### **ESSENTIAL OIL BENEFITS**

**BERGAMOT** relieves feelings of low selfesteem, despair and self judgement. Bergamot is a great anti-depressant, which awakens the soul to hope and provides courage to share your inner self.

**BLACK SPRUCE** is invigorating, rejuvenating and is used to help maintain feelings of easy breathing to create an environment of harmony, balance and grounding.

**CARDAMOM** is beneficial to regain objectivity and mental self-control. It assists you when you're feeling frustrated or angry with other people. Cardamom will bring you balance, mental clarity, peace and calm to make better decision.

**CEDARWOOD** supports you in seeing that you are not alone; life is a shared experience. It invites you to give and receive so you may experience the strength of groups and the joy of relationships

**CINNAMON** supports the reproductive system and helps heal sexual issues, assisting you to accept your body and embrace physical attractiveness. Cinnamon dispels fear of rejection and nurtures healthy sexuality.

CLARY SAGE assists you in changing perceptions, helping you to see your limiting beliefs. Clary Sage assists in opening creative channels and eliminating creative blocks. It increases your ability to visualise and imagine new possibilities to challenges

CLOVE helps you to stand up for yourself, be proactive and feel capable of making confident decisions. Clove assists you in letting go of self-sabotage patterns and codependency. It gives you the courage to say "no" and set your boundaries

**FENNEL** reignites your passion for life, those who may feel defeated by life's responsibilities. It supports situations where there has been a loss of connection to the body's natural signals due to emotional eating, severe dieting, eating disorders or other abuse to the body.

**FRANKINCENSE** invites you to let go of lower vibrations,lies, deceptions and negativity. The oil shields the body and soul from negative influencers and assists the soul in its spiritual evolution

**GERANIUM** facilitates trust, especially when an individual has lost trust in others. It encourages emotional honesty by facilitating the emergence of grief or pain that has been suppressed.

**GRAPEFRUIT** teaches true respect of one's body. It shows you to listen to your true physical needs and impulses. You no longer have to hide your feelings behind food, strict regimes, eating disorders or other forms of addiction.

HOLY BASIL reputed to stimulate, clarify, calm, fortify, energise and uplift the mind. It's a natural anti-inflammatory, antioxidant, antibiotic, antiviral, anti-depressant and diuretic.

JUNIPER BERRY assists those who fear the dark or unknown aspects of themselves. It helps you to understand the things you fear, instead of hiding from them. The oil teaches you that there is truly nothing to fear when one acknowledges and accepts all aspects. of yourself.

LAVENDER aids verbal expression. It calms insecurities that are felt when you are vulnerable. Addressing a deep fear of being seen and heard. It encourages emotional honesty and insists you speak your innermost thoughts and desires.

**LEMON** Nourishes the mind and aids in concentration and focus. Lemon restores energy, mental flexibility and the drive to complete a project. Lemon helps to release feelings of depression and restore joy and happiness.

**PATCHOULI** supports you in becoming fully present in your body. The oil is grounding for those who seek to escape the body through spiritual pursuits or other forms of distraction. It compliments yoga, tai chi or other practices that aim to connect the spirit with the body.

**PERU BALSAM** a stress reliever, the warm vanilla scent of Peruvian balsam essential oil is ideal for calming the mind and alleviating stress if you are feeling overwhelmed.

**PETITGRAIN** promotes relaxing feelings, supports restful sleep, a healthy immune system and strong cardiovascular system.

ROSEMARY assists in the development of true knowledge and intellect. It teaches one to look deeper than they normally would and ask more soul-searching questions. Rosemary aids in times of change or transition and invites you to trust in a higher more intelligent power than yourself.

ROSEWOOD tension floats away on rosewood essential oil's relaxing aroma. It can soften the heart and invite spiritual healing that permeates your whole experience of life. Emotionally and energetically, Rosewood helps prepare for spiritual healing and can help ease situational depression

**SANDALWOOD** assists with all kids of prayer, meditation or spiritual practice. It is powerful in calming the mind and still the heart. It invites you to place all material attachments in a space of sacrifice so you may truly progress spiritually. The oil challenges you to reorder your priorities to be in alignment with your true self.

