

**HALL  
# OF  
FAME**

**CAROLINE  
HIRONS.**

**2021**

# THE ROUTINE



A brilliant step by step routine from some of my most-loved and most-used products.

This is either a brilliant introduction to the world of skincare for a newcomer, or an easy one-stop-shop for a complete routine. An absolute no brainer.

Individually, these products stand alone in their categories, together they make up a powerhouse skincare wardrobe.

# THE ROUTINE



## Cotton Face Cloth

### Votary

The face cloth (flannel) helps to lift away every scrap of grime, make-up and SPF. The gentle action also means any dead skin cells are carefully exfoliated away, leaving you with beautifully clean and hydrated skin and a healthy glow.

#### How to use it:

- AM or PM
- Run under warm water, wring out and use it to remove your cleanser.

# THE ROUTINE

## Camomile Gentle Eye Make-Up Remover The Body Shop

Tough on make-up but kind and delicate to skin, this eye make-up remover helps to melt make-up from lashes and lids leaving skin feeling cleansed and silky soft. Gentle enough for sensitive eyes and contact lens wearers.

### How to use it:

- AM or PM (depending on when you have worn eye make-up).
- Saturate a cotton pad with product and hold over your eyes for a few seconds and swipe away to remove eye make-up. It's great to use on lips too if you want to remove a bold lip.



Glycolic free



Cruelty free



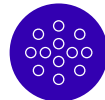
Pregnancy friendly



Suitable for breastfeeding



Vegan



Suitable for acne skin



Fragrance free





# THE ROUTINE

## Moringa Cleansing Balm Emma Hardie

This cleansing balm nourishes, balances and purifies the skin whilst removing every trace of make-up and SPF. It performs a deep cleanse, eliminating eye and face make-up while decongesting and refining the appearance of pores. It also contains a cocktail of grape seed and sweet almond oils, rich in essential fatty acids to help plump and soften the complexion.

### How to use it:

- AM or PM
- Apply a small amount of the balm to fingers, massage gently onto dry skin, either remove with a warm flannel or add water to emulsify and then remove the same way. Totally your call. In the evening, repeat if wearing make-up or SPF.



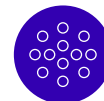
Cruelty free



Pregnancy friendly



Suitable for breastfeeding



Suitable for acne skin



Fragrance free



# THE ROUTINE

## Crystal Retinal™ 3 Medik8

Combined with hydrating hyaluronic acid and skin-soothing vitamin E, Crystal Retinal targets fine lines and wrinkles for smooth and visibly youthful skin. Unlike other forms of vitamin A, retinaldehyde boasts direct, powerful antibacterial properties. This allows it to target acne-causing bacteria; promoting a healthy, visibly clear complexion.

### How to use it:

- PM
- After cleansing in the evening, massage a small amount (pea size) of Crystal Retinal across the face, avoiding eyes and nostrils. Start slowly, using once or twice a week and gradually build up to every evening depending on your skin type. Allow to fully absorb before following with moisturiser.



Glycolic free



Cruelty free



Vegan



Suitable for  
acne skin



# THE ROUTINE

## CC Me Serum Summer Fridays

A super-potent vitamin C and niacinamide serum that helps brighten, improve skin tone and texture, and reduce the appearance of dark spots and hyperpigmentation.

### How to use it:

- AM or PM
- Although I would normally apply my eye product first, this is super-light, and I found the brightening aspects of the product helpful around my eyes. You can obviously use your eye product first if you prefer. Use one pump of the serum and massage/pat onto face and neck. Apply to your cheeks first. Trust me.



Glycolic free



Cruelty free



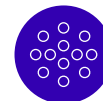
Pregnancy friendly



Suitable for breastfeeding



Vegan



Suitable for acne skin



Fragrance free

# THE ROUTINE

## Essential Real Eye Cream For Face AHC

A facial moisturiser with all the benefits of a concentrated eye cream, that can be used on your whole face. The nutrient-rich formula helps balance skin's texture, provide intense hydration and firm skin.

### How to use it:

- AM or PM
- Squeeze a grain of rice sized-amount onto your ring finger, blend with the opposite fingertips and gently apply to the orbital bone, smoothing outwards, upwards and around the entire eye area. Works brilliantly under make-up. Don't forget this eye cream can be used all over the face if you're in a pinch.



Glycolic free



Cruelty free



Pregnancy friendly



Suitable for breastfeeding



Suitable for acne skin





# THE ROUTINE

## Hydro-Dynamic Ultimate Moisture Murad

This comforting cream helps to reduce the visible signs of stress-induced ageing and redness, smooth the look of lines and deeply moisturises even severely dry skin. It also works beautifully under make-up and SPF.

### How to use it:

- AM or PM
- Apply a small amount to the skin over your serum/treatment.



Glycolic free



Cruelty free



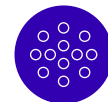
Pregnancy  
friendly



Suitable for  
breastfeeding



Vegan



Suitable for  
acne skin



# THE ROUTINE

## Vita Mineral™ Omega 3 Optimum Skin Oil REN Clean Skincare

A face oil for all skin types, designed to improve moisture levels, reduce signs of premature ageing and combat irritation and dryness. This light face oil also strengthens the skin's barrier boosting moisture levels. Skin is hydrated and protected, soothed and nourished, visibly healthy, smooth and firmer.

### How to use it:

- AM or PM
- Massage 2-3 drops into the skin, after your serum and moisturiser. Can also be used on a clean skin at night on its own.



Glycolic free



Cruelty free



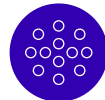
Pregnancy friendly



Suitable for breastfeeding



Vegan



Suitable for acne skin



Fragrance free



## INGREDIENTS

# The Routine

### Votary

#### Cotton Face Cloth

100% Cotton

*Country of Origin: Portugal, Net qty of contents: 1,  
Function: Face Cloth*

### The Body Shop

#### Camomile Gentle Eye Make-Up Remover

Aqua, Glycerin, Polysorbate 20, Phenoxyethanol, Sodium Cocoamphoacetate, Sodium Laureth Sulfate, Coco-Glucoside, p-Anisic Acid, Citric Acid, Sodium Chloride, Sodium Hydroxide, Disodium EDTA, Antheris Nobilis Flower Extract.

