

CAFÉ GRATITUDE

[STARTERS]

I AM ENCHANTING ^{GF}

MUSTARD MARINATED KALE, BROCCOLINI & EDAMAME 16.75
avocado cream, maple toasted seed mix, tarragon, dill

I AM EXUBERANT ^{GF}

YUZU MISO BRUSSELS SPROUTS 14.5
pistachio coconut crunch, red chili flakes

I AM DELECTABLE ^{GF}

SPICED CORN RIBS 16
salsa macha, ancho chile, peanuts, pecans, almonds, sesame, cilantro, crema ajo blanco, lime

I AM EXQUISITE ^{GF}

COCONUT CALAMARI 16.25
spicy cocktail sauce, gremolata

I AM ECLECTIC ^{GF}

BUFFALO CAULIFLOWER 17.75
crispy cauliflower, buffalo sauce, ranch dressing, celery, scallions

I AM SHARING ^{GF}

NACHOS 16.75
black beans, cashew nacho cheese, pico de gallo, avocado, spicy pepitas
ADD CHI FOODS CHORIZO 6.25

I AM THRIVING ^{GF}

SOUP OF THE DAY 12.5
ask us for today's offering
ADD FOCACCIA CROSTINI +4.25
ADD GLUTEN-FREE TOAST +4.25

[ADD-ONS]

BLACKENED TEMPEH.....	5.75
MUSHROOM CARNITAS.....	5.75
MARINATED PUMFU.....	5.75
CHI FOODS CHORIZO.....	5.75
SMOKED TOFU.....	5.75
FOCACCIA CROSTINI.....	4.25
KIMCHEE.....	4.25
AVOCADO.....	4
GUACAMOLE.....	4.25

[MAINS & BOWLS]

I AM INTUITIVE ^{GF}

BUTTERNUT & TRUFFLED MUSHROOM RISOTTO 19.75
oyster, crimini, shiitake mushrooms, braised butternut squash, arborio rice, truffled almond béchamel, brazil nut parmesan, gremolata

I AM TERRIFIC ^{GF}

RAW ALMOND THAI KELP NOODLES 19.5
marinated kelp noodles, green papaya, salt-cured mizuna, carrots, red bell peppers, persian cucumber, thai coconut, thai teriyaki almonds, almond thai dressing, basil, cilantro & mint

I AM KANSHA ^{GF}

GRATITUDE JAPANESE BOWL 22.5
smoked tofu, asparagus, yuzu pickled cucumber, wakame, salt-cured mizuna, kumquat, brown rice, roasted sesame dressing, shaved scallion

I AM HUMBLE ^{GF}

INDIAN CURRY BOWL 21
red lentil dal, roasted garnet yams, spinach, coconut mint chutney, spicy tomato jam, scallions [w/ brown rice, quinoa, or a mix]

[SALADS]

^{GF} = GLUTEN-FREE

I AM THANKFUL ^{GF}

SHAVED KALE, RADICCHIO & PERSIMMON 19.5
pomegranate, shaved fennel, crispy shallots, *doublebatch* almond ricotta, maple walnuts, balsamic dijon dressing

I AM DAZZLING

LITTLE GEM CAESAR 18.75
shiitake bacon, croutons, capers, brazil nut parmesan, dulce
ADD BLACKENED TEMPEH +6.25
ADD AVOCADO +4

[I AM GIVING PIZZAS]

SUB GLUTEN-FREE PIZZA CRUST +4.25

TRUFFLED MUSHROOM BIANCA 22

oyster, crimini, shiitake mushrooms, *doublebatch* almond ricotta, truffled almond béchamel, almond burrata, red chili flakes, arugula

SAUSAGE & PEPPER 22

Chi Foods chorizo, roasted red pepper, arugula, housemade marinara, almond burrata, brazil nut parmesan

MARGHERITA 18

heirloom cherry tomatoes, basil hempseed pesto, housemade marinara, almond burrata, brazil nut parmesan

HAWAIIAN 20.75

pineapple, blackened tempeh, coconut bacon, housemade marinara, almond burrata, brazil nut parmesan

[SANDWICHES & WRAPS]

SUB GLUTEN-FREE BUN +4.25

RESILIENT

ROASTED BUTTERNUT & RADICCHIO BRUSCHETTA 16.5
butternut squash & radicchio 'in saor', red onion, *doublebatch* almond ricotta, white truffle oil, pistachio coconut crunch, sesame levain
SUB GLUTEN-FREE TOAST +\$4.25

I AM MAGICAL

BLACK BEAN BURGER 20.75
cashew macadamia cheddar, cashew nacho cheese, romaine, tomato, onion, pickles, ketchup, vegan brioche, and your choice of side*
MAKE IT A CHEESEBURGER +3
MAKE IT A DOUBLE +5
MAKE IT A DOUBLE CHEESEBURGER +6

*SERVED WITH CHOICE OF SIDE: FRIES | SALAD | CHIPS+PICO | ROASTED YAMS (+4.25)

