

The SXE295 is our mid-priced traditional elliptical. It has the same features as the SXE195 plus two heart rate and user programs, additional console feedback, adjustable pedal angle, and various hand grip positions. This model is very appealing to someone that values extensive feedback and variety.

## **SXE295** ELLIPTICAL

- 7.5" (190.5mm) Bright blue backlit LCD screen with separate Muscle Activation Profile and HR % Profile LED displays.
- Remote Handlebar Toggles for resistance allow for secure workout changes without taking your hands off the handlebars.
- Dual track system with concave roller wheels for added stability and durability.
- Contact and wireless heart rate monitoring options make your workouts more effective (chest strap transmitter included).
- Adjustable cooling fan and dual speakers with audio jack for comfort and entertainment.
- Bluetooth compatible with SPIRIT FIT App to monitor and record your workout data.



## **CONSOLE**



As with any product, a major importance is the user interface. We focused on making everything easily accessible and comfortable: adjustable console angle, muscle and heart rate LED profiles, tablet friendly reading rack, adjustable cooling fan, and integrated speakers with audio jack to keep you encouraged to workout longer.



## **5XE295** EQUIPMENT SPECIFICATIONS

Console 7.5" Blue Backlit LCD, Heart Rate % Profile, Muscle Activation Profile, Tablet Friendly Reading Rack,

Adjustable Console Angle, Adjustable Fan Speakers w/3.5mm Audio Jack, Bluetooth SPIRIT FIT App

Programs Manual, Hill, Fat Burn, Cardio, Strength, Interval, User 1-2, HR 1-2

Heart Rate Contact & Telemetric, Heart Rate Transmitter Strap Included

Resistance 20 Levels

Handlebar Toggles Yes, Resistance

Track System Dual Rail
Stride Length 20" (508mm)
Flywheel 13.6kg (30lbs)

Handle Bars Multi Position Grip - Coated

Adjustable Foot Pedals Yes (3 Levels)

**Dimensions** 1785 x 550 x 1635mm (70" x 22" x 64")

NW/GW 88kg/100kg (194lbs/221lbs)

Max User Weight 150kg (331lbs)