +3.5 | CACAO +3 | PLANT PROTEIN +4 | BLUE SPIRULINA +4
*COMES WITH SUPERFOOD GARNISH: shredded coconut, hempseeds, chia seeds

I AM GLOWING

484 CAL

GREEN COLLAGEN BOOST 13.5
banana, spinach, almond butter, vegan collagen protein, vanilla, cinnamon, maca

I AM MAGNIFICENT

364 CAL

BLACK SESAME DATE SHAKE 13.5
black sesame, almond, banana, dates, vanilla, cardamom, sea salt

I AM ILLUMINATED

275 CAL

VITAMIN-C POWER SMOOTHIE* 13.5
orange juice, goji berries, coconut, banana, pineapple, metabolic essential oil blend

I AM ENERGETIC

643 CAL

BLUE WAVE SMOOTHIE 13.5
pineapple, banana, blue spirulina, dates, vanilla, sea moss gel, coconut milk

I AM GRACE

730 CAL

COCONUT CREAM SMOOTHIE* 12.5
coconut, almond butter, dates, vanilla, cinnamon

I AM STELLAR

750 CAL

BLUE SPIRULINA SMOOTHIE 13.5
coconut, almond butter, dates, vanilla, adrenal blend [ashwaganda, cordyceps, goji berries, reishi], cinnamon

[COFFEE]

MILKS: HOUSEMADE ALMOND | OAT | HOUSEMADE HEMPSEED

- COURAGEOUS** freshly brewed coffee.....**4.5**
- AWAKE** espresso.....**4**
- CAREFREE** cappuccino.....**5.25**
- LIGHT** café latté.....**5.75**
- CURIOUS** macchiato.....**4.25**
- PRESENT** flat white.....**4.5**
- MARVELOUS** mocha with cacao and raw honey.....**6**

WHAT ARE YOU GRATEFUL FOR?

SCAN TO CHECK OUT THE CAFÉ GRATITUDE WEBSITE & FOLLOW @CAFEGRATITUDE



[BREWS]

ON DRAFT 8

- LUCKY LUKE** Blonde Ale
- SOCIETE** India Pale Ale
- JUNESHINE** Seasonal Hard Kombucha

CANNED 6.75

- CALIDAD** Mexican Lager
- THREE WEAVERS** Sour Ale
- LUCKY LUKE** Summit Session Pale Ale
- MOTHER EARTH** Cali Creamin' Ale
- JUNESHINE** Seasonal Hard Kombucha
- BOOCHCRAFT** Seasonal Hard Kombucha

[SHOTS]

2oz

I AM STIMULATED 61 CAL

INFLAMMATION & DIGESTION 6.5
passionfruit, jalapeño, pineapple, lime

I AM REPLENISHED 59 CAL

VITALITY POWERHOUSE 6.5
grapefruit, orange, ginger, turmeric juice, sea buckthorn juice

I AM INVINCIBLE 55 CAL

STRESS & PAIN RELIEF BLEND 6.5
blueberry, passionfruit, ashwagandha, pineapple, lemon, ginger

I AM BRAVE 50 CAL

ANTIVIRAL IMMUNITY BOOST 6.5
turmeric, ginger, lemon, cayenne, oregano essential oil

WELLNESS FLIGHT
CHOICE OF THREE.....18

[TONICS & TEAS]

MILKS: ALMOND | OAT | HEMPSEED

I AM COSMIC

ANTIOXIDANT SPIRULINA LATTÉ 7.25
hemp seed milk, blue spirulina, reishi, chaga, raw honey, served hot or iced

I AM VIBRANT

MATCHA LATTÉ 6.75
ceremonial grade matcha, raw honey

I AM MYSTICAL

ADAPTOGENIC MAYAN HOT CHOCOLATE 7.25
ashwaganda, cinnamon, goji, maca, cacao nib, dates

I AM GOLDEN

TURMERIC LATTÉ 6.75
raw honey, black pepper

I AM RESTORED

ADRENAL LATTÉ 6.75
ashwaganda, pine pollen, cordyceps, maca, raw honey

I AM IMMORTAL

AYURVEDIC LATTÉ 6.75
chaga, shilajit, reishi, he shou wu, honey

I AM CHARMED

CHAI LATTÉ 6.75 ['DIRTY' +3.5]

I AM COZY

IMMUNE-BOOSTING TEA 6.5
lemon, ginger, raw honey, cayenne

I AM CALM

HOT TEA 4.5
earl grey, chamomile medley, peppermint, jasmine

I AM LOVE

ELDERBERRY HIBISCUS ICED TEA 4.75

I AM SPLENDID

CLASSIC BLACK ICED TEA 4.5

PLEASE NOTIFY OUR TEAM OF ANY FOOD ALLERGY | FULL INGREDIENT LIST AT [LOVESR.COM/BOOK](https://lovesr.com/bok)