

ROLE OF HEMP IN ALTERNATIVE MEDICINES AND NATURAL REMEDIES

Despite its recent boom in the healthcare and wellness industry, hemp has become a popular choice to enhance an individual's health in the most appropriate and subtle manner. Here, we discuss the references and usage of hemp in various alternative medical practices.



With the growing number of individuals suffering from compromised health within society, people are now in search of a more economical and sustainable plant-based solution that can address a range of health issues. From late-night cravings and untimely eating habits to the need for high-calorie diets to fill a grumbling stomach, our lifestyle has gone haywire, becoming the root cause of our body dysfunctions. Many individuals constantly face trouble sleeping, irregular appetite spikes, general debility, fatigue, exaggerated mood swings, compromised immunity, and an imbalance in optimal metabolism.

In such conditions, it is essential to tune the body with the rhythm of nature using the power of natural herbs that nourish, purify and rectify the body from within.

Hemp is one of those herbs actively consumed by the population for its wide range of benefits, especially for its guaranteed purification and maintenance of the body. It is an active wellness product that enhances an individual's immunity and digestive power, and a simple and effective medication for many long-standing maladies.

HISTORY OF HEMP

Before the recent boom in hemp (*Cannabis Sativa*), it was widely used in many traditional medicinal practices. According to archaeological evidence and scripts, the most ancient usage of hemp dates back to the Egyptian era, where it was widely used for its pain-relieving action. Although there is no scientific evidence to prove this statement, currently used hemp is understood to be a variety of modern-day hemp. Chinese medicine also provides ample evidence of hemp's use as a medicine and a plant used for paper and rope production. There are even references that claim a laxative action to hemp, which is yet to be acknowledged by the modern system.

HEMP IN OTHER BRANCHES OF MEDICINE

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A look into our Wellness range:

CannaEase SleepWell: This product is designed to promote restful sleep and contains a blend of hemp extract, melatonin, and chamomile.

CannaEase PainFree: This product is formulated to provide relief from chronic pain and inflammation and contains a blend of hemp extract, curcumin, and boswellia.

CannaEase Pain Management Oil: This oil is designed to provide targeted relief for localized pain and inflammation and contains a high concentration of hemp extract.

CannaEase Pain Relief Capsules: These capsules contain a precise dose of hemp extract and are formulated to provide relief from chronic pain and inflammation.

Maha Kameshwar Modak: This is a traditional Ayurvedic formulation that contains a blend of natural herbs and is designed to promote overall wellness.

Trailokya Vijaya Vati: Another traditional Ayurvedic formulation, this product contains a blend of natural herbs and is designed to support the immune system and promote overall health.



Case Study

Jatiphaladi Churna Tablet - Efficiency of Jatiphaladi in managing respiratory distress such as asthma as well as cough

Patient Description

This case revolves around a 50 year old female suffering with asthma coupled with frequent cough

Treatment plan

Medication inclusive of jatiphaladi churna instructed to be taken with breath- free capsules in varied doses both after food .

Outcome

The patient consulted after 21 days of treatment and was reported to be feeling much better. She was put off inhalers and Allopathic medications which included inhalers as she found relief for her breathlessness with prescribed medicines.



Jatiphaladi Churna Tablet

Jatiphaladi churna is the vijaya-infused classical Ayurvedic formulation which contains nutmeg (*Myristica fragrans*). It is a sedative, antispasmodic & astringent and also is a powerful

Benefits

- Relieves Cold and cough
- Helpful in Sprue syndrome
- Manages Asthma
- Anorexia
- Respiratory disorders
- IBS

Ingredients

(Nutmeg, Clove, Ela, Tejpatra, Dalchini, Nagakesara, Camphor, White sandalwood, Sesame seeds, Vanshlochan, Tagara, Amla, Pippali, Talispatra, Harde, Kalonji, Chitraka, Ginger, Vidanga, Black Pepper) 2.5% Each
Dried Vijaya leaves 50%, excipients q.s



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