*The Body Shop Int'l Ltd, Littlehampton, BN17 6LS, UK*

*Country of Origin: UK, Net qty of contents: 250ml,*

*PAO: 12 months, Function: Face Cleanser, Batch code: XS519UA*

### Emma Hardie

#### Moringa Cleansing Balm

Vitis Vinifera (Grape) Seed Oil, Prunus Amygdalus Dulcis (Sweet Almond) Oil, Caprylic/Capric Triglyceride, Cetearyl Alcohol, PEG-8 Beeswax, PEG-6 Caprylic/Capric Glycerides, PEG-60 Almond Glycerides, Sorbitan Stearate, C10-18 Triglycerides, Silica, Citrus Aurantium Dulcis (Orange) Peel Oil Expressed, Glycerin, Phenoxyethanol, Benzyl Alcohol, Citrus Aurantium Amara (Bitter Orange) Flower Oil, Citrus Aurantium Bergamia (Bergamot) Fruit Oil, Lecithin, Aqua (Water), Juniperus Virginiana (Cedarwood) Oil, Limonene, Butylene Glycol, Octyldodecyl PCA, Menthyl PCA, Linalool, Parfum (Fragrance), Ascorbyl Palmate, Tocopherol, Crithmum Maritimum Extract, Helianthus Annuus (Sunflower) Seed Oil, Moringa Oleifera Seed Extract, Jasminum Officinale (Jasmine) Flower, Rosa Damascena Flower Oil, Disodium Phosphate, Citric Acid, Citronellol, Benzyl Benzoate, Geraniol, Citral, Citrus Nobilis (Mandarin Orange) Peel Oil.

*Emma Hardie Ltd, WD3 1ER, UK*

*Country of Origin: UK, Net qty of contents: 100g,*

*PAO: 12 months, Function: Face Cleanser with Cloth,*

*Batch code: EH100MBCFG21LE*

### Medik8

#### Crystal Retinal™ 3

Aqua (Water), Caprylic/Capric Triglyceride, Glycerin, Isododecane, Cetearyl Olivat, Sodium Acrylate/Sodium Acryloyldimethyl Taurate Copolymer, Cetearyl Alcohol, PPG-12/SMDI Copolymer, Sorbitan Olivat, Tocopheryl Acetate, Titanium Dioxide, Squalane, Eclipta Prostrata Extract, Hydroxyethyl Acrylate/Sodium Acryloyldimethyl Taurate Copolymer, Phenoxyethanol, Cyclodextrin, Hydroxypropyl Methylcellulose, Sodium Hyaluronate, Tetrahexyldecyl Ascorbate, Melia Azadirachta Leaf Extract, Alumina, Isostearic Acid, Lecithin, Polyglyceryl-3 Polyricinoleate, Disodium EDTA, Hydroxyacetophenone, Polyhydroxystearic Acid, Stearic Acid, Ethylhexylglycerin, 3-O-Ethyl Ascorbic Acid, Daucus Carota Sativa (Carrot) Seed Oil, Sodium Polyaspartate, Climbazole, Retinal, Dipteryx Odorata (Tonka) Bean Extract, Lonicera Japonica Flower (Honeysuckle) Extract, Lonicera Caprifolium (Honeysuckle) Flower Extract, Rubus Chamaemorus (Cloudberry) Seed Oil, Moringa Oleifera Seed Oil, Polysorbate 60, Sorbitan Isostearate, Pentylene Glycol, Vanilla Planifolia (Vanilla) Fruit Extract, Decylene Glycol, BHT, 1,2-Hexanediol, Coumarin.

*730, WD6 3SZ, UK*

*Country of Origin: UK, Net qty of contents: 30ml,*

*PAO: 12 months, Function: Skin Treatment,*

*Batch code: M29832*

*Avoid eye contact. If irritation occurs, cease use. Use only as directed. Do not apply to damaged or inflamed skin.*

*May increase skin's sensitivity to the sun. Use with caution*

*if taking dietary suppliments or using other products*

*containing vitamin A/retinoids. Consult a doctor if pregnant or breastfeeding before use. Patch testing prior to use is advised.*

### Summer Fridays

#### CC Me Serum

Water (Aqua, Eau), Niacinamide, Butylene Glycol, 3-O-Ethyl Ascorbic Acid, Ascorbyl Glucoside, Glycerin, Capryloyl Glycerin/Sebacic Acid Copolymer, Hydroxyethyl Acrylate/Sodium Acryloyldimethyl Taurate Copolymer, Squalane, Sodium Citrate, Phenoxyethanol, Sodium Hydroxide, Citric Acid, Diheptyl Succinate, Tocopheryl Acetate, Xanthan Gum, Tetrasodium Glutamate Diacetate, Carbomer, Polysorbate 20, Palmitoyl Oligopeptide, Palmitoyl Tetrapeptide-3, Camellia Oleifera Leaf Extract, Ethylhexylglycerin, Orchis Mascula Flower Extract, Caprylic/Capric Triglyceride, Cananga Odorata Flower Extract, Cucumis Melo Cantalupensis Fruit Extract, Eugenia Caryophyllus (Clove) Flower Extract, Glycine Soja (Soybean) Oil, Pyrus Malus (Apple) Fruit Extract, Prunus Armeniaca (Apricot) Fruit Extract, Rosa Gallica Flower Extract, Cinnamomum Cassia Bark Extract, Jasminum Officinale (Jasmine) Flower/Leaf Extract, Coffea Arabica (Coffee) Leaf/Seed Extract, Camellia Sinensis Leaf Extract, Amyl Cinnamal, Cinnamyl Alcohol, Citronellol, Eugenol, Hydroxycitronellal.

