

Opal Gym Instructions

For the Opal Triangle:

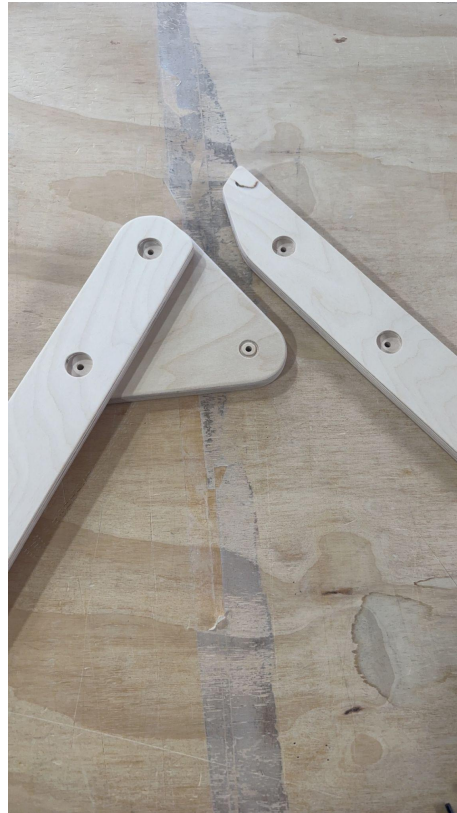
To start, gather (13) 24" opal dowel, (2) triangle pieces, (2) long triangle legs, (2) short triangle legs and (27) bolts.

Tip: If you have a drill, it will drastically reduce the time for set up.



Step 1: Gather the triangle with the hole on the right side. For this triangle you will need the short leg with the point facing on the right side and the long leg with the point facing on the right side as shown below. Place the long leg on top of the holes with no circle indentation.

Then place the short leg over the hole with the circular indentation.



Step 2: Add the bolts to the 3 holes on the triangle and then push the legs together.



Step 3: Place the legs on its side.

Manually (and loosely) screw in (3) of the 24" dowels to the top of the triangle.

Tip: Screwing the bolts in loosely until it's completely assembled helps with placement of the dowels in the pockets.



Step 4: Screw in remaining bolts and dowels to both the short and long leg.



Step 5: Place the partially assembled triangle away from you. Gather the remaining triangle, long leg and short leg and repeat step one.
Tip: Mirror the other side for reference.

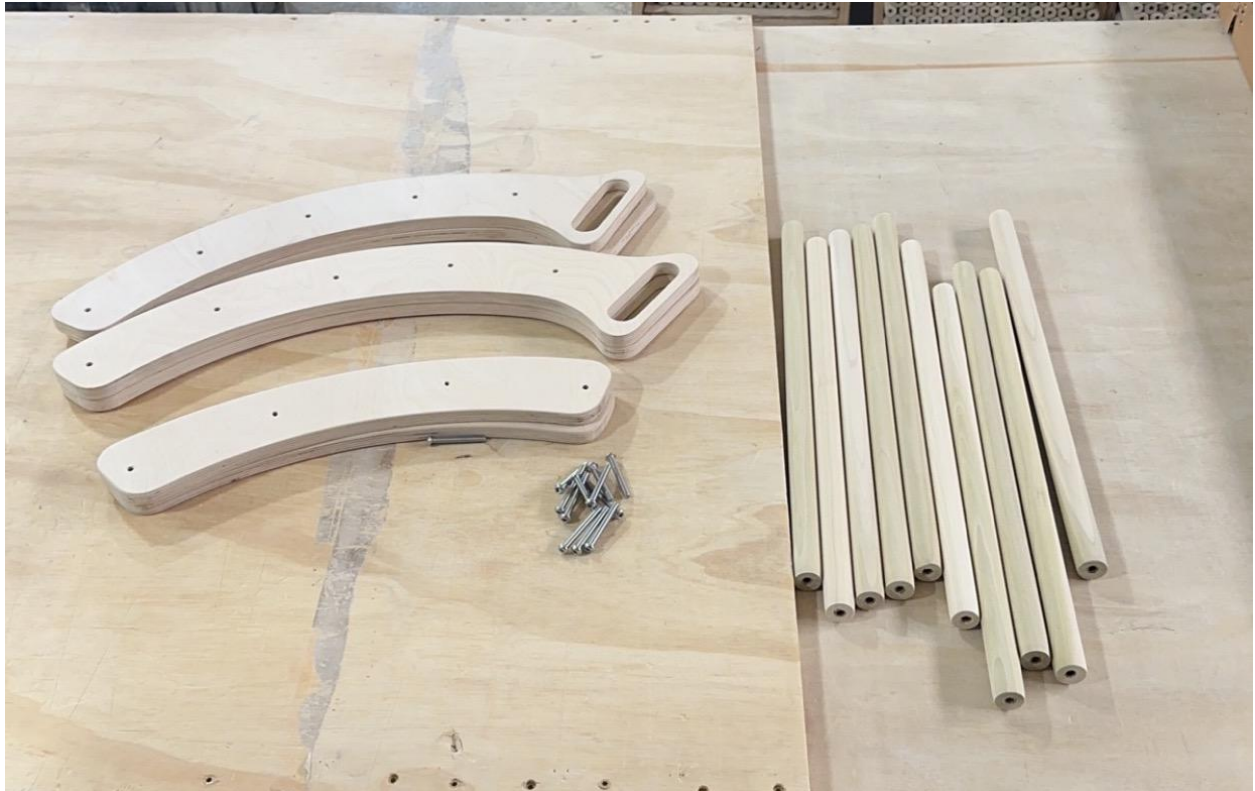


Now you have a completed Opal Triangle!!



For the Opal Arch:

First gather two arch sides with a handle, (10) 20" arch dowels, (10) bolts and one brace.



Step 1: Take one side of the arch and place it on one side, then take the other and place it on the other side with the brace in the middle.



Tip: The side arch pieces do not touch with assembling. There will be a gap between each side piece. The brace is going to be assembled on the **outside** of the arch.

Step 2: Place the brace under the side arch pieces and gently screw in (4) dowels. Once the brace is attached, screw in the remaining dowels to the side pieces and lay it flat.



Step 3: Attach the remaining pieces to the top of the dowels with the brace on the outside.



Once you screw in the remaining bolts, you have a finished Opal arch!

