



[STARTERS]

I AM INSIGHTFUL (GF) NEW!

CRISPY ASIAN SPRING ROLLS 11
rice paper wrap, smoked tofu, carrots, wakame, green cabbage, shiitake mushrooms, nori, tamari glaze, vegan fish sauce

ADD A SPRING ROLL +3/ea

I AM FORTUNATE NEW!

SHIITAKE MUSHROOM TARTINE 15.5
sesame levain toast, sundried tomato pesto, tomato confit, almond burrata, brazil nut parmesan, mixed greens, pickled carrots

SUB GLUTEN-FREE TOAST +4

I AM ENCHANTING (GF)

WARM BROCCOLINI & EDAMAME 15
mustard-marinated kale, tarragon, dill, avocado cream, maple-toasted seeds

I AM ECLECTIC (GF)

BUFFALO CAULIFLOWER 16
crispy cauliflower, buffalo sauce, ranch dressing, celery, scallions

I AM EXQUISITE (GF)

COCONUT CALAMARI 14.5
spicy cocktail sauce, gremolata

I AM SHARING (GF)

NACHOS 15
black beans, cashew nacho cheese, pico de gallo, avocado, spicy pepitas, escabeche

I AM THRIVING (GF)

SOUP OF THE DAY 9 / 13

ADD FOCACCIA CROSTINI +4
ADD GLUTEN-FREE TOAST +4

[SALADS]

I AM CLEANSED (GF) NEW!

PUMFU GREEK 18.5
pumpkin seed tofu, butter lettuce, hearts of palm, cherry tomatoes, persian cucumbers, spiced chickpeas, herbed hempseeds, kalamata olives, toasted maple seeds, in partnership with @elissagoodman

I AM FANTASTIC (GF) NEW!

TORTA ESPAÑOLA CHOPPED 18.5
kale & romaine, chickpea frittata, pickled veggies, tamari almonds, sundried tomato pesto, garbanzo beans, kalamata olives, cashew mozzarella
ADD AVOCADO +3

I AM GRACIOUS (GF)

ASPARAGUS & TOMATO CONFIT 17
arugula, persian cucumbers, avocado, cashew mozzarella, basil hempseed pesto, balsamic reduction, brazil nut parmesan, cauliflower hempseed rice

I AM LIBERATED (GF)

RAW BASIL PESTO KELP NOODLES 18.5
heirloom cherry tomatoes, kalamata olives, green olives, arugula, cashew ricotta, brazil nut parmesan

I AM DAZZLING

LITTLE GEM CAESAR 11 / 17.5
shiitake bacon, croutons, capers, brazil nut parm, dulce
ADD BLACKENED TEMPEH +6
ADD AVOCADO +3

I AM PURE (GF)

ASIAN SHAVED KALE 11 / 17.5
avocado, cucumber, carrots, nori, toasted tamari almonds, garlic tahini dressing
ADD KIMCHEE +4

[PIZZAS]

I AM GIVING 12" PERSONAL PIES

MARGHERITA 18.5
heirloom cherry tomatoes, housemade marinara, basil hemp seed pesto, almond burrata, brazil nut parmesan

BUFFALO CAULIFLOWER 20.5

housemade marinara, almond burrata, buffalo sauce, vegan ranch dressing, pickled vegetables, gremolata, scallions

[SANDWICHES & WRAPS]

CHOICE OF SIDE: GREEN SALAD, FRENCH FRIES, TORTILLA CHIPS + PICO
SUB SIDE FOR ROASTED YAMS +4

I AM CHARISMATIC NEW!

SMOKED TOFU BANH MI 18.5
sesame baguette, lentil faux gras, sriracha mayo, cucumbers, pickled carrots & red onions, cilantro, spicy fresno chili

SUB GLUTEN-FREE SOURDOUGH +4

I AM FIERY NEW!

SPICY BUFFALO WRAP 18.5
buffalo cauliflower, ranch dressing, pickled carrots, romaine, scallions, whole wheat tortilla

ADD AVOCADO +3

I AM AWESOME

EGGPLANT PARMESAN 18.25
crispy eggplant, arugula, almond burrata, marinara, basil hempseed pesto on focaccia

SUB GLUTEN-FREE BUN +5

I AM GLORIOUS

BLACKENED TEMPEH CAESAR WRAP 18.25
coconut bacon, romaine, tomato, avocado, capers, cashew caesar dressing, brazil nut parmesan, whole wheat tortilla

[MAINS & BOWLS]

GRAIN-FREE? SUB CAULIFLOWER HEMP SEED RICE +3.5

I AM PHÛNOMENAL (GF) NEW!

SHIITAKE & SMOKED TOFU PHO 18.5
spiced miso broth, rice noodles, spinach, mung bean sprouts, pickled carrots & red onions, cilantro, thai basil, mint, spicy fresno chile

ADD HOUSEMADE SRIRACHA +2.5
ADD EXTRA RICE NOODLES +3

I AM SMOKIN' (GF) NEW!