*BL9 5NB, UK*

*Country of Origin: USA, Net qty of contents: 30ml,*

*PAO: 12 months, Function: Skin Treatment, Batch code:*

*2011032. Avoid eye area.*

### AHC

#### Essential Real Eye Cream For Face

Aqua, Cyclopentasiloxane, Methylpropanediol, Betaine, Hydrogenated Poly(C6-14 Olefin), Glycerin, Cyclohexasiloxane, 1,2- Hexanediol, Niacinamide, Dimethicone, Cetearyl Alcohol, Polysorbate 60, Hydroxyethyl Acrylate/Sodium Acryloyldimethyl Taurate Copolymer, Dimethicone/Vinyl Dimethicone Crosspolymer, Panthenol,Squalane, Dioscorea Japonica Root Extract, Parfum, Calendula Officinalis Flower Oil, Ethylhexylglycerin, Glycosyl Trehalose, Sorbitan Isostearate, Hydrogenated Starch Hydrolysate, Butylene Glycol, Raffinose, Adenosine, Lecithin, Cholesterol, Macadamia Integrifolia Seed Oil, Elaeis Guineensis Oil, Biosaccharide Gum-1, Helianthus Annuus Seed Oil, Oenothera Biennis Oil, Sodium Hyaluronate, Polyquaternium-51, Dipropylene Glycol, Sodium Palmitoyl Proline, Ficus Carica Fruit Extract, Centella Asiatica Extract, Pseudoalteromonas Ferment Extract, Ceramide NP, Folic Acid, Caprylic/Capric Triglyceride, Hydrolyzed Lupine Protein, Alchemilla Vulgaris Extract, Bifida Ferment Lysate, Centaurea Cyanus Flower Water, Helichrysum Italicum Flower Water, Cholesterol, Macadamia Integrifolia Seed Oil, Elaeis Guineensis Oil, Biosaccharide Gum-1, Helianthus Annuus Seed Oil, Schizosaccharomyces Ferment Filtrate,Collagen Extract, Propanediol,Alcohol, Anastatica Hierochuntica Extract, Tocopheryl Acetate, Argania Spinosa Kernel Extract, Phytosphingosine, Tromethamine, Maltodextrin, Acrylates Copolymer, Phenoxyethanol, Sodium Lauroyl Lactylate, Hydroxydecyl Ubiquinone, Tocopherol, Caprylyl Glycol, Lactic Acid, Epilobium Angustifolium Flower/Leaf/Stem Extract, Sorbitan Laurate, Lepidium Meyenii Root Extract, Saccharide Hydrolysate, Hydrolyzed Vegetable Protein, Salicornia Herbacea Extract, Asparagus Officinalis Stem Extract, Cetyl Hydroxyethylcellulose, Oryza Sativa Extract, Melissa Officinalis Leaf Extract, Mentha Piperita Leaf Extract, Primula Veris Extract, Malva Sylvestris Extract, Achillea Millefolium Extract, Veronica Officinalis Extract, Sodium Cocoyl, Glutamate, Rutin, Rhododendron Ferrugineum Extract, Leuconostoc/Radish Root Ferment Filtrate, Nymphaea Alba Flower Extract, Palmitoyl Tripeptide-5, Benzyl Alcohol, Ascorbic Acid Polypeptide, Dipotassium Phosphate, Hydroxyethylcellulose, Plankton Extract, Carbomer, Acetyl Dipeptide-1 Cetyl Ester, Ceramide AP, Palmitoyl Pentapeptide-4, Copper Tripeptide-1, VP/Polycarbarnyl Polyglycol Ester, Acetyl Hexapeptide-8, Hydrolyzed Sesame Protein PG-Propyl Methylsilanediol, Gluconolactone, Calcium Gluconate, Potassium Sorbate, Saussurea Involucrata Extract, Palmitoyl Tripeptide-1, Palmitoyl Tetrapeptide-7, Sodium Benzoate, Dehydroacetic Acid, Arginine Ferulate, Palmitoyl Hexapeptide-12, Acetyl Tripeptide-1, Disodium Phosphate, Acetic Acid, Sodium Hydroxide, Phaseolus Lunatus Seed Extract, Retinol, Sodium Lactate, Magnesium PCA, Lysine, Leucine, Methionine, Valine, Serine, Sucrose, Cysteine, Proline, Histidine, Calcium Chloride, Taurine, Tryptophan, Asparagine, Formic Acid, 1-Methylhydantoin-2-imide, Magnesium Citrate, Magnesium Chloride, Citrulline, Ammonia, Ornithine, Uric Acid, Tyrosine, Threonine, Phenylalanine, Potassium Hydroxide, Alanine, Arginine, Urea, Isoleucine, Maris Sal, Aspartic Acid, Glycine, Glucosamine HCl, Glutamic Acid, Glutamine, Ceramide EOP, Benzyl Benzoate.

*Unilever Dept ER, Wirral, CH63 3JW, UK*

*Country of Origin: Korea, Net qty of contents: 30ml,*

*PAO: 12 months, Function: Face Moisturiser,*

*Batch code: G27BK1*

*For external use only. Avoid direct contact with the eyes.*

*Keep out of reach of children.*

### Murad

#### Hydro-Dynamic Ultimate Moisture

Water/Aqua/Eau, Ethylhexyl Palmitate, Betaine, Cetearyl Methicone, Cetearyl Alcohol, Cetyl Myristate, Stearyl Dimethicone, Macadamia Ternifolia Seed Oil, Pyrus Malus (Apple) Fruit Extract, Glycerin, Butylene Glycol, Butyrospermum Parkii (Shea) Butter, Polyglyceryl-3 Polydimethylsiloxyethyl Dimethicone, Polysorbate 60, Dimethicone, Behenyl Alcohol, Glycol Distearate, Mentha Viridis (Spearmint) Leaf Oil, Pogostemon Cablin Oil, Citrus Medica Limonum (Lemon) Peel Oil, Lavandula Hybrida Oil, Mentha Arvensis Leaf Oil, Cedrus Atlantica Bark Oil, Chlorrella Emersonii Extract, Mirabilis Jalapa Extract, Tocopherol, Helianthus Annuus (Sunflower) Seed Extract, Coccinia Indica Fruit Extract, Solanum Melongena (Eggplant) Fruit Extract, Ocimum Sanctum Leaf Extract, Curcuma Longa (Turmeric) Root Extract, Corallina Officinalis Extract, Ocimum Basilicum (Basil) Flower/Leaf Extract, Simmondsia Chinese (Jojoba) Seed Oil, Aloe Barbadensis Flower Extract, Melia Azadirachta Leaf Extract, Melia Azadirachta Flower Extract, Urea, Yeast Amino Acids, Trehalose, Inositol, Taurine, Xanthan Gum, Propanediol, Octadecene, Polysorbate 20, Sodium Hydroxide, Disodium EDTA, Hexylene Glycol, Ethylhexylglycerin, Caprylyl Glycol, Phenoxyethanol, Limonene, Linalool.

*Murad, London, SE1 0LH*

*Country of Origin: USA, Net qty of contents: 50ml,*

*PAO: 6 months, Function: Face Moisturiser, Batch code: T1C2*

### REN Clean Skincare

#### Vita Mineral™ Omega 3 Optimum Skin Oil

Caprylic/Capric Triglyceride, Oryza Sativa (Rice) Bran Oil, Oryza Sativa (Rice) Germ Oil, Camelia Sativa Seed Oil, Rosa Canina Fruit Oil, Plukenetia Volubilis Seed Oil, Bisabolol, Parfum\* (Fragrance), Tocopherol, Alaria Esculenta Extract, Limonene, Linalool.

*\*100% Natural Fragrance - Parfum 100% Naturel.*

*London, SE1 0LH*

*Country of Origin: UK, Net qty of contents: 30ml,*

*PAO: 9 months, Function: Facial Oil, Batch code: 3707-6*



# THE OGs

The OGs are, in my mind, brands that are intrinsically linked with the blog. The majority from day one, all still as relevant today. Often used by the industry as benchmarks for expert-led brands that deliver all the science and none of the fluff – they have set a standard for many.