**SPEARMINT** inspires clarity of thought and confident verbal expression. Spearmint helps those who struggle with communicating clearly for a wide range of reasons from feeling scattered and inarticulate to stumbling over words.

**VETIVER** is a grounding oil, that supports you when your energy feels scattered and split between priorities, people and activities. The oil supports self-awareness work, as it uncovers the root of emotional issues. It helps you to find relief but not through avoidance.

WHITE CHAMPA LEAF has a bright, fresh fruity, floral aroma that is emotionally warming, and gives confidence. Energetically, it opens flow through the root, navel, and solar plexus energy centers, and balances energies.

WILD ORANGE inspires abundance, fosters creativity, supports a positive mood, restores physical energy and aids in transitions. The oils reconnects you to your inner child and brings spontaneity, fun, joy and play into your life. It teaches the true meaning of abundance.

# Your Star Sign in a Fragrance...

Specially blended using only the best 100% natural essential oils for your related star sign to enhance your mood, improve 'your health and wellbeing and invoke confidence in the way you smell, act and feel.

100% natural - vegan - non toxic paraben free - phthalate free



## **UNIQUE FEATURES**

## Perfumes with Purpose... 100% Certified Natural Essential Oil Fragrances

Stunning Award-Winning scents featuring in Tatler Magazine UK, Elite Magazine NY, YAHOO rated 'Top Product to Buy' and winner of the Australian Enterprise Award for the 'Best Personal Perfume Brand'

Medicinal benefits; emotion balancing, mood enhancing and energy lifting perfumes focusing on better clarity, focus, vision, grounding, centering, calming and revitalising for better health and wellbeing

Perfect unique gift for birthdays, Mother's Day, Christmas, Valentine's day, Hampers, corporate and more

Personalised StarSign Perfumes make it an original, thoughtful gift all year round...

For those gifts when you never know what to buy someone who has everything!

Safe for pregnant and breast feeding mum's

Vegan
Cruelty Free
Alcohol Free
Non toxic

Paraben & phthalate free Recyclable packaging 100% money back guarantee









# Perfumes with Purpose



www.starsignscents.com

## **OUR STORY**

StarSign Scents was born from a great adversity...

Synthetic perfumes gave me chronic fatigue...I was being poisoned by perfume!

As a 21 year old, I was working in the fragrance industry, spraying and selling fragrance for well-known global fragrance brands we all know and love, but did you know how carcinogenic and cancer causing they can be? They are made from petroleum and formaldehydes. They literally are pure poison, up to 200 poisons per bottle, causing brain tumours, cancer and infertility.

I became very ill with chronic fatigue symptoms that knocked me off my feet by lunchtime daily landing me in bed unable to function, at such a tender age as a fit and otherwise healthy young woman. I did not know what was causing this illness and never suspected it was from a perfumes!

After many tests, with doctor's being 'none the wiser' it was the naturopaths that found a chemical build up in my body. I was full of toxins and it was caused by the chemicals in the fragrances I was spraying and promoting to the general public, unbeknownst to me of the actual harmful effects it was having on me at the time and others commenting on headaches from all the toxic, heady smells walking through department stores.

I had to leave my job and cleanse my body, change my diet and over some months, I got better, however, I couldn't wear perfume after that. They made me nauseas and dizzy every time I tried to wear perfume again. I used to hate leaving the house for a date or night out and not having that confident feeling that fragrance gives you when you smell good and feel good and your confidence goes up.

I then could not find nice scented natural fragrances so, I decided to design my own natural range of soul enhancing, essential oil based, beneficial 'Perfumes with Purpose', to make a difference in the fragrance industry globally and to encourage women to stop using toxic, harmful products in our health and beauty regimes.