BLACKENED TEMPEH & RED BEAN CHILI 18
grilled corn polenta, chopped escabeche, smoky coconut sour cream, scallions

I AM DEVOTED (GF)

INDONESIAN ROASTED VEGETABLE BOWL 19
roasted butternut squash, roasted beets, red bell pepper, zucchini, kale, edamame, forbidden black rice, peanut sauce, pickled carrots, sesame

I AM HUMBLE (GF)

INDIAN CURRY BOWL 19.5
red lentil dal, roasted garnet yams, spinach, coconut mint chutney, spicy tomato jam, scallions

YO SOY MUCHO (GF)

MEXICAN BOWL 18.5
black beans, guacamole, pico de gallo, cashew nacho cheese, red enchilada sauce, chopped romaine, spicy seed mix

HAWAIIAN 19.5

pineapple, housemade marinara, blackened tempeh, almond burrata, coconut bacon, brazil nut parmesan

I AM MAGICAL

BLACK BEAN BURGER 19.25
cashew macadamia cheddar, tomato, onion, pickles, ketchup, vegan brioche
SUB GLUTEN-FREE BUN +5

I AM ENTHUSIASTIC

CHICKEN-FRIED MUSHROOM SANDWICH 18.75
tomato, pickles, romaine, buffalo sauce, ranch dressing, vegan brioche
SUB GLUTEN-FREE BUN +5

YO SOY FUERTE

GRATITUDE CRUNCHWRAP 18.75
mushroom carnitas, guacamole, pico de gallo, romaine, cashew nacho cheese, corn tostada, whole wheat tortilla

ADD-ONS
SMOKED TOFU 6
BLACKENED TEMPEH 6
MUSHROOM CARNITAS 6
KIMCHEE 4
AVOCADO 3
HOUSEMADE SRIRACHA 2.5

[SMOOTHIES]

MATCHA +3 | ESPRESSO +3 | CACAO +2.5 |
PLANT PROTEIN +3 | BLUE SPIRULINA +3

I AM INFINITE **NEW!**

ADAPTACCINO MOCHA SHAKE 13.5
almond milk, Mind's Eye blend, espresso,
cacao powder, cacao nibs, cinnamon,
dates, smoked sea cream

I AM EMPOWERED

RAW CACAO GREEN PROTEIN SHAKE* 12.5
hemp milk, avocado, dates, spinach, cacao
nibs, coconut water, brown rice protein,
mesquite, reishi mushroom

I AM COOL

MINT CHIP SHAKE 11.5
vanilla ice cream, housemade almond milk,
mint, spinach, raw cacao nibs

I AM GRACE

COCONUT CREAM SMOOTHIE* 11.5
coconut, almond butter, dates, vanilla,
cinnamon

I AM ILLUMINATED

VITAMIN-C POWER SMOOTHIE* 12.5
orange juice, goji berries, pineapple,
coconut, banana, metabolic essential oils

I AM STELLAR

BLUE SPIRULINA SMOOTHIE 12.5
coconut, blue spirulina, dates, almond butter,
adrenal blend [ashwaganda, cordyceps,
goji fruit, reishi], vanilla, cinnamon

***SUPERFOOD GARNISH:**
SHREDDED COCONUT,
HEMPSEEDS, CHIA SEEDS

[JUICES]

HOUSEMADE & COLD PRESSED
12oz = 10.75 | 16oz = 12.75

I AM SUCCULENT **NEW!**

grapefruit, celery, apple, mint

I AM GENUINE

spinach, romaine, cucumber, lemon, mint

I AM GIFTED

beet, pineapple, grapefruit, ginger, lemon

I AM ACTIVE

cucumber, dandelion, lemon, ginger

I AM BRAVE

2oz ANTIVIRAL IMMUNITY BOOST 5.75
lemon, turmeric, ginger, cayenne,
oregano essential oil

I AM REFRESHED

SPARKLING LEMONADE 5.75 / 7.75

I AM EFFERVESCENT

GINGER ALE 5.75 / 7.75

[OTHER BEV]

BETTER BOOCH 16oz 5
Island Hopper **NEW!**, Ginger Boost,
Morning Glory

OLIPOP BOTANICAL SODA 12oz 4
Strawberry Vanilla **NEW!**, Original Cola,
Orange Squeeze

VYBES NEW! 14oz, 25mg CBD 7.5
Strawberry Lavender, Ginger Lemonade

COLDBREW COFFEE 10oz 6
Groundworks

COCONUT WATER 16oz 6.5
Harmless Harvest

STILL / SPARKLING WATER 750ml 4.5
Mountain Valley

[SWEETS]