I AM GLORIOUS

BLACKENED TEMPEH CAESAR WRAP 19.75
coconut bacon, romaine, tomato, capers, avocado, cashew caesar dressing, brazil nut parmesan, whole wheat tortilla, and your choice of side*

YO SOY FUERTE

GRATITUDE CRUNCHWRAP 20.75
mushroom carnitas, guacamole, pico de gallo, romaine, cashew nacho cheese, corn tostada, whole wheat tortilla, and your choice of side*

I AM ENTHUSIASTIC

CHIK'N-FRIED MUSHROOM SANDWICH 20.75
tomato, pickles, romaine, buffalo sauce, ranch, brioche, and your choice of side*

I AM BELOVED

BBQ BRISKET, BRUSSELS & BUTTERNUT MAC 'N' CHEESE 22
lion's mane brisket, cashew béchamel, almond burrata, yuzu miso marinade, garlic levain crumb, gremolata
SUB QUINOA PASTA SHELLS +4.25

I AM WELCOMING

MEDITERRANEAN MEZZE SAMPLER 21
sesame falafels, chickpea hummus, walnut muhammara, cilantro coriander zhoug, kalamata olives, hazelnut dukkah, dill, grilled focaccia
SUB GLUTEN-FREE TOAST +4.25
SUB VEGETABLE CRUDITÉ +3.5
ADD 3 FALAFELS +6

I AM TRANSFORMED ^{GF}

BAJA STYLE TACO PLATE 20
SeaCo Fysh, pineapple coleslaw, sriracha mayo, dulce flakes, lime, microgreens, green rice, black beans, pico de gallo

YO SOY MUCHO ^{GF}

MEXICAN BOWL 18
black beans, guacamole, romaine, pico de gallo, cashew nacho cheese, spicy seed mix [w/ brown rice, quinoa, or a mix]

I AM LOVING ^{GF}

FORBIDDEN BLACK RICE BOWL 21
roasted garnet yams, brussels sprouts, maple sesame dressing, avocado, quinoa, garlic tahini, pickled carrots & red onions, spicy fresno chile, cilantro

I AM WHOLE ^{GF}

MACROBIOTIC BOWL 21
stewed adzuki beans, braised butternut squash, sautéed kale, sea palm, kimchee, garlic tahini, gomasio, tamari almonds, sprouts [w/ brown rice, quinoa, or a mix]

I AM VIVID ^{GF}

AÇAÍ SUPERFOOD BOWL 17.75
superfood granola, cashews, coconut, banana, mixed berries, ginger syrup, and your choice of 2 additions:
INCAN BERRIES, ALMOND BUTTER, RAW HONEY, CACAO NIBS, HEMPSEEDS, GOJI BERRIES, COCONUT YOGURT

I AM GRATEFUL ^{GF}

GRATITUDE COMMUNITY BOWL 10
shredded kale, black beans, garlic tahini sauce [w/ brown rice, quinoa, or a mix]

[COCKTAILS]

GRATITUDE FIERO SPRITZ prosecco, martini & rossi fiero vermouth, soda, orange.....	13
GINGER SPRITZ prosecco, house ginger ale, soda, lemon.....	12
LIMONATA SPRITZ white wine, housemade sparkling lemonade, mint.....	12
MIMOSA FRESCA prosecco, freshly squeezed orange juice.....	12
SANGRIA red wine, berries, citrus, beets, ginger, pineapple.....	12

[MOCKTAILS]

PEACHY tarragon peach julep, hibiscus ginger kefir, aromatic orange reduction, mint....	9.5
REFRESHED housemade sparkling lemonade.....	8.5
EFFERVESCENT housemade sparkling gingerale.....	8.5

[WINE]

NATURALLY PRODUCED | 6oz POURS | CORKAGE \$25/750ML

SPARKLING

DA MAR PROSECCO Glera Veneto, Italy.....	13 / 48
NOMADICA French Colombard, Malvasia, Chardonnay Napa, CA 8oz CAN.....	12.25

WHITE

SANTIAGO VINHO VERDE (effervescent) Loureiro/Trajadura Portugal 2022.....	15 / 56
PRESQU'ILE Chardonnay Santa Maria, California 2020.....	16 / 60
NOMADICA Chardonnay, French Colombard Napa Valley, CA 8oz CAN.....	12

ORANGE

ROGUE VINE JAMÓN JAMÓN Moscatel Itata, Chile 2021.....	14 / 52
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ROSÉ

NOMADICA Merlot, Gamay, Grenache Napa Valley, CA 8oz CAN.....	12
NOMADICA (effervescent) Grenache Napa Valley, CA 8oz CAN.....	12.25

RED

VIÑA MAITIA AUPA (chilled) Pais/Carignan Maule, Chile 2021.....	14 / 52
SOULEI L VIN DE BONTÉ Syrah/Grenache/Mourvedre France 2021.....	15 / 56
LUIS SEABRA XISTO ILIMITADO Touriga Franca/Tinta Roriz Portugal 2019.....	21 / 80
NOMADICA Red Blend Napa Valley, CA 8oz CAN.....	12