I trust these brands implicitly; I could easily build a routine for any skin type just by using products from their individual ranges.







# THE OGs

## Camomile Gentle Eye Make-Up Remover The Body Shop

Tough on make-up but kind and delicate to skin, this eye make-up remover helps to melt make-up from lashes and lids leaving skin feeling cleansed and silky soft. Gentle enough for sensitive eyes and contact lens wearers.

### How to use it:

- AM or PM (depending on when you have worn eye make-up).
- Saturate a cotton pad with product and hold over your eyes for a few seconds and swipe away to remove eye make-up. It's great to use on lips too if you want to remove a bold lip.



Glycolic free



Cruelty free



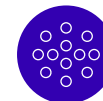
Pregnancy friendly



Suitable for breastfeeding



Vegan



Suitable for acne skin



Fragrance free

# THE OGs

## Alpha Beta® Universal Daily Peel Dr Dennis Gross Skincare

These pads provide a unique blend of 5 AHA/BHAs plus antioxidants and vitamins that helps to visibly reduce lines, dullness and uneven texture, pores, and dark spots.

### How to use it:

- AM or PM
- After cleansing, apply the first pad all over the face, starting at the forehead and working your way down the face and neck in a windscreen wiper action. Turn the pad over and repeat. Wait two minutes, remove the second pad, and repeat the sequence. Avoid the immediate eye area.



Cruelty free



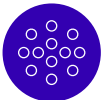
Pregnancy friendly



Suitable for breastfeeding



Vegan



Suitable for acne skin



# THE OGs



## Auto Correct Brightening and Depuffing Eye Contour Cream Sunday Riley

This eye cream helps to energise and soothe the eye area while protecting skin from oxidant damage. It contributes towards a smoother, more radiant complexion and helps to reduce the look of puffiness and dark circles while hydrating and rebalancing the skin.

### How to use it:

- AM or PM
- Apply one pump of product onto your ring finger, blend with the opposite fingertips and gently apply to the orbital bone, smoothing outwards, upwards and around the entire eye area. Auto Correct gives instant gratification by lightening and brightening dark circles, so is perfect as the precursor to your usual concealer/make-up routine.



Glycolic free



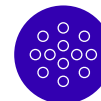
Cruelty free



Pregnancy friendly



Suitable for breastfeeding



Suitable for acne skin



Fragrance free



# THE OGs

## Power D Vitamin D Concentrate – Fortificante Zelens

A high-potency provitamin D3 concentrate enriched with replenishing lipids structurally similar to those found in the skin. Infused with a proprietary complex of botanicals rich in plant sterols, this fortifying and restoring treatment helps to strengthen skin's natural barrier, build its resilience, and protects skin against environmental aggressors and stressed conditions. Leaves skin supple, plumper and healthy-looking.

### How to use it:

- AM and/or PM, or anytime that you need it.
- Apply 2-3 pumps of Power D to the skin.



Glycolic free



Cruelty free



Pregnancy friendly



Suitable for breastfeeding



Vegan



Fragrance free





# THE OGs

## Peptide K8® Power Cream Kate Somerville

This peptide-rich age defense moisturiser works quickly and over time to improve texture and tone while smoothing and firming skin. Clinically proven to minimize the appearance of fine lines and wrinkles, to have a visibly smoothing effect to the skin and to improve moisturisation and elasticity.

### How to use it:

- AM and PM
- Apply a small amount to the skin over your serum.



Glycolic free



Cruelty free



Pregnancy  
friendly



Suitable for  
breastfeeding

# THE OGs

## Jasmine and Lily Healing Mask Chantecaille

A cooling mask infused with unique botanicals to soothe and hydrate dry skin. Doubling as a night cream, its powerful ingredients help revive a dull looking complexion.

### How to use it:

- This can be applied as often as needed, on all skin types.
- At a minimum, apply a generous amount to cleansed skin a couple of times a week. The official advice is to leave for 10 to 20 minutes and remove the excess, however I cannot bear to rinse any excess off so I sleep in it. Two birds, one stone.



Glycolic free



Cruelty free



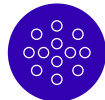
Pregnancy friendly



Suitable for breastfeeding



Vegan



Suitable for acne skin



# THE OGs

## Aromatic Purifying Balm Darphin

This overnight balm helps to relieve distressed skin, hydrate and protect against loss of moisture and provides an instant healthy-looking glow. Targeted for skin prone to imperfections, its 12 essential oils formula clarifies and promotes pure, healthy-looking skin.

### How to use it:

- PM
- Massage half a fingernail-full of the balm all over the skin and leave overnight.



Glycolic free



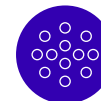
Cruelty free



Pregnancy  
friendly



Suitable for  
breastfeeding



Suitable for  
acne skin

## INGREDIENTS

# The OGs

### The Body Shop

#### Camomile Gentle Eye Make-Up Remover

Aqua, Glycerin, Polysorbate 20, Phenoxyethanol, Sodium Cocoamphoacetate, Sodium Laureth Sulfate, Coco-Glucoside, p-Anisic Acid, Citric Acid, Sodium Chloride, Sodium Hydroxide, Disodium EDTA, Anthemis Nobilis Flower Extract.

*The Body Shop Int'l Ltd, Littlehampton, BN17 6LS, UK  
Country of Origin: UK, Net qty of contents: 250ml, PAO: 12 months, Function: Face Cleanser, Batch code: XS519UA*

### Dr. Dennis Gross Skincare

#### Alpha Beta® Universal Daily Peel

Ingredients Step 1: Water/Aqua/Eau, Alcohol Denat. (SD Alcohol 40-B), Glycolic Acid, Potassium Hydroxide, Hamamelis Virginiana (Witch Hazel) Water, Salicylic Acid\*, Polysorbate 20, Citric Acid, Lactic Acid, Malic Acid, Camellia Sinensis Leaf Extract, Achillea Millefolium Extract, Chamomilla Recutita (Matricaria) Flower Extract, Soy Isoflavones, Glycerin, Copper PCA, Zinc PCA, Lecithin, Alcohol, Polysorbate 80, Disodium EDTA, Fragrance (Parfum), Linalool, Benzyl Salicylate, Phenoxyethanol, Benzoic Acid, Sodium Benzoate, Potassium Sorbate (\* - exfoliant) Ingredients Step 2: Water/Aqua/Eau, Sodium Bicarbonate, Ascorbic Acid, Retinol, Tocopheryl Acetate, Resveratrol, Ubiquinone, Adenosine, Achillea Millefolium Extract, Camellia Sinensis Leaf Extract, Soy Isoflavones, Phospholipids, Leuconostoc/Radish Root Ferment Filtrate, Copper PCA, Sodium PCA, Zinc PCA, Glycerin, Polysorbate 20, Octoxynol-9, Citric Acid, BHT, BHA, Tetrasodium EDTA, Phenoxyethanol, Sodium Benzoate, Potassium Sorbate.

