## BODYCRAFT

**BENCH** 

# FID BENCH



### **DESCRIPTION**

Utilizing our easy adjust ladder catch system, the user can choose from seven different positions, ranging from a -20° decline to an  $85^\circ$  upright position. The integrated lift handle and transport wheels allow for simple and easy maneuvering when relocating and storing the bench in an upright position.

The 3 point stance and rubber feet ensure that the bench will not rock. Additional attention to comfort, style, and accessory used gives this bench package a huge advantage over all others.

### **FEATURE**

- Compact design can be stored upright when not in use
- Integrated lift handle and transport wheels for easy maneuvering
- Rock Solid 3-point stance with non-slip rubber feet keeps the bench in position
- Built for commercial use, rated for 680 kg/1500 lbs, tested to 3,000lbs
- 7 Positions: 1 Flat, 1 Decline, and 5 Incline: (-20', 0', 15', 30,' 45,' 60,' 85')
- Optional F615 Hold Down Attachment kit to expand versatility

### **SPEC**

- Construction: 2" x 3", heavy-gauge steel tubing.
- Weight Capacity: 680 kg/1500 lbs. Tested to 3000lbs in prone position without fail.
- Dimension: 132cm (L) x 71cm (W) x 50cm (H)
- Stored Upright: 54cm (L) x 71cm (W) x 132cm (H)

F605

FID Bench



# BODYCRAF

**BENCH** 





**Back Adjustment** 





• Pop-pin adjustable with 7 vertical positions

**GPI** Sports & Fitness