[BREWS]

LUCKY LUKE Blonde Ale 4.9% ABV DRAFT.....	8
SOCIETE India Pale Ale 7.5% ABV DRAFT.....	8
JUNESHINE Seasonal Hard Kombucha 6% ABV DRAFT.....	8
CALIDAD Mexican Lager 4.5% ABV CAN.....	6.75
THREE WEAVERS Sour Ale 4.5% ABV CAN.....	6.75
LUCKY LUKE Summit Session Pale Ale 3.6% ABV CAN.....	6.75
MOTHER EARTH Cali Creamin' Ale 5% ABV CAN.....	6.75
JUNESHINE Seasonal Hard Kombucha 6% ABV CAN.....	6.75
BOOCHCRAFT Seasonal Hard Kombucha 7% ABV CAN.....	6.75

[COFFEES, TEAS & TONICS]

MILKS: HOUSEMADE ALMOND | OAT | HOUSEMADE HEMPSEED

COURAGEOUS freshly brewed coffee.....	4.5
AWAKE espresso.....	4
CAREFREE cappuccino.....	5.25
LIGHT café latté.....	5.75
MARVELOUS mocha with cacao powder & raw honey.....	5.75
CURIOUS macchiato.....	4.25
PRESENT flat white.....	4.5
CHARMED chai latté MAKE IT DIRTY +3.5.....	6.75
CALM hot tea: earl grey, chamomile medley, peppermint, or jasmine.....	4.5
LOVE elderberry hibiscus iced tea.....	4.75
SPLENDID classic black iced tea.....	4.5
UPLIFTED gratitude arnold palmer.....	7.5

I AM ELEVATED

ESPRESSO SUNRISE 8.75
fresh orange juice, espresso

I AM MYSTICAL

ADAPTOGENIC MAYAN HOT CHOCOLATE 7.25
ashwaganda, cinnamon, goji, maca, cacao nibs, dates

I AM COSMIC

ANTIOXIDANT SPIRULINA LATTÉ 7.25
hemp seed milk, blue spirulina, reishi, chaga, raw honey

I AM VIBRANT

MATCHA LATTÉ 6.75
ceremonial grade matcha, raw honey

I AM IMMORTAL

AYURVEDIC LATTÉ 6.75
chaga, shilajit, reishi, he shou wu, raw honey

I AM RESTORED

ADRENAL LATTÉ 6.75
ashwaganda, pine pollen, cordyceps, maca, raw honey

I AM GOLDEN

TURMERIC LATTÉ 6.75
raw honey, black pepper

I AM COZY

IMMUNE-BOOSTING TEA 6.5
lemon, ginger, raw honey, cayenne

[SMOOTHIES]

16oz

SMOOTHIE ADDITIONS: MATCHA +3.25
ESPRESSO +3.5 | CACAO +3
PROTEIN +4 | BLUE SPIRULINA +4

I AM GLOWING

GREEN COLLAGEN BOOST 13.5
banana, spinach, almond butter, vegan collagen protect, vanilla, cinnamon, maca

I AM MAGNIFICENT

BLACK SESAME DATE SHAKE 13.5
black sesame, almond, banana, dates, vanilla, cardamom, sea salt

I AM ILLUMINATED

VITAMIN-C POWER SMOOTHIE* 13.5
orange juice, coconut, banana, pineapple, goji berries, metabolic essential oil blend

I AM ENERGETIC

BLUE WAVE SMOOTHIE 13.5
pineapple, banana, blue spirulina, dates, vanilla, sea moss gel, coconut milk

I AM GRACE

COCONUT CREAM SMOOTHIE* 12.5
coconut, almond butter, dates, vanilla, cinnamon

I AM STELLAR

BLUE SPIRULINA SMOOTHIE 13.5
coconut, almond butter, dates, vanilla, adrenal blend [ashwaganda, cordyceps, goji berries, reishi], cinnamon

*COMES WITH SUPERFOOD GARNISH:
COCONUT, HEMPSEEDS, CHIA SEEDS

[JUICES]

16oz

HOUSEMADE & COLD PRESSED

PLENTIFUL 13.5

cranberry, pomegranate, beet, grape, carrot, apple, ginger

VITAL 13.5

strawberry, apple, lemon, ginger, basil

GENUINE 13.5

spinach, romaine, cucumber, lemon, mint

GIFTED 13.5

beet, pineapple, grapefruit, ginger, lemon

BRAVE

IMMUNITY WELLNESS SHOT 6.5
turmeric, ginger, lemon, cayenne, oregano essential oil [2 oz]

[N/A BEVERAGES]

VINA prebiotic soda.....4

OLIPOP botanical soda.....4

SUPERFOOD & CO kefir soda.....8

GROUNDWORK cold brew.....6

HARMLESS HARVEST coconut H2O.....6.5

BETTER BOOCH kombucha.....5

VYBES hemp cbd beverage.....7.5

MOUNTAIN VALLEY WATER [1 LITER]

still.....4

sparkling.....4

WHAT ARE YOU GRATEFUL FOR?

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