*London, WC2H 9JQ*

*Country of Origin: UK, Net qty of contents: 30 treatments, PAO: [01/07/2024], Function: Skin Treatment, Batch code: F819 Use only as directed. Avoid contact with eyes. Limit frequency of use to 1 time daily. If irritation occurs or persists, discontinue use and consult a physician. This product contains ingredients that may increase your skin's sensitivity to the sun and particularly the possibility of sunburn. We recommend daily use of a sunscreen, whether or not you use this product, to protect your skin from the risks associated with sun exposure.*

### Sunday Riley

#### Auto Correct Brightening and Depuffing Eye Contour Cream

Aqua, Peg-8 Beeswax, Caprylyl Caprylate/Caprata, Polyglyceryl-6 Distearate, Dimethicone, C10-18 Triglycerides, Glycerin, Polypropylsilsesquioxane, Phenyl Trimethicone, Hydroxyethyl Acrylate/Sodium Acryloyldimethyl Taurate Copolymer, Trimethylsiloxysilicate, Anthemis Nobilis Flower Oil, Boron Nitride, Fructose, Jojoba Esters, Sodium Phytate, Theobroma Cacao Seed Butter, Synthetic Fluorophlogopite, Carthamus Tinctorius Seed Oil, Methylpropanediol, Caprylyl Glycol, Propanediol, Glycolic Acid, Caffeine, Mica, Triethyl Citrate, Polysilicone-11, Titanium Dioxide, Cetyl Alcohol, Citrullus Lanatus Fruit Extract, Polyglyceryl-3 Beeswax, Butyrospermum Parkii Butter, Caprylyl/Capryl Glucoside, Coffea Arabica Seed Extract, Lens Esculenta Fruit Extract, Benzoic Acid, Phenoxyethanol, Aesculus Hippocastanum Extract, Pfaffia Paniculata Root Extract, Ptychopetalum Olacoides Bark/Stem Extract, Pyrus Malus Fruit Extract, Lilium Candidum Flower Extract, Lecithin, Acmella Oleracea Extract, Polysorbate 60, Sorbitan Isostearate, Tagetes Erecta Flower Extract, Sodium Lactate, Silica, Potassium Sorbate, Sodium Pca, Benzyl Alcohol, Sodium Benzoate, Citric Acid, Linalool, Limonene.

*Obelis UK Ltd: Sandford Gate, Oxford, OX4 6LB, UK  
Country of Origin: USA, Net qty of contents: 15ml, PAO: 12 months, Function: Eye Cream, Batch code: E108 Keep out of eyes, if irritation occurs, discontinue use. If product gets into the eyes, rinse thoroughly with water.*

### Zelens

#### Power D Vitamin D Concentrate – Fortificante

Coco-Caprylate/Caprata, Caprylic/Capric Triglyceride, C10-30 Cholesterol/Lanosterol Esters, Squalane, Isoamyl Laurate, Linoleic Acid, Limnanthes Alba (Meadowfoam) Seed Oil, Linum Usitatissimum (Linseed) Seed Oil, Octyldodecanol, Linolenic Acid, Phospholipids, Persea Gratissima (Avocado) Oil, 7-Dehydrocholesterol, Oleic Acid, Palmitic Acid, Stearic Acid, Hexyldecanol, Tocopherol, Glycolipids, Glycine Soja (Soybean) Oil, Saccharomyces Cerevisiae Extract, Glycine Soja (Soybean) Sterols, Bisabolol, Hyaluronic Acid, Ganoderma Lucidum Extract, Usnea Barbata (Lichen) Extract, Agaricus Bisporus (Mushroom) Extract, Lentinus Edodes Extract, Plankton Extract, Hydroxyproline, Glycine, Proline, Cetylhydroxyproline Palmitamide, Brassica Campestris (Rapeseed) Sterols, Helianthus Annuus (Sunflower) Seed Oil, Rosmarinus Officinalis (Rosemary) Leaf Extract.

*London SW1V 3JL, UK*

*Country of Origin: Italy, Net qty of contents: 100ml, PAO: 6 months, Function: Skin Treatment.*

### Kate Somerville

#### Peptide K8® Power Cream

Aqua/Water/Eau, Cetearyl Alcohol, Stearic Acid, Ceteareth-20, Isocetyl Stearoyl Stearate, Glycerin, Isopropyl Myristate, Dimethicone, Cyclopentasiloxane, C12-15 Alkyl Benzoate, Caprylic/Capric Triglyceride, Orbignya Oleifera Seed Oil, Cannabis Sativa Seed (Hemp Seed) Oil, Squalane, Cholesterol, Urea, Sodium PCA, Cetearyl Alcohol, Macadamia Ternifolia Seed Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Silk Powder, Tribehenin, Triethanolamine, Xanthan Gum, Butylene Glycol, Tocopheryl Acetate, Allantoin, Trehalose, Citrus Grandis (Grapefruit) Peel Oil, Ascorbyl Palmitate, Ceramide 2, PEG-10 Rapeseed Sterol, Triacetin, Copper PCA, Polyquaternium-51, Sodium Hyaluronate, Palmitoyl Oligopeptide, Disodium EDTA, Citric Acid, Sodium Benzoate, Potassium Sorbate, Chlorphenesin, Fragrance (Parfum), Hexyl Cinnamal, Butylphenyl Methyl Propional, Limonene.

*EcoMundo, Champs-Élysées, Paris, France  
Country of Origin: USA, Net qty of contents: 30ml, PAO: 12 months, Function: Face Moisturiser, Batch code: C0301A*

### Chantecaille

#### Jasmine and Lily Healing Mask

Rosa Damascena Flower Water, Aqua/Water/Eau, Glycerin, Caprylic/Capric Triglyceride, Ppg-15 Stearyl Ether, C12-20 Acid Peg-8 Ester, Coco-Caprylate/Caprata, Potassium Cetyl Phosphate, Carbomer, Saccharide Isomerate, Ci 77891 (Titanium Dioxide), Ethylhexylglycerin, Sodium Hydroxide, Macadamia Integrifolia Seed Oil, Oenothera Biennis (Evening Primrose) Oil, Chondrus Crispus Powder (Carrageenan), Bisabolol, Panthenol, Glycyrrhethinic Acid, Sodium Hyaluronate, Acacia Dealbata Flower Wax, Jasminum Grandiflorum (Jasmine) Flower Wax, Narcissus Poeticus Flower Wax, Jasminum Grandiflorum (Jasmine) Flower Extract, Peg-8, Citric Acid, Sodium Citrate, Tocopherol, Pelargonium Graveolens Oil, Rosa Damascena Flower Oil, Lilium Candidum Bulb Extract, Phenoxyethanol, Chlorphenesin, Ascorbyl Palmitate, Ascorbic Acid [Citronellol, Geraniol, Benzyl Benzoate, Linalool, Eugenol].