Being an avid user of essential oils for the medicinal benefits they bring to the mind, body and soul and being an astrologer who loves the science and psychology of Star Signs, I studied the strengths and weaknesses of each of the 12 star signs and the personality characteristics that makes us true to our sign and I specifically formulated a special blend of essential oils into the most stunning smelling perfumes that not only make you smell amazing but the blend of essential oils directly affects the balancing of your moods, emotions, enhances your wellbeing and raises your daily vibration when you wear them.

The Scent of them was very important to me to get them to smell beautiful as well as benefitting the body so after 46 formulation changes and 1 whole year in formulation with many changes to perfect them with my aromatherapists and biochemists, , I was happy to deliver the world's first natural star sign mood enhancing perfumes featured in Tatler Magazine London, Elite Magazine NY and rated by YAHOO as a 'Top Product to Buy' just two weeks after launch.

They also make such a beautiful, personalised gift, that every woman loves, and the proof is in the numerous awards the brand has won already and most recently for the Australian Enterprise Award for the 'Best Personal Cruelty Free Perfume Brand',

We, invite and delight in you trying these beautiful natural perfumes for yourself and gifts to others and to encourage all the women you know and love

out there in the world to make the switch from toxic perfumes and try natural to look after your health and beauty.

Be a voice of change for the goodness our hearts, minds and souls and help us spread the good word for natural alternatives to smelling and feeling amazing!

We want you to love yourself just as you are, feel confident, smell great naturally and bring out the best in your personality and star sign.



**Founder and Creator** Sasha deBretton



### Mar 21 - April 19



ARIES

**TAURUS** 

Aries is a passionate, motivated, and confident leader who builds community with their cheerful disposition and relentless determination. You are courageous, optimistic and confident with a tendency to be impatient and impulsive. We have blended your personal 100% natural perfume to reflect your element of 'Fire' along with essential oils to support courage, confidence, optimism, patience and harmony, to help balance your strengths and weaknesses with the power of aromatherapy. Ingredients: Distilled water, clary sage, bergamot, cedarwood, holy basil, lavender, cinnamon leaf, vetiver, clove leaf, eucalyptus, decyl glucoside.

### Apr 20-May 20

You are calm, patient, reliable, loyal, affectionate, sensuous, ambitious, and determined beings, with a tendency to be stubborn, inflexible, jealous and controlling. We have blended your perfume to reflect your element of 'Earth' along with essential oils to support patience. devotion, responsibility and releasing control, to balance your strengths and weaknesses with the power of aromatherapy. Ingredients: Distilled water, cedarwood, frankincense, lavender, rosemary, peru balsam, bergamot, patchouli, holy basil, vetiver, decyl glucoside.



#### May 21-Jun 20



The twin - You are known to be gentle, affectionate and quick to adapt to any environment. You have a tendency to be indecisive and nervous, and can quickly change your emotions from one extreme to another: Gemini are often thought to be logical, impulsive, social and curious. We have blended your personal perfume to reflect your element of 'Air' along with oils to support affection, adaptability, relaxation and decisiveness, to balance your strengths and weaknesses with the power of aromatherapy. Ingredients: Distilled water, petitgrain stem, lemon, peru balsam, lavender, patchouli, cedarwood, geranium, myrtle, decyl glucoside.



#### June 21-July 22



Cancerians are a tenacious, highly imaginative, sympathetic star sign. You are extremely intuitive and compassionate, and simply 'get' people. Cancers are known for their traits like loyalty and their emotional depth with tendencies to be pessimistic and insecure. We have blended your perfume to reflect your element of 'Water' along with oils to support imagination, sympathy, optimism and confidence, to balance your strengths and weaknesses with the power of aromatherapy. Ingredients: Distilled water, Juniper berry, rosewood, petitgrain, cardamom, spearmint, clary sage, frankincense, black pepper, grapefruit, decyl glucoside.



