

SUMMER SALAD

Ingredients

- 1 packet of smoked salmon (feel free to omit if vegetarian)
- 5 Strawberries
- 2 cups salad greens
- 1 courgette
- 1.5 Tbsp balsamic vinegar

3 Tbsp olive oil (lemon infused olive oil is also nice) Fresh thyme sprigs

Instructions

Drizzle a little bit of olive oil in a frying pan. Cut your courgette into small rounds and gently saute until just cooked. Set aside.

Place the salad green in a bowl and top with the cooked courgette, strawberries and salmon. Drizzle with the vinegar and olive oil.

For a more concentrated flavour - drizzle with balsamic reduction (but you won't need as much!). Sprinkle the salads with fresh thyme.

Recipe by Michelle Yandle



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