*BL9 5NB, UK*

*Country of Origin: Switzerland, Net qty of contents: 50ml, PAO: 12 months, Function: Skin Treatment, Batch code: LBA*

### Darphin

#### Aromatic Purifying Balm

Prunus Armeniaca (Apricot) Kernel Oil, Helianthus Annuus (Sunflower) Seed Oil, Hydrogenated Vegetable Oil, Beeswax, Cera Alba, Cire D'abeille, Macadamia Integrifolia Seed Oil, Myristica Fragrans (Nutmeg) Kernel Oil, Ferula Galbaniflua (Galbanum) Resin Oil, Anthemis Nobilis Flower Oil, Aniba Rosaedora (Rosewood) Wood Oil, Salvia Officinalis (Sage) Oil, Citrus Grandis (Grapefruit) Peel Oil, Hymus Vulgaris (Thyme) Oil, Melaleuca Leucadendron Cajeput Oil, Pelargonium Graveolens (Geranium) Flower Oil, Cananga Odorata Flower Oil, Lavandula Angustifolia (Lavender) Oil, Copaifera Officinalis (Balsam Copaiba) Resin, Linalool, Limonene Citronellol, Geraniol, Benzyl Benzoate, Benzyl Salicylate, Citral, Farnesol, Eugenol.

*WLB Ltd, GU32 3DD, UK*

*Country of Origin: France, Net qty of contents: 15ml, PAO: 24 months, Function: Skin Treatment, Batch code: A99*



# THE HEROES



One of the best things about having a blog that has been read over 130 million times is the incomparable platform that it has given to a number of brands that were just beginning to make their mark on the industry. The brands that were bubbling under the surface or had a cult following on their home turf. Products that were nestled amongst the big players waiting to showcase their brilliance.

The Heroes are the brands many of you discovered on the blog and the brands that were never the same after they were featured... in the best way.

# THE HEROES



## Cotton Face Cloth

### Votary

The face cloth (flannel) helps to lift away every scrap of grime, make-up and SPF. The gentle action also means any dead skin cells are carefully exfoliated away, leaving you with beautifully clean and hydrated skin and a healthy glow.

#### How to use it:

- AM or PM
- Run under warm water, wring out and use it to remove your cleanse.

# THE HEROES

## The After Show Treatment Cleanser for Sensitive Skin Jordan Samuel Skin

This gel-to-oil formula removes make-up and SPF beautifully, leaving the skin comfortable and not stripped.

### How to use it:

- AM or PM
- Use as either a first or second cleanse, apply to dry or damp/dry skin, add water if you want to emulsify. Massage thoroughly, repeat if necessary.



Glycolic free



Cruelty free



Pregnancy  
friendly



Suitable for  
breastfeeding



Vegan



Suitable for  
acne skin



Fragrance  
free





# THE HEROES



## Glow Tonic Pixi

Enriched with 5% glycolic acid, this gentle, exfoliating formula dissolves the bonds binding dulling dead cells to skins surface, to reveal the new healthy skin cells underneath.

### How to use it:

- AM or PM, or as needed.
- After cleansing, saturate a cotton pad with Glow Tonic and sweep across the skin, avoiding eye area. Always follow with SPF in the morning.



Cruelty free



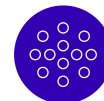
Pregnancy  
friendly



Suitable for  
breastfeeding



Vegan



Suitable for  
acne skin

# THE HEROES

## Hydrating Accelerator Josh Rosebrook

This plant-infused, aloe-water hydrating mist increases hydration and delivers potent herbal micronutrients to the skin. Suitable for all skin types, including dehydrated, sensitive, acne, rosacea, and eczema.

### How to use it:

- AM/PM or whenever you need.
- Spritz over the face as liberally as you like. I like to keep mine in the fridge for an extra cool, refreshing experience.



Glycolic free



Cruelty free



Pregnancy friendly



Suitable for breastfeeding



Vegan



Suitable for acne skin



# THE HEROES

## Super Glow Tan-Luxe

A deeply hydrating serum with the added benefits of customisable self-tan. This serum gives lasting hydration whilst helping to brighten the skin, provide anti-ageing benefits and boost collagen production.

### How to use it:

- AM or PM (use PM to wake up with a glowy tan).
- Apply 2-12 drops (the more drops, the more tan) to the skin, massaging into skin with circular motions, avoiding eyes. I apply in the morning, about five minutes before my moisturiser.



Glycolic free



Cruelty free



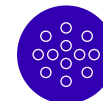
Pregnancy friendly



Suitable for breastfeeding



Vegan



Suitable for acne skin



# THE HEROES

## Crystal Retinal™ 6 Medik8

Combined with hydrating hyaluronic acid and skin-soothing vitamin E, Crystal Retinal targets fine lines and wrinkles for smooth and visibly youthful skin. Unlike other forms of vitamin A, retinaldehyde boasts direct, powerful antibacterial properties. This allows it to target acne-causing bacteria; promoting a healthy, visibly clear complexion.

### How to use it:

- PM
- After cleansing in the evening, massage a small amount (pea size) of Crystal Retinal across the face, avoiding eyes and nostrils. Start slowly, using once or twice a week and gradually build up to every evening depending on your skin type. Allow to fully absorb before following with moisturiser.



Glycolic free



Cruelty free



Vegan



Suitable for  
acne skin



# THE HEROES

## Bedtime Beauty Boost OSKIA

This multi-vitamin night cream is packed with patented actives, nutrients and floral extracts to provide your skin with a supercharged overnight health and beauty boost to give a softer, healthier-looking morning complexion and improve the appearance of skin's tone, texture, and firmness.

### How to use it:

- PM
- Warm a small amount of the balm by rubbing it in your fingertips. Massage all over the face and leave overnight.



Glycolic free



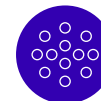
Cruelty free



Pregnancy  
friendly



Suitable for  
breastfeeding



Suitable for  
acne skin

# THE HEROES

## The Blue Cocoon May Lindstrom Skin

This moisturising facial oil in a balm helps to hydrate, support skin health, reduce inflammation and soothes the skin.