#### July 23-Aug 22



You are ambitious, courageous, strong willed, positive, independent, self-confident, passionate, generous and humorous with a tendency to be stubborn and determined. We have blended your personal perfume to reflect your element of 'Fire' along with oils to support passion, generosity, emotional flexibility and support in energy, to balance your strengths and weaknesses with the power of aromatherapy. Ingredients: Distilled water, clary sage, cinnamon leaf, vetiver, clove leaf, eucalyptus, bergamot, fennel, lavender, grapefruit, decyl glucoside.





Virgos are very modest. You are often are naturally humble, and enjoy that people see you as down to earth beings. You are loyal, analytical and hardworking with a tendency to worry and be over critical. We have blended your personal 100% natural perfume to reflect your element of 'Earth' along with essential oils to support loyalty, confidence, relaxation, an open heart and peace of mind, to balance your strengths and weaknesses with the power of aromatherapy. Ingredients: Distilled water, cedarwood, patchouli, lavender, vetiver, rosemary, peru balsam, geranium, bergamot, wild orange, decyl glucoside.



#### Sep 23-Oct 22



LIBRA

You are intellectual, quickly changeable, and enjoy having your space. Libra is co-operative, diplomatic and gracious with a tendency to avoid confrontation and carry a grudge. We have blended your perfume to reflect your element of 'Air' along with essential oils to support co-operation, diplomacy, courage and letting go of emotion, to balance your strengths and weaknesses with the power of aromatherapy. Ingredients: Distilled water, Petitgrain stem, lemon, peru balsam, patchouli, holy basil, rosemary, sandalwood, lavender, decyl glucoside.



#### Oct 23-Nov 21



Scorpio is emotional, imaginative, intense, intuitive and a brave, passionate sign with tendencies to be jealous and secretive. We have blended your personal 100% natural perfume to reflect your element of 'Water' along with essential oils to support bravery, passion, trust and an open heart, to balance your strengths and weaknesses with the power of aromatherapy. Ingredients: Distilled water, Juniper berry, rosewood, petitgrain, cardamom, spearmint, wild orange, lavender, geranium, decyl glucoside.



#### Nov 22-Dec 21



Sagittarius is a generous and idealistic being with a great sense of humour. This sign has tendencies to be impatient and inflexible. We have blended your perfume to reflect your element of 'Fire' along with essential oils to support generosity, patience, diplomacy and a warm heart, to balance your strengths and weaknesses with the power of aromatherapy. Ingredients: Distilled water, clary sage, cinnamon leaf, vetiver, clove leaf, eucalyptus, fennel, lavender, geranium, decyl glucoside.



#### Dec 22-Jan 19



You are a responsible, disciplined controlled sign, who knows how to create a foundation on which to build a stable and happy life. Your also super realistic about everything with tendencies to be unforgiving and to worry. We have blended your perfume to reflect your element of 'Earth' along with essential oils to support responsibility, discipline, forgiveness and peace of mind, to balance your strengths and weaknesses with the power of aromatherapy. Ingredients: Distilled water, cedarwood, patchouli, lavender, vetiver, rosemary, peru balsam, geranium, black spruce, decyl glucoside.



### Jan 20-Feb 18



Aquarians are a progressive, free spirited sign who have original ideas and humanitarian traits. They can be temperamental, rebellious in nature and unique. They signify intelligence, spontaneity and independence. Aquarians have an out of the box thinking. We have blended your perfume to reflect your element of 'Air' along with essential oils to support independence, generosity, grounding and an open heart, to balance your strengths and weaknesses with the power of aromatherapy. Ingredients: Distilled water, Petitgrain stem, lemon, peru balsam, lavender, patchouli, geranium, frankincense, decyl glucoside.



### Feb 19-Mar 20



Pisces are warm, compassionate, intuitive and wise with a tendency to be overly trusting. They are sensitive and at the whim of their own emotions. We have blended your perfume to reflect your element of 'Water' along with essential oils to support compassion, intuition, wisdom, happiness and courage, to balance your strengths and weaknesses with the power of aromatherapy. Ingredients: Distilled water, Juniper berry, rosewood, petitgrain, cardamom, spearmint, holy basil, rosemary, mandarin, frankincense, decyl glucoside.

