

# HYPER EXTENSION /ROMAN CHAIR

## WHY BE FORCED TO CHOOSE BETWEEN STYLES?

The BODYCRAFT Hyper Extension/Roman Chair adjusts from a flat position to a 45° position. A machine for all size uses and preferred styles!



CODE: C670

## SPECIFICATION

Why be forced to choose between styles when you can have it all with our roman chair? Our hyper-extension is the ultimate piece for a strong core. Strengthen your Back, Core, and Oblique's with many adjustable angles and a wide Pad which accommodates all size users.

- Adjusts from 0°, to 25°, to 45°.
- Fully adjustable Rollers and Foot Plate.
- Fully adjustable Roman Chair to accommodate all size users.
- Extra wide injection molded Pad is comfortable for both men and women.
- Exercise guide included for your convenience.
- Handle Bars for safe entry and exit.

**Construction:** 5cm (2") x 5cm (2") square, heavy Gauge Steel.

**Dimensions:** 129.5cm (51") L x 61cm (24") W x 96.5cm (38") H.



**STRENGTHEN YOUR  
CORE MUSCLES,  
REDUCE BACK PAIN &  
SHAPE YOUR LEGS!**