### How to use it:

- AM or PM, or any time it takes your fancy.
- Melt a pea-sized amount onto a fully wet skin. Double your portion if using in the evening or as a treatment mask. Completely safe for the eye and lip area.



Glycolic free



Cruelty free



Pregnancy friendly



Suitable for breastfeeding



Vegan



Suitable for acne skin



Fragrance free





## INGREDIENTS

# The Heroes

### Votary

#### Cotton Face Cloth

100% Cotton

*Country of Origin: Portugal, Net qty of contents: 1, Function: Face Cloth.*

### The After Show Treatment Cleanser for Sensitive Skin

#### Jordan Samuel Skin

Caprylic/Capric Triglyceride, Olea Europaea (Olive) Fruit Oil, Glycerin, Aqua/Water, Sucrose Laurate, Caprylhydroxamic Acid, Aloe Barbadensis Leaf Juice, Camellia Sinensis Leaf Extract, Anthemis Nobiliss Flower Extract, Calendula Officinalis Flower Extract, Vitis Vinifera (Grape) Seed Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Tocopheryl Acetate, Propanediol, Caprylyl Glycol, Phenoxyethanol.

*Delphic HSE, GU14 7NA, UK*

*Country of Origin: USA, Net qty of contents: 94ml, PAO: 12 months, Function: Face Cleanser, Batch code: 128 1G Discontinue use if irritation occurs.*

### Pixi

#### Glow Tonic

Aqua/Water/Eau, Glycolic Acid, Sodium Hydroxide, Butylene Glycol, Glycerin, Aloe Barbadensis Leaf Juice, Hamamelis Virginiana (Witch Hazel)Water, Aesculus Hippocastanum (Horse Chestnut) Seed Extract, Hexylene Glycol, Fructose, Glucose, Sucrose, Urea, Dextrin, Alanine, Glutamic Acid, Aspartic Acid,Hexyl Nicotinate, Panax Ginseng Root Extract, Ethylhexylglycerin, Disodium EDTA, Biotin, Panthenol, PPG-26-Buteth-26, PEG-40 Hydrogenated Castor Oil, Phenoxyethanol, Parfum/Fragrance, Caramel, Benzyl Benzoate, Citral, Citronellol, Coumarin, Geraniol, Hexyl Cinnamal, Hydroxycitronellal, Limonene, Linalool, CI 14700 (Red 4).

*London, W1F 7PW, UK*

*Country of Origin: UK, Net qty of contents: 250ml, PAO: 12 months, Function: Skin Treatment, Batch code: 21BG02K*

*Use only as directed. Avoid contact with eyes. If irritation persists, discontinue use and consult a physician. It is recommended that prior to exposure to the sun, users cover areas where AHAs have been applied with sunscreen. Contact of the product with the skin must be of limited frequency or duration.*

### Josh Rosebrook

#### Hydrating Accelerator

\*Aloe Barbadensis (Aloe Vera) Leaf Juice, \*Simmondsia Chinensis (Jojoba) Seed Oil, †Sclerocarya Birrea (Marula) Seed Oil, \*Tocopherol (Vitamin E), \*Oenothera Biennis (Evening Primrose) Oil, \*Vitis Vinifera (Grape) Seed Oil, \*Hippophae Rhamnoides (Sea Buckthorn) Oil, \*Cannabis Sativa (Hemp) Seed Oil, \*Borago Officinalis (Borage) Seed Oil, \*Prunus Amygdalus Dulcis (Almond) Oil, \*Sesamum Indicum (Sesame) Seed Oil, \*Lycium Barbarum (Goji Berry) Fruit Extract, \*Withania Somnifera (Ashwagandha) Leaf Extract, \*Curcuma Longa (Turmeric) Leaf Extract, \*Calendula Officinalis (Calendula) Extract, \*Cimicifuga Racemosa (Black Cohosh) Root Extract, \*Taraxacum Officinale (Dandelion) Extract, \*Polygonum Multiflorum (Fo-Ti) Root Extract, \*Medicago Sativa (Alfalfa) Extract, \*Vaccinium Myrtillus (Bilberry) Fruit Extract, \*Rosmarinus Officinalis (Rosemary) Extract, \*Sambucus Nigra (Elderberry) Extract, \*Rubus Idaeus (Raspberry) Fruit Extract, \*Arctium Lappa (Burdock) Root Extract, \*Chamomilla Recutita (Chamomile) Extract, \*Rosa Canina (Rose) Flower Powder, \*Euphrasia Officinalis (Eyebright) Extract, \*Beta Vulgaris (Beet) Extract, \*Hypericum Perforatum (St. John's Wort) Extract, \*Crataegus Monogyna (Hawthorn Berry) Fruit Extract, \*Stellaria Media (Chickweed) Extract, \*Glycyrrhiza Glabra (Licorice) Root Extract, \*Coriandrum Sativum (Coriander) Extract, \*Aesculus Hippocastanum (Horse Chestnut) Extract, \*Lavandula Angustifolia (Lavender) Extract, \*Trifolium Pratense (Red Clover) Extract, \*Olea Europaea (Olive) Leaf Extract, \*Salvia Officinalis(Sage) Extract, \*Thymus Vulgaris (Thyme) Extract, \*Vanilla Planifolia (Vanilla) Bean Extract, †Cananga Odorata (Ylang Ylang) Flower Oil, †Rosmarinus Officinalis (Rosemary) Leaf Oil, †Eucalyptus Globulus (Eucalyptus) Leaf Oil, †Citrus Bergamia (Bergamot) Leaf Oil, †Daucus Carota (Carrot) Fruit Oil, Potassium Sorbate, |Benzyl Benzoate, |Benzyl Salicylate, |Farnesol, |Limonene, |Linalool.

