

# Air Compression Leg Massager

## User Guide

LFLEGMSGR



# NEED HELP?

If you experience any problems with your LiveFine™ air compression leg massager, please contact us at [supportlfc@camarketing.com](mailto:supportlfc@camarketing.com) or 888-390-7622 before returning your product to the place of purchase.

## WE'RE HERE TO HELP!

Thank you for purchasing the LiveFine™ Air Compression Leg Massager. This User Guide is intended to provide you with guidelines to ensure that operation of this product is safe and does not pose risk to the user. Any use that does not conform to the guidelines described in this User Guide may void the limited warranty.

Please read all directions before using the product and retain this guide for reference. This product is intended for household use only.

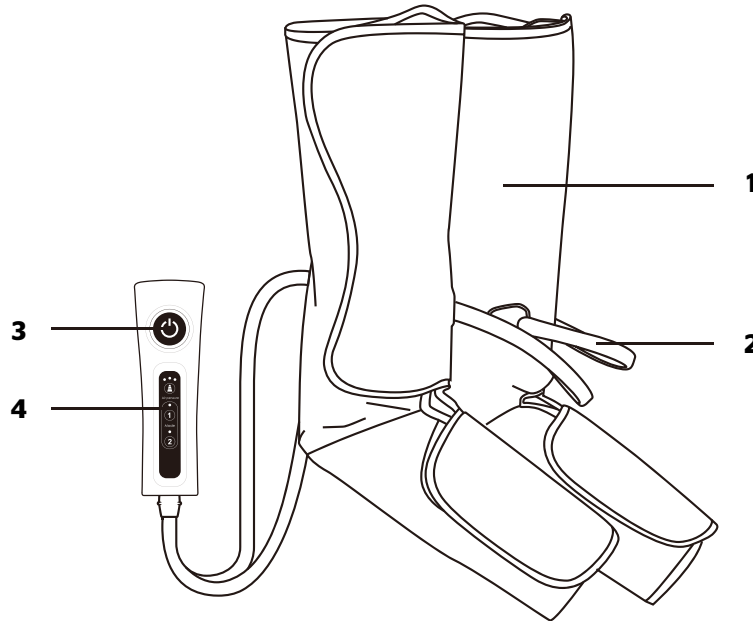
This product is covered by a limited one-year warranty. Coverage is subject to limits and exclusions. See warranty for details.

### Box Contents

- Leg massager
- Adapter
- User guide

### Parts

1. Leg massager
2. Air pressure hose
3. Power button
4. Control panel

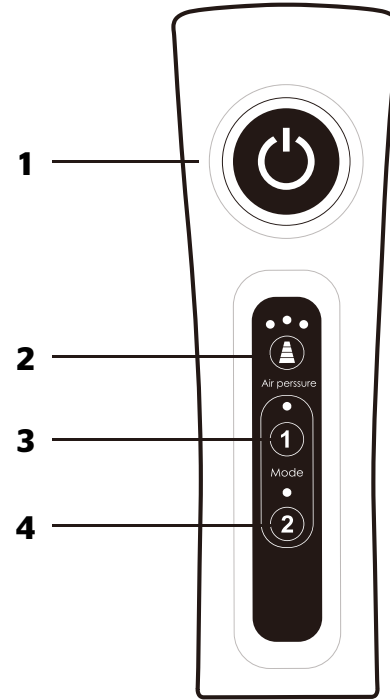


### Safety Precautions

- Do not use voltage beyond the requirement of this product.
- Do not attempt to repair or dismantle the product. There are no user-serviceable parts.
- Do not use the product in a place where it may become wet or damp. If the unit becomes wet, do not use.
- Stop using the product immediately if you feel uncomfortable or any abnormalities occur.
- Do not use this product in a high-temperature environment.
- Do not use this product if you are currently pregnant or menstruating.
- Do not place the unit in a place where it may be in contact with flammable items, explosive items, or chemicals.
- Do not touch the unit with any sharp object, or risk damage.
- Do not use this product if any of the below apply to you:
  - Skin is infected, swollen, burnt, or otherwise damaged.
  - You have a pacemaker or other medical implant.
  - You are suffering from heart disease.
  - Your bones are fragile or injured.
  - You are suffering from cancer.
  - You are receiving treatment or your blood pressure is not normal.
  - You are suffering from osteoporosis.

## Controls

1. Power button: press this button to turn the unit on or off.
2. Air compression button: press this button to cycle through the air compression intensity settings (low, medium, high).
3. Mode 1: press this button to set the massager to mode 1.
4. Mode 2: press this button to set the massager to mode 2.



## Modes

### Mode 1: Full foot massager

The leg massager will go through 4 unique cycles as described below.

Cycle 1:

1. The feet and calves will both inflate.
2. The air pressure will hold.
3. The foot and calf will both inflate again
4. The air pressure will hold.
5. The massagers will deflate.

*NOTE: Cycle 1 will repeat for a total of 4 times.*

Cycle 2:

1. The feet will inflate.
2. The air pressure will hold.
3. The feet will deflate.
4. The calves will inflate
5. The air pressure will hold.
6. The calves will deflate.

*NOTE: Cycle 2 will repeat for a total of 3 cycles.*

Cycle 3:

1. The feet and calves will both inflate.
2. The air pressure will hold.
3. The massagers will deflate.

*NOTE: Cycle 3 will repeat for a total of 4 cycles.*

Cycle 4:

1. The feet will inflate.
2. The air pressure will hold.
3. The feet will deflate.
4. The calves will inflate
5. The air pressure will hold.
6. The calves will deflate.

*NOTE: Cycle 4 will repeat for a total of 3 cycles.*

## Mode 2: Alternating foot/calf massage

The compression wraps will go through 1 unique cycle as described below.

1. The feet will inflate.
2. The air pressure will hold.
3. The feet will deflate.
4. The calves will inflate
5. The air pressure will hold.
6. The calves will deflate.

## Operation

1. Slip on each massager, keeping your feet flat on the bottom. Note that each is marked L and R for each foot.
2. Use the strap to tightly secure your foot into the massager.
3. Use the strap to tightly secure your leg into the massager.
4. Move your foot to make sure that the massager is securely fastened.
5. Insert the two air pressure connections into the controller.
6. Press the power button. While on, the LED will stay on.
7. Adjust the air pressure strength as needed, by pressing the air pressure button. The LED about the button indicates the current setting (green=low, yellow=medium, red=high).
8. Select either mode 1 or 2 as desired.

*NOTE: the device will automatically shut off after 15 minutes.*

For best results, do not use the leg massager for more than an hour.

## Care and maintenance

- Store the product in a dry place, away from moisture and direct sunlight.
- Wipe clean with a dry towel.

## Troubleshooting

Problem	Cause	Solution
The device does not work.	The unit is not connected to a power source.	Make sure the unit is fully connected to the power.
	The power button was not pressed.	Press the power button.
The device suddenly stopped working.	The unit was running more than 15 minutes.	Restart the unit to resume use.

## Specifications

Rated voltage: 12V

Power consumption: 12W

Default time: 15 min.

## Customer service

supportlfc@camarketing.com

1-888-390-7622

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