



OPTIONAL

CODE: CF610

ARM CURL ATTACHMENT

### COMBINATION BENCH STRENGTH TRAINING SYSTEM

CODE: CF609

#### SPECIFICATIONS

The **BODYCRAFT Deluxe Combination Bench** is all you need for a serious weight lifting program. Its unique design provides for easy transitions to minimise time with safety and comfort. Olympic width uprights are properly positioned for Flat, Decline, Incline, and Shoulder Presses. Adjustable Safety Spotters allow you to push yourself to the limit with peace of mind.

The Bar Catches and Safety Spotters can be reversed for Step-in Squats. Comfortable Seat and Seat Back are made with extra Dense Foam covered by Black, Double-stitched Vinyl Covered 1/4" Plywood. Leg Extension/Leg Curl attachment is included.

Easy Spring-pin adjustments on Safety Spotters, Bar Catches and Seat Slide.

**Optional Arm Curl (CF610)**

**Construction:** Rugged 12 Gauge, 2" x 3" Steel Tubing.

**Upholstery:** 2" thick High Density Foam topped with 1/2" Low Density Foam (for extra comfort), then covered in Black Industrial Grade Vinyl and Upholstered Back Covers.

**Dimensions:**  
130cm (51") W x 210cm (83") L x 176cm (69.5") H