\* Certified Organic

† Organic

| Natural Constituents Of Essential Oils

*EcoMundo, Champs-Élysées, 75008 Paris, France*

*Country of Origin: USA, Net qty of contents: 250ml,*

*PAO: 12 months, Function: Facial Mist, Batch code: 4*

### Tan-Luxe

#### Super Glycol

Aqua (Water), Glycerin, Dihydroxyacetone, Hydrolyzed Soybean Fiber, Hyaluronic Acid, Beta Vulgaris (Beet) Root Extract, Brassica Oleracea Acephala Leaf Extract, Sodium Hyaluronate, Rubus Idaeus (Raspberry) Seed Oil, Cocos Nucifera (Coconut) Oil, Persea Gratissima (Avocado) Oil, Salvia Hispanica Seed Oil, Vaccinium Myrtillus Fruit Extract, Theobroma Cacao (Cocoa) Seed Extract, Aloe Barbadensis (Aloe) Leaf Juice, Tocopheryl Acetate (Vitamin E Acetate), Ascorbic Acid, Retinyl Acetate, Erythrulose, Cyclopentasiloxane, Hydroxyethylcellulose, Polyacrylamide, C13-14 Isoparaffin, Glyceryl Acrylate/Acrylic Acid Copolymer, Dimethicone Crosspolymer, Dimethicone, PVM/MA Copolymer, Laureth-7, Laureth-23, Laureth-4, Butylene Glycol, Ethylhexylglycerin, Parfum (Fragrance), Limonene, Geraniol, Hexyl Cinnamal, Benzyl Salicylate, Tetrasodium EDTA, Citric Acid, Phenoxyethanol, Triethylene Glycol, Potassium Sorbate, CI 17200 (D&C Red No. 33).

*We Are Luxe Ltd, 100 West George St, G2 1PJ, UK*

*Country of Origin: UK, Net qty of contents: 30ml,*

*PAO: 12 months, Function: Skin Treatment,*

*Batch code: CTN1366*

*The product does not contain a sunscreen and does not protect against sunburn. Repeated exposure of unprotected skin while tanning may increase the risk of skin ageing, skin cancer, and other harmful effects to the skin even if you do not burn.*

### Medik8

#### Crystal Retinal™ 6

Aqua (Water), Caprylic/Capric Triglyceride, Glycerin, Isododecane, Cetearyl Oliviate, Sodium Acrylate/Sodium Acryloyldimethyl Taurate Copolymer, Cetearyl Alcohol, PPG-12/SMDI Copolymer, Sorbitan Oliviate, Tocopheryl Acetate, Titanium Dioxide, Squalane, Eclipta Prostrata Extract, Hydroxyethyl Acrylate/Sodium Acryloyldimethyl Taurate Copolymer, Phenoxyethanol, Cyclodextrin, Hydroxypropyl Methylcellulose, Sodium Hyaluronate, Tetrahexyldecyl Ascorbate, Melia Azadirachta Leaf Extract, Alumina, Isostearic Acid, Lecithin, Polyglyceryl-3 Polyricinoleate, Disodium EDTA, Hydroxyacetophenone, Polyhydroxystearic Acid, Stearic Acid, Ethylhexylglycerin, 3-O-Ethyl Ascorbic Acid, Daucus Carota Sativa (Carrot) Seed Oil, Sodium Polyaspartate, Climbazole, Retinal, Dipteryx Odorata (Tonka) Bean Extract, Lonicera Japonica Flower (Honeysuckle) Extract, Lonicera Caprifolium (Honeysuckle) Flower Extract, Rubus Chamaemorus (Cloudberry) Seed Oil, Moringa Oleifera Seed Oil, Polysorbate 60, Sorbitan Isostearate, Pentylene Glycol, Vanilla Planifolia (Vanilla) Fruit Extract, Decylene Glycol, BHT, 1,2-Hexanediol, Coumarin.

*730, WD6 3SZ, UK*

*Country of Origin: UK, Net qty of contents: 30ml,*

*PAO: 12 months, Function: Skin Treatment,*

*Batch code: M29833*

*Avoid eye contact. If irritation occurs, cease use. Use only*

*as directed. Do not apply to damaged or inflamed skin.*

*May increase skin's sensitivity to the sun. Use with caution*

*if taking dietary supplements or using other products*

*containing vitamin A/retinoids. Consult a doctor if pregnant or breastfeeding before use. Patch testing prior to use is advised.*

### OSKIA

#### Bedtime Beauty Boost

Aqua (Water), Dimethyl Sulfone (MSM), Cetearyl Alcohol, Cetearyl Oliviate, Glycerin, Sesamum Indicum (Sesame) Seed Oil, Simmondsia Chinensis (Jojoba) Seed Oil\*, Sorbitan Oliviate, Butyrospermum Parkii (Shea) Butter\*, Oryza Sativa (Rice) Germ Oil, Decyl Oleate, Helianthus Annuus (Sunflower) Seed Oil, Glyceryl Dibehenate, Niacinamide, Rosa Canina (Rose Hip) Seed Oil, Aleurites Moluccana (Kukui) Seed Oil, Glyceryl Caprylate, Sodium Hyaluronate, Malus Domestica Fruit Cell Culture Extract, Tocopherol (Vitamin E), Calendula Officinalis (Marigold) Flower Extract, Whey Protein, Pelargonium Graveolens (Geranium) Oil, Vitis Vinifera (White Cognac) Oil, Rosa Damascena (Rose Otto) Flower Oil, Xanthan Gum, Tribehenin, Glyceryl Behenate, Benzyl Alcohol, Dehydroacetic Acid, Phenoxyethanol, Lecithin, Citronellol\*\*, Geraniol\*\*, Linalool\*\*, Citral\*\*.

\* Organically Certified Ingredient

\*\* Component of natural essential oils. Natural Ingredients, store in a cool, dry place, away from direct sunlight

*Oskia Skincare Ltd, UK NP25 5JA*

*Country of Origin: UK, Net qty of contents: 50ml,*

*PAO: 9 months, Function: Face Moisturiser,*

*Batch code: 140592*

### May Lindstrom Skin

#### The Blue Cocoon

\*Camellia Oleifera Seed Oil, \*\*\*Butyrospermum Parkii (Shea) Butter, \*\*\*Theobroma Cacao Seed Butter, \*\*\*Sclerocarya Birrea (Marula) Seed Oil, \*Adansonia Digitata (Baobab) Seed Oil, \*Tanacetum Annuum (Blue Tansy) Flower Oil, \*Lavandula Angustifolia (Lavender) Oil, \*Pelargonium Graveolens (Geranium Rose) Oil, \*\*Commiphora Myrrha (Myrrh) Oil, \*\*Boswellia Carterii (Frankincense) Oil, \*Vanilla Planifolia Fruit Extract, Schisandra Sphenanthera Fruit Extract, \*Helichrysum Angustifolium Flower Oil, +Limonene, +Linalool, +Citral, +Citronellol, +Geraniol.

\*Certified Organic

\*\*Wild Harvested

\*\*\*Fair Trade, Raw & Unrefined

+ Component of Essential Oil

*Ramboll, LS1 8EQ, UK*

*Country of Origin: USA, Net qty of contents: 50ml,*

*PAO: 12 months, Function: Facial Oil, Batch code: 21CH061*

# THE LEGAL STUFF

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**HALL  
10# OF  
FAME  
2021**  
CAROLINE  
HIRONS.