

Registered number  
05933331

**Sport4Health Community Interest Company**  
Company limited by guarantee

Unaudited Report and Statutory Accounts

30 September 2023

**Sport4Health Community Interest Company  
Company Information**

**Directors**

Mr Edmund Kung  
Mr Michael Pang  
Dr Simon Lloyd-Owen  
Mr Juel Tuazon  
Mr Jaime Morgan Hitchcock  
Dr Susan Teresa Hunt  
Ms Lissa Jean Landis

**Registered office**

St Gabriel's Parish House  
Glasgow Terrace, Off Lupus Street  
London  
SW1V 3AA

**Registered number**

05933331

**Sport4Health Community Interest Company**

**Registered number: 05933331**

**Directors' Report**

The directors present their report and accounts for the year ended 30 September 2023.

**Principal activities**

The company's principal activity during the year continued to be the provision of sports coaching and opportunities for community sport-related activities

**Directors**

The following persons served as directors during the year:

Mr Edmund Kung  
Mr Michael Pang  
Dr Simon Lloyd-Owen  
Mr Juel Tuazon  
Mr Jaime Morgan Hitchcock  
Ms Lissa Jean Landis  
Dr Susan Teresa Hunt

**Small company provisions**

This report has been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

This report was approved by the board on 1 May 2024 and signed on its behalf.



E Kung  
Director

**Sport4Health Community Interest Company  
Income and Expenditure Account  
for the year ended 30 September 2023**

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
<b>Income</b>	224,661	136,640
Direct expenditure	(205,950)	(123,567)
<b>Excess of income over direct expenditures</b>	<u>18,711</u>	<u>13,073</u>
Administrative expenses	(18,601)	(13,038)
<b>Excess of income over expenditure</b>	<u>110</u>	<u>35</u>
<b>Excess before taxation</b>	<u>110</u>	<u>35</u>
Tax on profit	-	-
<b>Excess for the financial year</b>	<u><u>110</u></u>	<u><u>35</u></u>

**Sport4Health Community Interest Company**  
**Registered number:** 05933331  
**Balance Sheet**  
**as at 30 September 2023**

	Notes	2023 £	2022 £
<b>Current assets</b>			
Stocks		2,265	980
Debtors	3	1,064	3,231
Cash at bank and in hand		137,386	99,200
		<u>140,715</u>	<u>103,411</u>
<b>Creditors: amounts falling due within one year</b>			
	4	(127,476)	(87,916)
<b>Net current assets</b>		<u>13,239</u>	<u>15,495</u>
<b>Total assets less current liabilities</b>			
		<u>13,239</u>	<u>15,495</u>
<b>Creditors: amounts falling due after more than one year</b>			
	5	(4,124)	(6,600)
<b>Net assets</b>		<u>9,115</u>	<u>8,895</u>
<b>Representing:</b>			
General unrestricted funds		9,115	8,895
		<u>9,115</u>	<u>8,895</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies regime.



E Kung  
 Director

Approved by the board on 1 May 2024

**Sport4Health Community Interest Company**  
**Notes to the Accounts**  
**for the year ended 30 September 2023**

**1 Accounting policies**

***Basis of preparation***

The accounts have been prepared under the historical cost convention and in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland (as applied to small entities by section 1A of the standard).

***Income***

Income is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Income includes revenue earned from the sale of goods and from the rendering of services, donations and grants received. Income from the sale of goods is recognised when the significant risks and rewards of ownership of the goods have transferred to the buyer. Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs.

***Stocks***

Stocks are measured at the lower of cost and estimated selling price less costs to complete and sell. Cost is determined using the first in first out method. The carrying amount of stock sold is recognised as an expense in the period in which the related revenue is recognised.

***Debtors***

Short term debtors are measured at transaction price (which is usually the invoice price), less any impairment losses for bad and doubtful debts. Loans and other financial assets are initially recognised at transaction price including any transaction costs and subsequently measured at amortised cost determined using the effective interest method, less any impairment losses for bad and doubtful debts.

***Creditors***

Short term creditors are measured at transaction price (which is usually the invoice price). Loans and other financial liabilities are initially recognised at transaction price net of any transaction costs and subsequently measured at amortised cost determined using the effective interest method.

***Provisions***

Provisions (ie liabilities of uncertain timing or amount) are recognised when there is an obligation at the reporting date as a result of a past event, it is probable that economic benefit will be transferred to settle the obligation and the amount of the obligation can be estimated reliably.

**2 Employees**

	<b>2023</b>	<b>2022</b>
	<b>Number</b>	<b>Number</b>
Average number of persons employed by the company	<u>3</u>	<u>1</u>

**Sport4Health Community Interest Company**  
**Notes to the Accounts**  
**for the year ended 30 September 2023**

<b>3 Debtors</b>	<b>2023</b>	<b>2022</b>
	£	£
Trade debtors	1,000	981
Other debtors	64	2,250
	<u>1,064</u>	<u>3,231</u>
<b>4 Creditors: amounts falling due within one year</b>	<b>2023</b>	<b>2022</b>
	£	£
Bank loans and overdrafts	2,475	2,475
Taxation and social security costs	1,820	-
Restricted income received in advance	-	26,112
Other creditors	123,181	59,329
	<u>127,476</u>	<u>87,916</u>
<b>5 Creditors: amounts falling due after one year</b>	<b>2023</b>	<b>2022</b>
	£	£
Bank loans	<u>4,124</u>	<u>6,600</u>

**6 Other information**

Sport4Health Community Interest Company is a private company limited by guarantee and incorporated in England. Its registered office is:

St Gabriel's Parish House  
Glasgow Terrace, Off Lupus Street  
London  
SW1V 3AA