

45°

HIP SLED

LINEAR BEARING

Your leg muscles are the strongest and toughest muscles in your body. The BODYCRAFT 45° Hip Sled was designed with that in mind. From the heavy gauge Steel, to the industrial grade Linear Bearings, this machine is built to withstand the toughest workouts – for a lifetime!



SPECIFICATION

CODE: LF660G

YOUR OVERALL LOWER BODY DEVELOPER

- Heavy-duty construction from the heavy gauge Steel to the industrial grade liner bearings, this machine is built to withstand the toughest workouts. Capable of handling weight to 453.5kg (1000lbs).
- Adjustable pads to quickly adjust from Leg Press to the Hack Squat exercises.
- Unlike other machines, our oversized Squat Shoulder Pads, are fully adjustable, accommodating a wider range of users.
- The Donkey Squad Pad allows for squats and calf raises by pressing with lower lumbar, relieving spinal compression.
- Removable 3" (7.6cm) Calf Block works in conjunction with Donkey Squad Pad and shoulder pads.

Plate Holder: 50mm (diameter).

Construction: Using heavy gauge, 5cm (2") x 7.6cm (3") Steel Tubing and 6mm (1/4") Plate Steel.

Carriage: Rides on industrial grade Linear Bearings and 32mm (1.25") case hardened Steel solid guide rods. 34kg (75lbs) starting weight.

Pads: All pads use double stitched heavy-duty upholstery and high density foam.

Weight Capacity: 453.5kg (1000lbs).

Dimensions: 201cm (79") L x 99cm (39") W x 127cm (50") H.

YOUR OVERALL LOWER BODY DEVELOPER!



ADJUSTABLE FOOT PLATE

Fully adjustable Foot Plate for any desired angle. The Foot Plate also folds out of the way for Hack Squats.



INDUSTRIAL GRADE LINEAR BEARING

Plastic wheels tend to flatten over time whereas Linear bearing never flattens or wear out, ensuring smooth consistent performance for as long as you own the machine.



REMOVABLE PADS

Extra removable pads allow for Donkey Squats by pressing with lower lumbar.

This eliminates the spinal compression associated with heavy weights on your shoulders. Meanwhile, Donkey Calf is provided for complete calf development.



ADJUSTABLE SHOULDER PAD

Adjustable Shoulder Pad allow for a wide range of user weights. This also allow us to make the machine smaller than most.