CHECK OUT OUR BAKERY CASE FOR MORE OF OUR SEASONAL TREATS

I AM MINDFUL **NEW!**

STRAWBERRY RHUBARB PIE 12

I AM ADORING **GF NEW!**

GRATITUDE'S RAW TIRAMISU 11.5

I AM UNIQUE

CHOCO-FLAN 12.5
½ espresso cashew flan,
½ chocolate olive oil cake

I AM JOYFUL **GF NEW!**

HOUSEMADE ICE CREAM 5.5 / 8.5
pistachio, chocolate macadamia or
maple pecan (dine-in only)

[COFFEE]

MILKS: HOUSEMADE ALMOND | OAT | HOUSEMADE HEMP

I AM COURAGEOUS

FRESHLY BREWED COFFEE 4

I AM AWAKE

ESPRESSO 3.75

I AM CAREFREE

CAPPUCCINO 5.25

I AM LIGHT

CAFÉ LATTÉ 5.75

[TONICS & TEAS]

MILKS: HOUSEMADE ALMOND | OAT | HOUSEMADE HEMP

I AM SUPER **NEW!**

SUPERFOOD HOT CHOCOLATE 6
pea protein, greens & veggies,
superfruits, GF ancient grains & seeds,
oat milk, zero added sugar

I AM VIBRANT

MATCHA LATTÉ 6.75
ceremonial grade matcha, raw honey

I AM CHARMED

CHAI LATTÉ 6.75
'MAKE IT DIRTY' +3

I AM COSMIC

ANTIOXIDANT SPIRULINA LATTÉ 7.25
hemp seed milk, blue spirulina, reishi,
chaga, raw honey, **served hot or iced**

I AM MYSTICAL

ADAPTOGENIC MAYAN HOT CHOCOLATE 7.25
ashwaganda, cinnamon, goji, maca,
cacao nib, dates

I AM IMMORTAL

AYURVEDIC LATTÉ 6.75
chaga, shilajit, reishi, he shou wu,
raw honey

[WINE] BY NOMADICA

RED BLEND 12
Pinot Noir + Mourvedre + Merlot
Lake County, CA

ROSÉ 12
Pinot Noir | Monterey, CA

WHITE 12
Chardonnay | Arroyo Grande, CA

SPARKLING ROSÉ 12.25
Pinot Noir | Monterey, CA

SPARKLING WHITE 12.25
Albarino + Chardonnay | Lodi, CA

**ALL WINES ARE 250ml
ABOUT GLASS AND A HALF,
AKA THE PERFECT POUR ;)**

I AM OPULENT **GF**

WARM WALNUT CHOCOLATE 12.5
CHUNK COOKIE & ICE CREAM
with miso salted caramel & your choice
of housemade ice cream: pistachio,
chocolate macadamia or maple pecan
(dine-in only)

I AM VIVID **GF**

AÇAI SUPERFOOD BOWL 16.5
superfood granola, cashews, coconut,
banana, mixed berries, ginger syrup,
and your choice of 2 additions:
INCAN BERRIES | ALMOND BUTTER
RAW HONEY | CACAO NIBS
HEMP SEEDS | GOJI BERRIES
COCONUT YOGURT

I AM CURIOUS

MACCHIATO 4.25

I AM PRESENT

FLAT WHITE 4.5

I AM MARVELOUS

**MOCHA LATTÉ WITH CACAO
& RAW HONEY 6**

I AM GOLDEN

TURMERIC LATTÉ 6.75
raw honey, black pepper essential oil

I AM RESTORED

ADRENAL LATTÉ 6.75
ashwaganda, pine pollen, cordyceps,
maca, raw honey

I AM COZY

IMMUNE-BOOSTING TEA 6.5
lemon, ginger, raw honey, cayenne

I AM CALM

HOT TEA 4
rooibos, earl grey, chamomile medley,
peppermint, jasmine

I AM LOVE

HIBISCUS ICED TEA 4.5

I AM SPLENDID

LEMON ICED TEA 4.5

[BEER+BOOCH]

CALIDAD 6.75
Mexican Lager

LUCKY LUKE 6.75
Summit Session Pale Ale **NEW!**

EEL RIVER ORGANIC 6.75
India Pale Ale

MOTHER EARTH 6.75
Cali Creamin' Vanilla Cream Ale **NEW!**

JUNE SHINE ORGANIC 6.75
Blood Orange Mint

BOOCHCRAFT ORGANIC 6.75
Apple Jasmine **NEW!**

DRAFT
Our draft beers & prices change
seasonally. Please ask what's on tap!

KISS THE GROUND FARMHOUSE ALE 8
brewed with orange peel, charred lemon
& lemon verbena *Contains Honey*

*A portion of every pint sold is going
to **Kiss The Ground**, a nonprofit
committed to balancing our climate
through building healthy soil.*