



E3x Suspension Elliptical

- Low 24 cm / 9.5" step-on height for easy accessibility
- 53.3 cm / 21" stride length accommodates all users for a comfortable, efficient, and natural workout
- Ergo Form Grips with integrated controls enhance comfort and accessibility of key functions
- Contralateral action with tapered, dual action handlebars mimics the body
- Removable disk for easy serviceability
- Self-powered system provides cost-savings and freedom of placement within facility
- Compatible with xID single-point user sign-in for a seamless personal experience
- WiFi connectivity accommodates optional Matrix Asset Management system and Workout Tracking Network
- Constant Rate of Acceleration and our patented suspension design delivers a perpetually smooth motion free of wheels and tracks
- USB port offers charging for most smartphones and tablets
- LED console display with expanded feedback offers intuitive operation

CONSOLE	
WIFI ENABLED	Optional
READING RACK	Yes
PAUSE FUNCTION	Yes
RFID COMPATIBLE	No
FACILITY COMMUNICATION PORTAL/CALENDAR	No
WEB CONNECTIVITY	No
WORKOUT TRACKING NETWORK COMPATIBLE	Yes
ASSET MANAGEMENT COMPATIBLE	Yes
VIRTUAL ACTIVE	No
USB PORT	Yes
PERSONAL TRAINER PORTAL COMPATIBLE	No
PERSONAL FAN	No
MULTIMEDIA PLAY/BACK	No
IPOD	Charging only
BLUETOOTH ENABLED	No
DISPLAY TYPE	Dot-matrix LED with profile display
DISPLAY FEEDBACK	Time of Day, Time Elapsed, Time Remaining, Total Program Time, Distance (Kilometers or Miles), Calories, Level, Speed, RPM, Heart Rate, METs, Watts, Workout Profile
SECONDARY DATA DISPLAY	No
USER-DEFINED MULTI-LANGUAGE DISPLAY	English, German, French, Italian, Spanish, Dutch, Portuguese, Japanese, Swedish, Finnish, Turkish, Polish, Russian, Danish
WORKOUTS	Manual, Intervals, Fat Burn, Fit Test, Target HR, Constant Watts
RESISTANCE RANGE	1-25
CSAFE READY-FITLINXX	Yes
IPTV COMPATIBLE	No
INTEGRATED VISTA CLEAR	No
ONE-BUTTON START	Yes
ON-THE-FLY PROGRAM CHANGE	Yes
FITCONNEXION	Yes
INSTANT ON TECHNOLOGY	Yes
FITTOUCH	No
PRO-IDIOM COMPATIBLE	Optional - add-on TV

FEATURES	
PEDAL SPACING	6.4 cm / 2.5"
STRIDE LENGTH	53.3 cm / 21"
FOOTPAD INSERT	No
CONTACT & TELEMETRIC HR	Yes
REMOTE BUTTONS	Yes
HANDLEBAR DESIGN	Multi-position dual action / custom ergo-bend stationary

RESISTANCE SYSTEM	
RESISTANCE SYSTEM	Brushless generator

TECH SPECS	
ASSEMBLED WEIGHT	182.2 kg / 400 lbs
MINIMUM RPM	25 powered & self-powered
POWER REQUIREMENTS	Self-powered / powered 100v-240v - 50/60Hz AC
ASSEMBLED DIMENSIONS	175 x 74 x 175cm / 68.8" x 29.1" x 68.7"
MINIMUM WATTS	21 powered & self-powered
MAX USER WEIGHT	182 kg / 400 lbs.
SHIPPING WEIGHT	194.5kg / 427 lbs